

LPC Zoom Room (Live Help): Meet Live with LPC staff for general assistance.

Free COVID-19 testing is now available to Chabot-Las Positas Community College District students, employees, and the community. Appointments are required for COVD-19 testing and can be made at norcalcovid19testing.com.

COVID-19 Update: Las Positas College is returning to provide in-person classes and student support services. Learn more.



Las Positas College 🛛 Student Health & Wellness Services 🗆 Mental Health Services

Student Health & Wellness Services

Student Health & Wellness Services Home

Services

COVID-19 Information

Health Services

Mental Health Services

Public Health Entities

Mental Health Services

The Student Health & Wellness Center is proud to offer the following mental health services to students. Mental health services are provided free of charge to students. Workshops are open to all students while short-term mental health counseling is available upon request and contingent on the availability of personnel. Students are encouraged to visit each of the webpages noted under this heading to learn more about our mental health services.

- **Behavioral Health Workshops**
- Chill & Chat Workshops

COVID-19 Informa

Mental <u>Health Sei</u>

Student Health & Wellness Center

3000 Campus Hill Drive Building 1700, Room 1710 Livermore, CA 94551 (925) 424-1830

Mental Health Services

Medical Insurance Information External Resources

Stanford Health Care – ValleyCare

Crisis Counseling

Short-Term Mental Health Counseling

 <u>Mental Health Counseling Request Packet</u> (for student use - return counseling request packet to <u>pgonsman@laspositascollege.edu</u>)

<u>Behavioral Intervention Resource Team (BIRT)</u> (for faculty/staff use - mental health and behaviorial referrals)

pgonsman@laspositascollege.edu

Business Hours

Monday 9:00 am - 5:00 pm Tuesday 11:00 am -7:00 pm Wednesday 9:00 am - 5:00 pm Thursday 9:00 am - 5:00 pm Friday 9:00 am - 1:00 pm

Nurse Practitioner/Center Coordinator Patricia "Tricia" Gonsman, MSN FNP-C

Certified Medical Assistant Monica Clifford





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CHABOT LAS POSITAS

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