

make decisions. Prerequisite: MATH 110 with a minimum grade of C or NMAT 210 with a minimum grade of C. 81 hours.

Non-Degree Applicable, Noncredit Grading Option: OP

NMAT 260A MATH JAM 0 UNITS
INTRODUCTION TO TUTORING

Math Jam is designed to help students prepare for their upcoming math class. This Math Jam Tutor Training course is designed to train tutors prior to Math Jam in strategies for effectively engaging students in learning difficult math concepts. Tutors will learn about intelligent practices for mastering material and how to navigate in the online course environment participants will be using during Math Jam. This is designed for students who are interested in becoming a paid mathematics tutor at Las Positas College or in any educational capacity. 4 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NMAT 260B MATH JAM FOR TUTORS 0 UNITS

Math Jam is designed to help students prepare for their upcoming math class. This Math Jam Tutor Training course supports tutors during Math Jam to apply strategies for effectively engaging students in learning difficult math concepts with participants. Tutors apply knowledge around intelligent practices for mastering material as they tutor participants during Math Jam. This is an excellent second course for students who are interested in becoming a paid mathematics tutor at Las Positas College or in any educational capacity. 5 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NMAT 261 MATH JAM FOR 0 UNITS
PREALGEBRA PREPARATION

Math Jam is a noncredit program designed to help students prepare for their upcoming math class at a community college. Embedded are essential study and life skills to develop each student holistically, including learning skills and career development. Students will be learning arithmetic and Prealgebra material with the goal of preparing them to be successful in their upcoming class. It is strongly recommended that students taking this course be enrolled in a community college math course. 30-60 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NMAT 262 MATH JAM FOR 0 UNITS
ELEMENTARY ALGEBRA PREPARATION

Math Jam is a noncredit program designed to help students prepare for their upcoming math class at a community college. Embedded are essential study and life skills to develop each student holistically, including learning skills and career development. Students will be learning prealgebra material with the goal of preparing them to be successful in their upcoming class. It is strongly recommended that students taking this course be eligible for and enrolled in a community college math course. 30-60 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NMAT 263 MATH JAM FOR 0 UNITS
INTERMEDIATE ALGEBRA PREPARATION

Math Jam is a noncredit program designed to help students prepare for their upcoming math class at a community college. Embedded are essential study and life skills to develop each student holistically, including career development. Students will be learning elementary algebra material with the goal of preparing them to be successful in their upcoming class. It is strongly recommended that students taking this course are enrolled in a community college math course. 30-60 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NMAT 264 MATH JAM FOR 0 UNITS
SLAM PREPARATION

Math Jam for SLAM Prep is for students preparing for math courses in Statistics and Probability or Mathematics for Liberal Arts. Math Jam is a FREE noncredit program designed to help students prepare for their upcoming math class at a community college. Embedded are essential study and life skills to develop each student holistically, including career development. Students will be learning prerequisite algebraic and basic probability material with the goal of preparing them to be successful in their upcoming first-level transfer course of Statistics or Math for Liberal Arts class. It is strongly recommended that students taking this course be enrolled in Math 40: Statistics and Probability or Math 47: Mathematics for Liberal Arts at Las Positas College. 30-60 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NMAT 265 MATH JAM FOR 0 UNITS
BSTEM PREPARATION

Math Jam for BSTEM Prep is for students preparing for math courses in College Algebra, Trigonometry, Business Calculus and review prior to Calculus I. Math Jam is a noncredit program designed to help students prepare for their upcoming STEM focused math class at a community college. Embedded are essential study and life skills to develop each student holistically, including career development. Students will be learning pre-transfer level material with the goal of preparing them to be successful in their upcoming class. It is strongly recommended that students taking this course are enrolled in a community college math course. 30-60 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NONCREDIT TUTORING

The noncredit tutoring course provides enrolled students with free supervised tutoring to increase the likelihood of success. Trained tutors and instructors provide one-on-one or small-group tutoring to help students achieve specific course objectives in a wide variety of subjects. Students seeking support with communication/literacy skills, quantitative reasoning skills, and critical thinking skills will receive tutoring to strengthen and master basic skills.

Noncredit Tutoring Courses (NTUT)

NTUT 200 SUPERVISED TUTORING 0 UNITS

Open-entry/open-exit supervised tutoring course provided to students requesting assistance or referred by a counselor or instructor. Tutoring is conducted in a learning center and is structured to strengthen student skills, reinforce student mastery, and help students achieve specific course objectives. Trained tutors and instructors will provide individualized/small group tutoring and learning assistance for basic skills, vocational skills, and academic subject matter areas including mathematics, English, science, social science, humanities and a variety of general education courses vital to the overall success and retention of students. 1-96 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NUTRITION

The Nutrition department offers a variety of courses that align with multiple degree pathways. The courses are specifically designed to meet the needs of students who are currently pursuing degrees in Dietetics, Nursing, Health Science, or Kinesiology. Courses also provide students with an introduction to the science of nutrition, which is particularly important for those planning to transfer to baccalaureate programs in Nutrition, Health Education, Public Health, or pre-medicine.

Programs of Study

Degrees:

- AS-T – Nutrition and Dietetics

AS-T – Nutrition and Dietetics

About the Degree

The Associate of Science in Nutrition and Dietetics for Transfer is designed for prospective California State University (CSU) who are preparing for careers in the field of Nutrition and Dietetics such as a Registered Dietitian (RD), Nutritionist, Licensed Nutritionist and Dietetic Technician Registered (DTR) to name a few. Completion of the Nutrition and Dietetics degree will provide a streamlined pathway for transfer to a CSU campus with a Nutrition Science or similar major. Students should consult with a counselor to determine whether or not this degree is the best option for their transfer goals. General education requirements should be selected carefully based on the intended transfer institution. There are UC unit limitations with Chemistry courses; please see a counselor for details if you are pursuing transfer to the UC system.

Completion Requirements:

- Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
 - The Intersegmental General Education Transfer Curriculum (IGETC) or CA State University General Education – Breadth Requirements.
 - A minimum of 18 semester units or 27 quarter units

in a major or area of emphasis, as determined by the community college district.

- Obtainment of a minimum grade point average of 2.0.

Associate Degrees for Transfer (ADT's) also require that students must earn a "C " (or "P") or better in all courses required for the major or area of emphasis.

Program Outcomes

- Upon completion of the AS-T in Nutrition and Dietetics, students are able to acquire knowledge to develop health promotion and disease prevention programs that address diverse populations within a community (such as ethnicity, cultural backgrounds, socioeconomic status, and regional resources).
- Upon completion of the AS-T in Nutrition and Dietetics, students are able to communicate knowledge of nutrition and metabolism and apply that knowledge to the maintenance of health and the treatment of disease.
- Upon completion of the AS-T in Nutrition and Dietetics, students are able to critically evaluate factors influencing obesity, and the metabolic consequences of obesity, as it relates to chronic disease.

Required Core: (16 Units)

BIO 7C (Microbiology)	5
CHEM 1A (General College Chemistry I).....	5
NTRN 1 (Introduction to Nutrition Science).....	3
PSYC 1 (General Psychology).....	3

List A: Select Two (9-10 Units)

BIO 7A (Human Anatomy)	5
BIO 7B (Human Physiology)	5
CHEM 1B (General College Chemistry II).....	5
CHEM 12A (Organic Chemistry I)	5
MATH 40 (Statistics and Probability)	4

List B: Select One (3-5 Units)

ANTR 3 (Cultural Anthropology)	3
CHEM 12B (Organic Chemistry II)	5
CHEM 30A (Intro and Applied Chemistry I).....	4
CHEM 30B (Intro and Applied Chemistry II)	4
ECON 1 (Principles of Microeconomics).....	3
ECON 2 (Principles of Macroeconomics)	3
SOC 1 (Principles of Sociology)	3

Total Units for the Major 28-31

Additional General Education and Elective Units 29-32

Total Units 60

See the Las Positas College California State University General Education-Breadth or the Intersegmental General Education Transfer Curriculum (for CSU) patterns for a listing of areas and courses. Double counting courses in GE and the major is permissible. The number of units that may be double counted will depend on the entry point to the degree program and the optional course(s) taken. Elective units are CSU transferable. Consult with an adviser or a counselor to plan the courses necessary to achieve your academic goal.