

MINIMAL CONTACT MENU

All items individually wrapped or served in boxes or bowls

BREAKFAST

Mini Continental Box v	7.45ea	Egg Muffin Sandwich	4.95ea
Croissants, Danishes, muffins, scones, & fruit salad with assorted bottled juices & water		Fried egg, ham or sausage, & cheese	
Mini Hot Box	11.95ea	Breakfast Burritos	6.50ea
Scrambled eggs, bacon or sausage, country potatoes & fruit salad		Egg, bacon or sausage, hash brown, peppers, onions, & cheese	
Yogurt Parfait cups v	4.50ea	Mini Fresh Fruit Cups vg	3.45ea

BEVERAGES

Canned Soda & Bottled Water Assortment	1.20ea
Canned Sparkling Water Assortment	1.95ea
Bottled Juice Assortment	1.95ea



HOT LUNCH & DINNER BOXES

Minimum order of 20 per box

Maximum quantities may apply at some locations

Spaghetti & Meatballs	15.70ea
Spaghetti, meatballs, & Marinara sauce with Caesar salad, & garlic bread	
Chicken Parmigiana (or Eggplant v)	16.40ea
Breaded chicken topped with marinara & cheese, over fettuccine with grilled squash medley, Tuscan salad, & garlic bread	
Honey Garlic Sriracha Chicken	18.90ea
Sweet & spicy grilled chicken breast, steamed white rice, green beans, & sweet miso broccoli salad	
Jerk Chicken (or Eggplant vg)	19.50ea
Chicken in a Jerk marinade, grilled & served with red beans & rice, fried plantains, & Caribbean pineapple salad	
House-Made Meat (or Veggie v) Lasagna	16.75ea
Traditional meat sauce lasagna with grilled squash medley, Caesar salad, & garlic bread	

Boxed Sandwiches & Salads

See pages 4-6 of Catering Menu

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BOWLS

Minimum order of 20 per bowl

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Zesty Jambalaya Bowl 9.85ea

Sauteed Shrimp & Andouille sausage in a spicy Creole sauce over red beans & rice

NOLA Mac & Cheese 9.45ea

Macaroni & Cheddar Cheese with Andouille Sausage, topped with bacon bits and chives

Chicken Tikka Masala Bowl (or Chickpeas) v 9.45ea

Bone-in chicken in Masala sauce served over basmati rice & cucumber salad

South of the Border Bowl 9.85ea

Chicken or carnitas or carne asada with pinto beans, pico de gallo, & cilantro over Spanish rice

Buffalo Chicken Bowl 8.95ea

Spicy Buffalo chicken tenders served over mashed potatoes with green onion & a celery garnish

Thai Chicken Curry Bowl 9.45ea

Red Thai curry with sauteed chicken, eggplant, carrots, zucchini, red & green bell peppers, & onions over steamed rice, topped with fresh Thai basil

Wellness Bowl vg 10.40ea

Grilled chicken or spiced chickpeas with roasted sweet potatoes & brussels sprouts over brown rice or spring mix with a balsamic glaze drizzle

Teriyaki Chicken Bowl (add or sub tofu by request) vg 9.45ea

Teriyaki chicken, stir fry veggies, over white rice

*Sweet & Sour, General Tso, Korean BBQ, or Orange chicken also available

Hot Italian Bowl 9.45ea

Spicy Italian sausage with sautéed bell peppers in marinara sauce over gemelli pasta, topped with Parmesan & fresh basil

Boxed Sandwiches & Salads

See pages 4-6 of Catering Menu



Have an idea?

Ask us about custom bowls!

BUDGET BOX O' BURRITOS 9.99ea

No frills, no fuss. Just a box of burritos. What you get: a hand delivered box of foil-wrapped assorted burritos: chicken, carne, & veggie v - all filled with Spanish rice, refried beans (black beans by request), and cheese.

+ Salsa & sour cream cups 0.99ea

+ Guacamole cups 1.99ea

**Includes paper napkins. Does not include linen / formal buffet setup