

COMMUNITY EDUCATION

Life-Long Learning and Professional Development

You CAN Learn New Tricks!



Fall 2017

Schedule

Classes through
December 2017

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Register Online

www.laspositascollege.edu/communityed

925.424.1467

Welcome to Fall!

Las Positas College
COMMUNITY EDUCATION

Welcome to Fall 2017! We have been inspired by the Las Positas College Friend of the College Award Winner, Pat Wheeler, to bring you this well curated group of exceptional classes that will inspire you to learn new things! Pat is a Therapy Dog Handler, and works with the Student Health Center and the Veterans First Program on campus to bring therapy dogs to LPC students.

Let Community Education help you learn new “tricks”: or, rather, skills that will lead YOU to a career as a therapy dog handler with our new class taught by Richard Katz (see his bio below). This catalog is filled with new opportunities for you to learn skills that will help you advance in your current career, train for a new career, or improve the quality of your life with art, photography and music.

Looking to learn to draw? Improve your computer skills? Become the Certified Social Media professional at your office? What about learning how to converse with your Spanish-speaking patients about their medical concerns? Maybe you are interested in learning to crochet or knit and make your own gifts for the holidays. Community Education at Las Positas College can support you as you work to achieve these goals. Fee-based classes are not for college credit, and have no grades or transcripts. Brighten your own life with learning this Fall! Register today. Registration instructions are on Page 21.



In Learning,
Frances DeNisco
Program Coordinator

“What we learn with pleasure, we never forget.”
— Alfred Mercier

Interested in taking
a class for college credit?
See page 20

Featured Instructors



Pete is an award winning freelance television technician with a 30+ year career in LIVE network sports TV. His educational background includes a B.A. degree in Liberal Arts at Widener University and graduate work in Film/Journalism at San Francisco State University. In 1988, 1990, and 1991 Pete received an Emmy Award while working for NBC and CBS Sports covering the World Series. In his free time Pete enjoys skiing, biking, golfing, and hiking throughout the state of California. Pete has extensive and diverse experience. He is skilled in the art of camera coverage for professional and amateur sports and news events. He is an engaging and knowledgeable talk show host— “Behind the Lens”—and well respected in the industry for professionalism and knowledge of sports television coverage.

Richard Katz is Executive Director of Pet Therapy Advisors, a CA non-profit corporation located in LA. After retiring from a 35-year Human Resources career, including 20 years of training and educating, he pioneered and implemented therapy dog handler courses taught at selected community colleges. Richard and his standard Poodle, Rudy, are certified to provide therapy dog services for disaster relief, having obtained the highest complex rating from Pet Partners. Richard and Rudy have provided therapy dog services for the last 3 years and for a variety of facilities including the UCLA Health System, LA Airport, and dependency rehabilitation agencies. Richard holds a BA in Business Administration and an MA in Industrial Relations.



Expanded class descriptions on Website • Classes take place on campus unless noted.

Register at: www.laspositascollege.edu/communityed

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Community Education Registration Form can be found on page 21.

No college credit is offered. Classes do not require admission to the college, and do not involve exams. There are no transcripts or grades and classes are not transferable. Minimum enrollment is required for classes to start. Community Education is a self-supporting entity of LPC and is not funded by taxpayer dollars. Community Education classes are offered in addition to the LPC instructional program. Community Education classes do not necessarily reflect the views or policies of Las Positas College. Las Positas College does not endorse any person or product.

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Expanded class descriptions on Website • Classes take place on campus unless noted.



Business Writing for Results

Your writing says something about you—are you clear, credible and competent? If you would like to compose more professional documents, then this course is for you. You'll learn how to overcome writer's block, organize your ideas, proofread your writing and get the results that you want. You'll also refresh your knowledge of grammar and punctuation. In this highly interactive workshop, you will spend the morning on grammar and punctuation and the afternoon on business writing strategies and techniques. *Ianniello*

AL269 10/21/17 Sat 9:00am - 3:00pm \$69

How to Be Self-Published for FREE!

Want to be published and e-published? Now? Do you dream of seeing your book featured on amazon.com? Do you have useful knowledge or skills that you think others could use? Publishing is easier than you think. If you want to be published, but don't know where to start, this class will give you the know how to fulfill your dream of creating your own books and e-books. In this class you'll learn to: use quick and easy methods to get your work published; convert your book to Kindle for FREE; upload your finished books and e-books to Amazon and other major chains; offer it as a pay-per-download product from your Web site; use copyrights to protect your work. Don't get left out—publish your book NOW and start profiting from it immediately! *Rounds, Miller and Associates*

B609 10/19/17 Thu 6:30 - 9:30pm \$39
Material Fee (in class) \$30



Build a Better Writer

Become your own writing coach and develop into the best writer you can be. Let this class help you to: understand the type of motivation that works best for you and use it to jumpstart your writing, realize that you have all the time you need to write right now, take advantage of your strengths and overcome the challenges that block you from finishing a writing project, develop your writing voice. My goal is to help you discover all the rewards of creating a space in your life for your writing. *Lisa Duran's writing has appeared in literary journals the Contra Costa Times, and on her blog. She's taught English for the past 17 years and was a magazine/book editor before that. The only thing she loves as much as writing is getting other people excited about writing!*

FW411 9/23/17-10/28/17 Sat 10:00 - 11:30am \$99

Microsoft Excel Basics

This is a basic class for people who have little or no experience using Microsoft EXCEL. Learn the difference between a worksheet and a workbook. Learn to navigate the worksheet, selecting cells, enter text, values, how to write formulas and format a worksheet. *Teri Donat has over 30 years' experience teaching technology classes as a part-time instructor at Las Positas College. Through her business, Ez 4 U Computers, she develops applications in Microsoft Office EXCEL and ACCESS. Two words students use to describe her are patient and knowledgeable.*

C107 9/27/17 Wed 6:30 - 9:30pm \$39

Excel Tips and Tricks

Do you have some experience using Microsoft EXCEL and want to be more efficient? This class will expand your skills exploring shortcuts to enter data and modify the worksheet. Class will focus on how to use functions and conditional formatting to analyze data. Learn to create and format charts, add objects and modify worksheets for efficient printing. *Donat*

SC101 10/11/17 Wed 6:30 - 9:30pm \$39

Microsoft Excel Intermediate

Class is for experienced users who want to expand their knowledge of Microsoft Excel features. Explore how to manage data using Data Filter, PivotTables and Import. Learn to Link worksheets with formulas. Learn to create PivotCharts and Combination Charts. *Donat*

C108 10/25/17 Wed 6:30 - 9:30pm \$39



Excel: Automating Workbooks with Macros and Visual Basic

Class is for experienced users who want to learn how to automate Microsoft Excel workbooks. Learn to record macros and edit with Visual Basic. Learn programming techniques establishing variables, dialog boxes, program loops, and conditional statements. Learn to control data entry with validation and defined cell names. *Donat*

SC104 11/8/17 Wed 6:30 - 9:30pm \$39

Real Coding for Real Kids: Python

Python programming for kids is specially design to make kids understand the basic programming skills and think beyond their regular school class work. This course has 4 sessions and each session will cover the basics of python like: conditions, function, looping, list, tuples and Tkinter like: frame, canvas, button, entry widget, label, text animation and object animation. This is an exercise-based program where kids write codes on command prompt to develop small mini-projects and interactive GUI games. Note: Laptops will be provided, \$25 material fee payable to the instructor at class. Cash or check payable to Progressive Kids. (Kids ages 10-13).

PPP101 9/16/17-11/18/17 Sat 3:00 - 4:30pm \$260
No Class 10/14/2017, 11/11/2017
Material Fee (in class) \$25

Real Web Designing for Real Kids: HTML, CSS & JavaScript

HTML, CSS & JavaScript for kids is focused on web designing skills and programming basics. This unique program has 8 sessions and is focused on web designing and cascading, JavaScript programming basics, animation and logical development of games. This is an exercise-based class where kids write codes on notepad ++ to develop small mini-projects and interactive online games. Note: Laptops will be provided. (Kids ages 10-13).

PPP101 9/16/17-11/18/17 Sat 4:30 - 6:00pm \$260
No Class 10/14/2017, 11/11/2017
Material Fee (in class) \$25

Progressive Kids is a team of programmers and leaders with extensive experience in computer programming as well as teaching. We are dedicated to empowering kids by teaching them the world's most powerful language, computer programming, in the easiest way possible!

Create a Website in 24 hours for FREE!

This class is for the complete beginner. You can create your own website in minutes for FREE including text, graphics, YouTube Video links, a shopping cart and the ability to customize it in any way that you want. You'll learn how to: get your domain name; choose a web host and sign up for an account; design your web page; collect credit card information; be listed with major search engines; and get your site noticed! (No Web site development experience necessary.) *Mike Rounds of Rounds, Miller and Associates has been called One of the country's most knowledgeable individuals on the topic of effectively creating Web sites for businesses." Mike takes complex technological topics and makes them understandable to the non-tech savvy."*

B236 10/18/17 Wed 6:30 - 9:30pm \$39
Material Fee (in class) \$30

What Were You Born to Do?

You were born to make a unique contribution to humanity. Progressing toward this purpose brings joy and abundance. Straying from it causes stress and emptiness. To accomplish this, one of the 33 Natural Talents® is wired into your DNA. It's so subtle, you rarely notice it; yet so powerful, it's the source of your highest potential. Elvis, Oprah and Einstein were all just "doin' what comes naturally." Also discover why applying your Natural Talent relentlessly will magnetically attract all the desires of your heart. (Ages 16 to adult) *Curtis Adney, MS, JD is a life coach, conducts numerous seminars across the Western US, and is the author of a book, Pinpoint Your Destiny.*

B208 10/29/17 Sun 1:00 - 4:00pm \$49
Material Fee (in class) \$30

The Business of Voice Acting



Voice overs are heard on radio, TV, and in corporate and web marketing. Workshop covers marketing for success, agents, training academies, and script reading on the microphone. Learn how to use your voice online through internet resources to break in to the voiceover market. Get to know the business of voice acting with Trish Bell, who has

been professionally voice acting for 10 years. Handouts include the PowerPoint presentation, voice over script samples, and an agencies list to get you started. *Trish Bell, a 25 year Bay Area Radio personality, and 10 year established voice actor, produces voice overs for nation tv, radio, Fortune 500 companies, and web-based training modules. She has been trained by the masters in the industry. She has developed and presented voice over workshops for 4 years in the Bay Area. She currently serves on the LPC Radio & TV Advisory Board, is a member of Bay Area Broadcast Legends, and can be heard Sundays hosting a radio show on www.kabl960.com.*

B241 9/19/17 Tue 7:00 - 9:00pm \$49

Expert Network: News Production



Pete D'Alonzo

Community Education Taps into a Network of Experts in many fields to bring you intense classes about unique career pathways.



Explore a Career in Live Event/TV News Production

Come learn about how to shoot and produce live news and events and network with an award winning TV News producer. In 1988 Pete received an Emmy Award while working for NBC Sports covering the World Series. In addition, while with CBS Sports in 1990 and 1991, he and his team were awarded an Emmy for Technical Operations during the World Series. His talents expanded with logging the necessary hours in obtaining the skills in the art of camera coverage. Come see what Pete does, and be introduced to what it takes to make it in the Television and Live production world. Super interested? The first class in his career series is also being offered this Fall.

AL923 10/11/17 Wed 7:00 - 9:00pm \$29

Expert Network: Career in Television News with A Critical Eye

Course increases awareness of how to prepare yourself in how to obtain the right information both in the scripted fashion and with regard to video awareness. Classes will be tailored to the students enrolled who have an interest, and the drive necessary to work in media relations at the broadcast level. Learn the fundamentals of obtaining story content and video, and match them appropriately. Learn the techniques to envision the total story in your minds eye. Learn to present yourself at the location, know what the story entails, and how to present the right information together with video to build the story. Get the story right, so that you can get the right shot in the one chance that you will have to capture and complete it. Class is also helpful to those who want to know how a story on television comes together, and the processes involved in creating the news. Practical information about: technical operations in a live to scenario. What kinds of cameras are being used? What is the role of the technical producer? What kinds of equipment are available on a video truck? How are camera angles, audio and video, graphics and lighting different during live to production?

TN411 10/24/17-11/7/17 Tue 7:00 - 9:00pm \$99

Build Your Financial Portfolio!
See page 12

Certified Staging Professionals Home Staging Course with Design Star Finalist Cathy Hobbs



Most home buying decisions are made within seconds of stepping through the front door. Professional home stagers prepare property for resale by setting the scene throughout the house to create immediate buyer interest, thereby increasing the chances for a more timely and profitable sale.

3-day course provides the foundation for those wanting to start a career or own a business in real estate property staging. The Certified Staging Professional program is a blend of property staging processes, interior redesign techniques, along with business, marketing and communication for effectively staging a house for sale. The CSP® program is intensive and covers comprehensive instruction in the steps and information necessary to become a successful real estate stager. The fee includes a 400-page manual and an on-site, hands-on work experience in a property for sale.

To attain the CSP designation, students must score 75% or above on two open-book, take-home tests. (If 75% is not attained, one retest is permitted within 30 days after the end of class. For more information about CSP® certification, go to <http://www.csptaining.com> CSP® is a charter member of the Real Estate Staging Association, RESA, and independent third-party trade association of real estate stagers.

5-time Emmy Award winning television personality Cathy Hobbs (ASID) (www.cathyhobbs.com) is the founder and creator of Cathy Hobbs Design Recipes(tm). Cathy was also a finalist on Season 6 of HGTV's Hit Reality Series Design Star. Cathy is a professional member of the American Society of Interior Designers and the International Design Association, as well as a certified staging professional. Credentialed by CSP, Cathy is also one of the top home staging trainers in the country, traveling nationwide teaching. She holds a BA in Fine Arts from FIT, cum laude, as well as a BS in Business Admin from The Marshall School at USC.

CT911 10/13/17-10/15/17 Fri,Sat,Sun 8:00am-6:00pm \$2,199

How to Protect Your Rights with Patents, Trademarks and Copyrights

Obtain and use legal protection for your ideas, inventions, books, speeches, graphic art and photographs. Whether you are an engineer, designer, artist or author, you need to establish the legal rights to your creativity and protect it from being stolen and used by others. This class shows you how to register and protect your ideas and products using: *Patents, trademarks and copyrights *Non-disclosure, Confidentiality, Non-Competition, and Work for Hire Agreements *Poor Man's and Provisional Patents *Invention Nonuse and Trade Secret Agreements *Contingent Commitment Agreements *Licensing Agreements. Get the most timely, accurate and relevant information in plain, easy to understand language. Obtain access to all current forms, contracts and instructions on how to fill them out and which situations are best to use each type of protection. Includes a bonus section for inventors on locating potential licensees and offering their inventions in the safest method possible. *Rounds, Miller and Associates*

CR867 10/18/17 Wed 6:00 - 9:00pm \$39
Material Fee (in class) \$30



NEW!

Human Resources for Small Business Compliance

Sexual Harassment

Ensure a respectful workplace and learn how to prevent sexual harassment and discrimination in all phases of the employment process. Review the requirements of Assembly Bills 1825 and 2053 (anti-bullying) and discover ways to protect yourself from costly lawsuits. You'll learn your responsibilities as a supervisor/business owner, how to guard against retaliation, and what steps to take in the complaint process. Take this class in conjunction with the class on cultural competencies and diversity in the workplace to broaden your knowledge and make your workplace a desirable place for an employee. This class is suitable for small business owners and supervisors in all industries. *Rae Ann Ianniello is a Human Resources professional, a professor of communication studies, and a published author. In addition to teaching at several Bay Area colleges, she delivers customized training to businesses throughout the Bay Area. Rae Ann holds an M.A. and a B.A. in Communication, two teaching credentials, a certificate in Human Resources Management, and a Master Trainer certificate.*

HRSB101 10/10/17 Tue 6:30 - 9:30pm \$39

Cultural Competency

Do your employees feel heard, recognized and appreciated? Discover what some companies are doing to develop employees' cultural competencies and improve diversity in the workplace. You'll examine perceptions, policies, and processes related to diversity and inclusion. Through interactive, fun activities, you'll leave this session with an increased awareness of cultural differences and interesting ways to enhance competencies in your organization. Take this class with the other topic in the series, Preventing Sexual Harassment and Discrimination in the Workplace. *Ianniello*

HRSB101 10/24/17 Tue 6:30 - 9:30pm \$39

Become Financially Literate— For Business Owners

Business owners, make sure you have all the financial literacy tools that you need to make wise business decisions. Learn to save on taxes and save money for retirement as a business owner. Learn best practices for choosing a business entity/structure (Sole Proprietorship, S-Corporation, C-Corporation, LLC) or how to work with the one you may have already chosen. Learn specifics about retirement alternatives like tax free retirement that can be accessed before the age of 59 and 1/2 without penalty and no Required Minimum Distributions (RMD) at age 70 and 1/2. You'll leave with a better understanding of the finances of your business, and how to work with them to improve your financial position as a business owner. Receive financial tools you can use to manage your business included in the price of the class. One optional follow up consultation is also included in the price for seminar attendees. *Saunders*

FP411 11/7/17 Tue 7:00 - 8:30pm \$49

Expanded class descriptions on Website • Classes take place on campus unless noted.

Register at: www.laspositascollege.edu/communityed



Dog Lovers: Certify Your Pet as a Therapy Dog

Have you ever wanted to be a certified therapy dog handler and bring joy and smiles to people in many different environments and types of facilities? In this one-day, 4-hour, adult, community college class, you will meet real-life therapy dogs and learn about what it takes to pass a therapy dog handler test at the least cost and most efficient way. Course provides a list of facilities recruiting therapy dogs in your area, leading certifying agencies, dog training tips and resources, and post-class support as you work toward your therapy dog certification. We combine lecture, demonstrations and videos of therapy dog evaluations used by different registering agencies. A comprehensive therapy handler resource guide, and post class instructor support is included in the course fee. Please do not bring your dog to class. *Katz*

TDH101 9/8/17 Fri 5:00 - 9:00pm \$59

Praise for Therapy Dog class

"I wanted to reach out to you now that Audrey and I are an official Pet Partners handler team! I am so excited and truly thankful that I attended your 'How to Become a Registered Therapy Dog Handler' class at Orange Coast College, and for all you did to guide me through the steps"

— Alyson Crabtree

How to Earn Extra \$Money\$ with a Mystery Shopping Business

Want to become a Secret Mystery Shopper? Take this course and the one that follows, Explore 250 Home-Based Businesses for comprehensive information on how to start. Learn how to start your business and how to create a mystery shopping profile, sign up with 25 LEGITIMATE mystery shopping companies WITHOUT FEES, and avoid pitfalls and scams. *LeeAnne Krusemark is an author, business owner, and lecturer at more than 200 colleges from Maine to Hawaii, including Purdue, and an online instructor at more than 1,000 facilities worldwide, including Harvard.*

MS134 9/21/17 Thu 5:00 - 6:00pm \$20
Material Fee (in class) \$10

Explore 250 Realistic Home-Based Businesses

Turn your talents and hobbies into profits. You will learn about mandatory legal documentation, ways to market your product/service, taking tax deductions (this workshop included), and 250 home business ideas. This is probably the most comprehensive business start up workshop around. *Krusemark*

B106 9/21/17 Thu 6:00 - 8:00pm \$39
Material Fee (in class) \$20

Make Money with a Home-Based Virtual Assistant/Word Processing Business

If you can type, you can make money at home. Having learned about business startup (prerequisite: participants must attend Explore 250 Home Based Businesses to get the most comprehensive information), you discover how/where to find clients, 50 ways to advertise/market services, equipment choices, and 100 ways to make money with a computer. *Krusemark*

B107 9/21/17 Thu 8:00 - 9:00pm \$20
Material Fee (in class) \$10



ONLINE

Medical Insurance Billing Certificate

Learn medical billing and become a valued professional in the fast-growing healthcare field. Topics include: CPT, ICD-10, and HCPCS coding as well as Worker's Compensation/personal injury billing and computerized billing software. Courses are taken consecutively in a synchronous, instructor-led, online format. Once registered, you'll be provided with log-in instructions and information on how to purchase the materials needed for the class. Students will receive a "Certificate of Study" will be issued from Community Education. Basic computer proficiency is recommended. Materials fee of \$350 is payable to the instructor at the beginning of the class, via PayPal. Online orientation is required. For Fall 2017, orientation day is Saturday, 9/30 from 10:00 am to 11:00 am. *Kris G Patterson is the owner of a successful Medical Billing and Consulting firm, KGP Consulting, LLC located in LA. Thousands of students have benefited from her knowledge in the medical field by taking courses at one of the over 35 colleges she has taught through in Northern, Central and Southern CA. She has taught Medical Insurance billing for over 18 years.*

MIBC101 9/30/17 Sat 10:00 - 11:00 am \$150
10/1 - 11/16/17 Tu, Th 6:30 - 8:30 pm
10/14/17 Sat 10:00 am - 2:00 pm
Materials Fee (Online) \$350

ONLINE

Start Your Own Medical Billing Service

Medical billing services are in demand. Learn how to obtain clients, set fees, and market your services. Where can you obtain HIPAA-compliant software? What organizations for billing professionals can you join? Plus many more topics. Once registered, you'll be provided with login instructions and information on how to purchase materials. Basic computer proficiency recommended. Synchronous online class. *Patterson*

MBS634 9/30/17 Sat 10:00 - 11:00 am \$25
10/25/17 Wed 6:30-8:30 pm
Materials Fee (Online) \$29

Basic Music Reading for Any Instrument or Voice

Have you always wanted to play a musical instrument but never had the chance to take lessons or have you tried and not succeeded? In this program, designed for the complete beginner with no musical background (or for those wanting to brush up on their music reading from childhood), you'll learn quickly the basic music reading skills so that you can follow up with the next class, Instant Piano or continue with traditional music lessons some day. This is an ideal introduction to the music theory you need to play any instrument or sing alone or in a choir, and you'll also learn the fundamentals of the piano keyboard. Class size limited to 20. Ages 16-adult. *Cox Faust*

AL407 9/16/17 Sat 9:30am - 1:00pm \$50
Material Fee (in class) \$5

Instant Piano for Hopelessly Busy People

Music teachers may not want you to know this, but adults can learn HOW to play the piano like pop piano players after just a few hours of instruction. You can learn enough in this one-day workshop to unlock your hidden musical talent, even if you're a beginner and do not know how to read music. The PBS program, *Piano in a Flash* is based on this method. You'll learn how to make all the chords you'll need to play any song in this one session. You'll then perfect your skill at home using a resource book and CD purchased from the instructor. It's easy, fun, and musically correct! NOTE: Total Beginners, first take the Music Reading class offered on the same day, please. \$25 materials fee for book and CD to use at home payable to instructor at class. *Cox Faust*

AL114 9/16/17 Sat 1:30 - 5:00pm \$50
Material Fee (in class) \$25



Community Orchestra

Take a tour of string and symphonic orchestra literature through practice and performance. Develop a sense of how to play in an ensemble and techniques associated with ensemble playing. You should have proficiency in your instrument, as no beginning level players will be accepted. Acceptance into the Community Orchestra is at the discretion of the instructor. Class includes an opportunity to play a concert on October 30. *Rosefield*

OR637 9/6/17-12/13/17 Wed 6:00 - 8:50pm \$59



Community Jazz Ensemble

Reading, preparation and performance of contemporary Jazz. Bring your instrument and join our all ages jazz ensemble class! Get the opportunity to hone your skills and learn improvisation techniques in a group setting. *Rosefield*

OR637 9/11/17-12/18/17 Mon 6:00 - 8:50pm \$59



Vocal Training & Musicianship for Adults

Whether you just want to learn to sing for your own enjoyment or pursue a professional career in music, this course provides the start! Learn how the human voice works, warm-up exercises, ear training, professional hints/tips and lots of great tunes to sing. Join our community of beginning learners for an engaging, voice and musicianship course where you'll read, write, and truly hear the elements of music like never before. Enroll today! *Music has been Galina's lifelong passion. She began her studies of classical piano, voice and choir at the age of five in Russia's highly competitive Vladivostok School of Music. Her musical studies continued at Vladivostok University where she graduated with her formal degree in piano and voice. Upon moving to the Bay Area in 2003, she opened her own studio which combines the best of Russian and American approaches to music for all ages and levels.*

MU756 9/25/17-10/30/17 Mon 7:45 - 8:30pm \$129
Location: Galina's Music Studio

or

MU756 11/6/17-12/11/17 Mon 7:45 - 8:30pm \$129
Location: Galina's Music Studio

Beginning Ukulele for Adults

Want to play an instrument that can't help but bring a smile to your face? Then learn to play the oh-so-hip ukulele! This course is for the absolute beginner who has never played the instrument before, or for those who have merely dabbled and would like to take the next step forward. You will learn the basics: the most commonly used chords, standard tuning, and simple strumming techniques. Each week, we will build on the previous lesson with new songs, new chords and new techniques. By the end, you'll be a player! Bring a ukulele in working order and start having fun. *Corkery*

MU442 10/5/17-11/9/17 Thu 7:30 - 8:15pm \$129
Location: Galina's Music Studio

Beginning Electric Guitar—For Adults

String bending, barre chords, pentatonic scales will be used with note reading and tablature to give you a strong foundation in technique and fingerboard knowledge. Students are expected to have a functional electric guitar and a power lead to plug your guitar into amplification. *Corkery*

AL568 11/7/17-12/19/17 Tue 6:30 - 7:15pm \$129
Location: Galina's Music Studio

Piano for Adult Beginners

If you always wanted to try playing the piano or been intimidated by the thought of playing piano - then this is the class for you! This step by step course will guide the student through the fundamentals of playing piano. Students will learn the basics music notation, theory, hand position, rhythm and start playing songs from the very first lesson with the help of a patient and gifted teacher. Lessons are taught in a fun and supportive environment. *Corkery*

PB156 9/29/17-11/3/17 Fri 7:00 - 7:45pm \$129
Location: Galina's Music Studio

or

PB156 11/10/17-12/22/17 Fri 7:00 - 7:45pm \$129
No Class 11/24/17
Location: Galina's Music Studio



Beginning Acoustic Guitar

This beginning class introduces kids to chords, rhythms and simple melodies on guitar. Alongside encouraging teachers and friends, they engage in an adventurous process of playing guitar that builds upon early successes making music with their instrument. Students must have their own guitar for the class. Instruments are available for purchase at Galina's Music Studio. *Corkery*

Ages 7 to 9

AL568 9/28/17-11/2/17 Thu 5:45 - 6:30pm \$129
Location: Galina's Music Studio

Ages 10 to 12

AL568 10/4/17-11/8/17 Wed 6:30 - 7:15pm \$129
Location: Galina's Music Studio

Kids, You Can Ukulele!

Strum simple chord while incorporating music elements such as tempo, dynamics and expression. Basic rhythmic notation, note reading and more complex chords are gradually introduced throughout the class. Now get ready to take your next step toward a lifetime of musical enjoyment with this fun and exciting instrument! Instruments are available for purchase at Galina's Music Studio. 6 classes. *Corkery*

Ages 7 to 9

MU442 9/30/17-11/4/17 Sat 12:15 - 1:00pm \$129
Location: Galina's Music Studio

or

Ages 10 to 12

MU442 10/5/17-11/9/17 Thu 5:00 - 5:45pm \$129
Location: Galina's Music Studio

Piano for Kids

This step by step course will guide the student through the fundamentals of playing piano. Students will be able to play satisfying and entertaining pieces from the very first lesson. These lessons will be taught in a fun and supportive environment that will also teach the fundamentals of music notation, music theory and rhythm. *Corkery*

Ages 5 to 7

PB156 9/30/17-11/4/17 Sat 9:00 - 9:45am \$129
Location: Galina's Music Studio

or

PB156 10/4/17-11/8/17 Wed 3:30 - 4:15pm \$129
Location: Galina's Music Studio

Ages 8 to 12

PB156 9/30/17-11/4/17 Sat 10:00 - 10:45am \$129
Location: Galina's Music Studio

Ages 13 to 17

PB156 10/4/17-11/8/17 Wed 7:15 - 8:00pm \$129
Location: Galina's Music Studio

Kids, Learn to Sing!

This fun exciting and informative class covers songs ranging from folk to popular music, Broadway to musical theater favorites. Lessons include ear training, breathing techniques, vocal and diction exercises as well as harmonizing with others. *Corkery*

Ages 8-12

MU756 10/2/17-11/6/17 Mon 3:45 - 4:30pm \$129
Location: Galina's Music Studio



Digital Music Creation and Skills

Learn to create music like the pros from home or on the go! Using Freshi Learning Online (FLO) lessons and Reason Essentials software, students will create their own digital tracks and songs! They will learn to use the computer in a whole new way and develop their own musical style using Reason Essentials 9, an industry leading music production software!

Class fee is for 3-month access to the self-paced, online course. Start date of your choosing. Course price includes Reason Essentials software. Please note: Software is compatible with MAC or PC. Web-based lessons are compatible with MAC, PC, IOS and Android. *Freshi's educational unit focuses on mentored, kid-directed programs designed for elementary, middle and high school students. Through the very nature of digital media creation, students are forced to develop planning skills, teamwork, and patience. It is a skills-building program that extends into all areas of the students lives.*

DM0411 8/1/17-12/22/17 3-month access \$159



Classroom Music for Little Mozarts

Join Beethoven Bear, Mozart Mouse and their Music friends as they learn about Music in creative, exciting and imaginative atmosphere. This class is a comprehensive approach to musical learning that develops singing, movement and listening skills simultaneously. Parents are welcome to attend this class with their children. *Corkery*

MU234 9/21/17-11/30/17 Thu 2:00 - 2:45pm \$169
No Class 11/23/17
Location: Galina's Music Studio

Healthy Harmonica

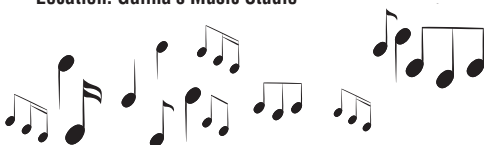
Breathing is our foundation when playing harmonica and for healthy, vibrant living. Take the simplest of pop, folk, and blues rhythms and melodies and invigorate them with simple but powerful breathing. You can make any song deeply expressive! No previous musical ability is required - only a desire to have fun and feel more healthy and alive! Students will need a C major diatonic harmonica which will be available from the instructor for \$13 in class if you do not have one. Age 12-adult. *David Broida*, a professional blues musician and teacher for the past 25 years, loves sharing music with everyone, especially those who don't consider themselves musical.

AL570 10/30/17 Mon 6:00 - 7:30pm \$39
Material Fee (in class) \$15

Beginning Blues Harmonica

If you've always wondered how those amazing sounds come out of a harmonica, here's your chance to learn. Class focuses on both playing and having fun as you are introduced to many of the tricks and techniques. No previous musical experience required. Students will need a C major diatonic harmonica. Instructor will have them available at class for \$13 if you don't have one. *Broida*

AL569 10/30/17 Mon 7:45 - 9:15pm \$39
Material Fee (in class) \$15



Urban Farming including Harvesting and Food Preservation

What does it take to become part of the urban farming movement? What do you need to know about our bay area climates and many other topics to be a successful urban farmer? Are there questions you have about regulations, how to get started, or what kind of animals you can raise in the local urban area? Can you grow medicinal plants in this climate? Straightforward information about meeting city ordinances, choosing what to grow, providing for the growing needs of your plants and animals, novel places to grow vegetables when growing space is limited, and valuable resource lists for when you have a question. Since the class is scheduled for Fall, we'll spend extra time discussing harvesting your produce and how to preserve your food for eating later when your harvest is bountiful. *Carol Faust will share her own resources and experiences running an urban farm for over 40+ years: The Faust Family Farm in Oakdale.*

UG101 11/4/17 Sat 10:00am - 1:00pm \$39
Material Fee (in class) \$10

Community Partnership

Budgeting, Borrowing, Buying, & Beyond

The four B's are essential tools for any homeowner or future homebuyer. Budgeting, Borrowing, Buying, & Beyond. This one day class emphasizes the importance of planning for homeownership. Discuss topics such as: practical monthly budgeting strategies, the importance of credit in the purchase process, loan program types and current qualifying rules. We discuss the contract and other legal documents in the transaction, and the process for finding your home from pre-approval to closing. Learn how to calculate your own affordability and how to choose qualified agents and loan originators. The Tri-Valley Housing Opportunity Center is a Non-Profit Housing Counseling Agency. The tuition fee is per household. *Randi DeHollander is a 25+ year housing industry veteran. She is a trainer, a mortgage originator and a community volunteer in housing opportunities. DeeDee French has been a Realtor for 11 years, broker/owner of Diamond Properties in Livermore. Experienced in first-time home buyer issues, she personally handles transactions from start to finish.*

RE297 10/14/17 Sat 8:30am - 4:30pm \$60
or
RE297 11/18/17 Sat 8:30am - 4:30pm \$60
or
RE297 12/9/17 Sat 8:30am - 4:30pm \$60

Introduction to Essential Oils 101

What are essential oils? What do they do? Are they safe to use? What about for children and pets? Why do restaurants put peppermint candy by the checkout? Why do smells bring back certain memories? Discover how essential oils work to enhance wellness. Explore the ancient and modern ways people have used essential oils to help them stay healthy. Come learn surprising ways to use natural therapeutic-grade essential oils to enhance your life and the lives of your family members and pets. Includes lots of recipes for DIY projects with popular essential oils. *Cox Faust*

H222 9/30/17 Sat 10:00am - 1:00pm \$39
Material Fee (in class) \$8

Save \$Money\$ with Couponing!

Learn how to save \$\$\$ every day. You learn where to find different types of coupons, how to find coupon web sites, how to decipher coupon policies, the best way to sort and store coupons, and how to find the people to trade with. Mandatory \$10 materials fee payable to the instructor at the door. *Krusemark*

EC328 9/21/17 Thu 4:00 - 5:00pm \$20
Material Fee (in class) \$10

Clutterology: Eliminate Clutter in Your Life!

Tired of searching your house for that lost something or stumbling over your stuff? You CAN change your environment to work for you with simple, easy and practical ideas to remove clutter from your life and get organized...BEFORE your epitaph reads: Buried here under this pile. If you feel that your life is being controlled by your STUFF, attend this fun-filled, interactive program where you will learn; the difference between organized and neat; the true cost of your stuff; how to get your name off junk mail lists; a strategy for keep or toss. Bring the following items with you for charitable donation, if you like: empty laserjet cartridges, paperback and hardbound books, one item from your kitchen, and 2 items from your closet. *The instructor is Nancy Miller, Author of the book Clutterology #0-9629944-0-5, past president of the national Speakers Association, Greater Los Angeles Chapter and member of NAPO (National Association of Professional Organizers).*

HG106 10/19/17 Thu 6:30 - 9:30pm \$39
Material Fee (in class) \$30

We have an Early Childhood Development Center at Las Positas College!

At the Early Childhood Development Center, we recognize that the family is the child's first teacher, we believe in partnership with the child and their family is essential and healthy. Integral to our philosophy is recognizing that children are competent learners who develop socially, emotionally, physically, creatively, and cognitively in an authentic learning environment.



Enroll your child today—Toddler and Preschool Programs are available!
Call 925-424-1560 for more information!

ESL Grammar in the Workplace

Do you sometimes use the wrong word, verb tense, or punctuation? Don't let English hold you back. Take this course to improve your grammar, punctuation and writing skills for the workplace. In addition to identifying some common mistakes, you'll learn how to communicate more effectively with your supervisor and coworkers. You will leave the workshop with a list of resources (books, websites, and activities) and an action plan to enhance your skills. *Rae Ann Ianniello is a Human Resources professional, a professor of communication studies, and a published author. In addition to teaching at several Bay Area colleges, she delivers customized training to businesses throughout the Bay Area. Rae Ann holds an M.A. and a B.A. in Communication, two teaching credentials, a certificate in Human Resources Management, and a Master Trainer certificate.*

AL214 10/13/17 Fri 6:30 - 9:30pm \$39

ESL Presentation Skills for the Workplace

Do you dread speaking in public? You are not alone! Even native English speakers struggle with public speaking. This course will help you to overcome your fear of speaking, organize your ideas, and present a more confident presentation. Class activities will focus on developing a strong delivery. You'll learn specific techniques to improve your phrasing, pauses and pronunciation. You will also receive detailed advice from the instructor on how to improve your next presentation. This course can be taken by anyone, but special focus will be on techniques for ESL students. *Ianniello*

AL214 10/20/17 Fri 6:30 - 9:30pm \$39

Beginning Conversational Spanish

Beginning Conversational Spanish starts with language fundamentals including the alphabet, pronunciation, basic vocabulary and grammar rules. Emphasis is placed on simple conversational situations. Students learn sentences and phrases they need to express themselves in Spanish at work and while traveling. Take each class in sequence. Required Text: Practical Spanish Grammar, by Marcial Prado (ISBN: 0-471-13446-5) available online. Please purchase the book prior to the first class meeting. *Aida Moyer has had extensive experience teaching Spanish in Columbia and is currently teaching Spanish at Livermore High School.*

AL110 9/13/17-10/18/17 Wed 7:30 - 9:00pm \$139
continued

AL110 10/25/17-12/6/17 Wed 7:30 - 9:00pm \$139
No Class 11/22/17

Intermediate Conversational Spanish A

Class continues after Beginning Conversational Spanish series. Bring your book back with you to class, and call the office if you will just be joining at this level to get the book name and ISBN prior to class so you can order it online. *Moyer*

AL110x4 9/14/17-10/19/17 Thu 7:30 - 9:00pm \$139
continued

AL110x4 10/26/17-12/7/17 Thu 7:30 - 9:00pm \$139
No Class 11/23/17

Intermediate Conversational Spanish B

Moyer

AL110x4 9/13/17-10/18/17 Wed 6:00 - 7:30pm \$139
continued

AL110x4 10/25/17-12/6/17 Wed 6:00 - 7:30pm \$139
No Class 11/22/17

Advanced Spanish Conversation

Course is designed for people who have completed at least 2 years of Conversational Spanish. A more complex look at Spanish Grammar is a part of this class. Learn even more about different Spanish cultures throughout the world. Improve your reading and comprehension as well. In this conversation course, students will be given the opportunity to communicate using the Spanish they have been learning through former classes. This practice will enhance their travel work and everyday interactions with Spanish-speaking people. Completion of Intermediate 6 is necessary to take this class. You can also enroll with instructor permission. Some book to continue learning! *Moyer*

SP743 9/14/17-10/19/17 Thu 6:00 - 7:30pm \$139
continued

SP743 10/26/17-12/7/17 Thu 6:00 - 7:30pm \$139
No Class 11/23/17

Beginning Conversational Italian

Spend the Fall in Italy (or at least feel like you did!). This class gives participants the opportunity to enrich their travels in Italy, or just nurture their love of Italian. Gain a basic knowledge of the Italian used at markets, shops, restaurants and traveling in general. Each class meeting will also include a discussion on Italian culture. Materials fee of \$5 payable to the instructor at the first class. *A third generation Italian-American, Angelo is passionate about Italian language and culture. He travels to Italy annually to see family and friends. When he's not abroad, Angelo spends his time in the US enjoying Italian conversation, cooking and literature. Angelo began teaching in the LPC English Department in 2015. He has taught at a number of colleges in the Bay Area. Angelo believes anyone who has an interest in Italian can learn it, with practice, and he enjoys teaching students of all ages and abilities.*

AL415 9/15/17-10/20/17 Fri 7:00 - 9:00pm \$159
Material Fee (in class) \$5



Instructor Angelo Bummer in Italy

Estate Planning (Living Trusts)



A Living Trust is the best way to protect your assets, your family, and provide for yourself in the event of incapacity. Learn about the documents to include in your complete estate planning package, including Living Trusts, Pour over Wills, General Durable Powers of Attorney and Advance Health Care Directives. Find out why probate is to be avoided. Discover how to narrow down important decisions such as choosing your guardians for minor children and health care options. See how living trusts are flexible enough to handle special issues like long term care. Have most, if not all, of your estate planning questions answered in plain English. (Expand your knowledge of being named as Executor on a will by taking Rosmary's follow up class called "I've Been Named Executor. Now What?") *Rosmary Bartsch, founded Bartsch Law, Tax & Estate Planning Services, in Livermore in 2004. Rosmary has been an estate planning attorney specializing in Trust Administration for over 11 years. Her tax and business background broaden her abilities to maximize tax advantages and asset preservation in the estate planning arena.*

B426 10/7/17 Sat 10:00am - 12:00pm \$39

I am an Executor or Trustee of a Will. Now What?

Now that you have been named in a will as the executor/trustee of an estate, you may need this hand-on, A to Z class that explains the duties, obligations and liabilities of an executor/trustee. This comprehensive overview of issues, including everything from commencing the probate process through the closing of the estate, is designed to address the concerns you may have when faced with this seemingly overwhelming task. Learn to proceed efficiently and effectively and gain the confidence that comes from being informed. (It can be helpful to take the Living Trusts class prior to enrolling in this class). *Bartsch*

EXT269 10/21/17 Sat 10:00am - 12:00pm \$39

Building Your Financial Portfolio on \$50 A Month

Give yourself the gift of financial security. Investing is open to everyone regardless of sex, race or age, and requires no college or even having a job. It takes very little money, creates passive income, has very low risk and is as easy as writing a check. Learn how to safely turn \$50 a month into \$100,000 using proven techniques and create your own personal retirement fund without paying a broker. This seminar gives you exclusive information and strategies. Optional book for purchase at classroom, \$18. "I was blown away with how easy it was to approach these companies and get into their direct purchase plan. It was fun." (Randy Springer, Glendale, CA) *Bobbie and Eric Christensen have been teaching this class nationwide for 17 years. They are not stockbrokers or financial managers, but are investors just like you. They have been using this method themselves for over 30 years and now have thousands of people successfully creating a safe financial future for their own families. The Christensens are both retired bankers with expertise in economics. They have six books currently that teach about personal finances and economics. www.booksamerica.com*

FP369 9/27/17 Wed 6:00 - 9:00pm \$49

Become Financially Literate—For the Community

There is a great need for financial literacy among college age students but also in general in the community. Everyone could get more information on how to save for retirement, emergencies, down payments, and purchases. Get useful tips on how to better manage your money, improve your savings and investment strategies, and better manage your money. Class is great for everyone in families with young adults. You'll leave with a better understanding of your finances, and how to work with them to improve your financial position. Receive financial tools you can use to manage your finances included in the price of the class. One optional follow up consultation is also included in the price for seminar attendees. *Evelyn has an extensive background in accounting, tax and auditing. She has consulted on internal audit projects for several Fortune 500 firms, including PGE, Bio-Rad Laboratories and Shaklee Corp. This makes Evelyn particularly valuable for small businesses. She also has knowledge to share about personal finance as well.*

FP411 9/19/17 Tue 7:00 - 8:30pm \$20

NEW!

Belly Dance Classes for all ages, sizes and fitness levels.

Belly Dance Basics

Find out why belly dance is the perfect way to get fit, tone up, have fun and make new friends.

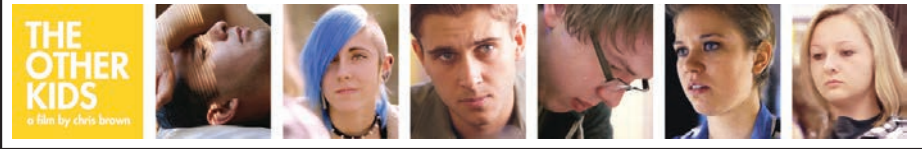
Belly Dance Drills and Thrills

Enjoy this fitness workout based on belly dance moves and combinations.

See page 16.



**Instructor
Sara Shrapnell performing**



The Other Kids Movie: Independent Film Screenwriting Re-imagined

A raw, intimate look into the struggles of six small-town teens on the verge of high school graduation, The Other Kids is a groundbreaking cinematic hybrid of fiction & non-fiction in which real teenagers collaborated with director Chris Brown to tell their own gripping, personal stories.

Acclaimed San Francisco Filmmaker Chris Brown (a Livermore-born graduate of Amador High School) brings his award-winning feature film to Las Positas College. Shot without a script over the course of 18 months in nearby Sonoma, CA, The Other Kids was fueled by the teenagers actors real-life feelings, experiences and struggles. The result is an intimate and unflinchingly honest glimpse into the life of the American teen.

After a screening of the film, Brown will hold a lecture on the unique and fascinating process he used to write this film. There will be ample time after the lecture for question and answers about the film and about Brown's life as a truly independent filmmaker.

"Refreshingly well-observed genuine and relevant"—VARIETY

"Honest and compelling"—SAN FRANCISCO CHRONICLE.

"The Other Kids has the look and feel of a very intimate documentary, much greater sense of authenticity than one finds in most films about teenagers"—HUFFINGTON POST

San Francisco writer/director Chris Brown has been making features and documentaries for well over a decade. In 2015, he co-produced the acclaimed documentary "On Her Own" which premiered internationally at HotDocs and was declared "A must see" by MovieMaker Magazine. "A River Changes Course," the groundbreaking feature documentary that Brown edited and associate produced, won the GRAND JURY AWARD at the 2013 Sundance Film Festival and BEST DOCUMENTARY FEATURE at the 2013 San Francisco International Film Festival. His third fictional feature, "Fanny Annie & Danny" (2010), won 16 awards internationally, was hailed as "an indie masterpiece" by THE HUFFINGTON POST and a "Critics' Pick" by THE NEW YORK TIMES. Brown has lectured and presented his works at many universities, including UCLA, Boston University, Loyola University NOLA, the San Francisco Art Institute, Minnesota State University, CSU Monterey Bay, UM Kansas City, University of Central Florida, and the University of North Carolina School of the Arts.

TOKM101 10/13/17 Fri 7:00 - 10:00pm \$10

NEW!

Hand Tinting Digital Photographs

This 3-hour workshop will cover techniques used to hand tint Digital photographs. We'll work with Pan Pastel and pastel pencils. It will be a day of exploration, creativity and fun! Instructor will provide digital prints and hand tinting materials for you to work with. You may also bring any of your own art supplies or photographs to practice with in class. Class is open to artists/photographers at any level. No experience is necessary. \$10 materials fee payable to the instructor at class. Lisa Rigge has been in adult education for over 15 years. She has been creating art photography for even longer. Her love is hand tinting photographs. She has won numerous local and national photography awards for her photographs.

AL106 12/2/17 Sat 9:30am - 1:00pm \$39
Material Fee (in class) \$10

Learn to Knit and Crochet the Fun, Easy Way!

Get your friends to enroll with you and let's learn Crochet and Knitting. Learn on tension crochet needles and knitting needles of different sizes. Learn skills like: reading a pattern; judge the skill level necessary for a pattern; learn the differences and uses for different yarns. Become a confident crochet or knitting crafter! Materials list is online. Leave the class with a small project completed, and lots of inspiration. Remember, the holidays are coming up. Projects are available that can be used for special homemade gifts for your loved ones. Take this class if you've had no experience, but also take it if you are continuing your study with Joanne. Joann has been quilting and crocheting for 40 years. She's been teaching crafts in the nonprofit world for 20 of those years.

CR521 9/22/17-10/6/17 Fri 7:00 - 9:00pm \$69
and/or
CR521 10/13/17-10/27/17 Fri 7:00 - 9:00pm \$69



Chris Brown

Beginning Drawing

Want to draw - but don't know where to begin? Let this class show you the way! Break out of the talent myth - drawing is a learned skill that anyone can master with knowledge, patience and practice. This class is an excellent introduction to the basic skills you need to learn in order to draw. You will be taught how to see from a right brain perspective and that will open your eyes to the world of drawing. We cover contour drawing, design, sighting and measuring, perspective and shading. Class includes lectures, demonstrations, individual attention to student work, and lots of time to have fun drawing! Ages 17 to adult. Ozell has conducted many drawing and art workshops in the Bay Area. He is currently teaching drawing in Livermore. He studied at the Academy of Art in San Francisco and earned a MA in painting. See more of his work at ozellhudson.com

AL101 9/16/17-10/7/17 Sat 10:00am - 1:00pm \$89
continued
AL101 10/21/17-11/18/17 Sat 10:00am - 1:00pm \$89
No Class 11/11/17

Expanded class descriptions on Website • Classes take place on campus unless noted.

Helping Older Children Become Responsible and Independent

Lack of responsibility is a common complaint of parents of older teens and young adults. We expect our children to get a good education, grow up, and move away from home. Many children struggle with this. Problems may begin with a high school student performing below his ability or may show up after graduation where the child seems unmotivated to work hard in college, learn a trade, or get a job. As parents, there is much we can do to help our children learn to be responsible and become independent. This class will teach you what to do in the teen years to help your child successfully navigate the path to becoming an independent and self-sufficient adult. It will also cover how to help a "failure to launch" child make the difficult transition from adolescence to adulthood (being independent and self-sufficient). As a parent you have a critical role in this process (Suitable for parents of children 13 to 25). *Tom Dozier is a behaviorist and parenting coach, and he has a board certification in behavior analysis. See www.guaranteedpt.com for more information about Tom and the skills he teaches. Tom and his wife Pam have 4 children and 6 grandchildren.*

RF907 11/17/17 Fri 7:00 - 9:30pm \$49

Natural A's

Any student can significantly enhance grades, self-confidence, and chances for scholarships and college admissions by performing academic skills in alignment with the brain's natural patterns. This makes note taking, reading, studying, memorizing and test taking amazingly efficient. Students will also discover simple methods for understanding math and other subjects, optimizing focus and concentration, and preventing test anxiety. Students describe this class as "awesome, necessary, and easy to understand." Parents are encouraged to register and participate with their children. Ages 10 to 17. *Curtis Adney, MS, JD is a life coach, conducts numerous seminars across the Western US, and is the author of a forthcoming book, Pinpoint Your Destiny.*

ACAD251 10/29/17 Sun 9:00am - 12:00pm \$49
Material Fee (in class) \$30

Introduction to Mindfulness

Find out what mindfulness is, and how it can be applied to being a parent. In this introductory workshop, participants will experience a sampling of mindfulness practices, and receive information on how mindfulness is being used to relieve stress, anxiety, depression, and improve self-awareness and mental focus in children, teens and young adults. *Rebecca Stanwyck is a licensed psychotherapist and experienced adult educator who has been teaching mindfulness classes and groups since 2011. For more information, see her website at: www.mindfulness-eastbay.com*

MIN101 9/23/17 Sat 10:00am - 1:00pm \$49



Being a Mindful Parent

In this 4-session experiential class parents will have an opportunity to learn and practice a variety of simple mindfulness exercises, designed to reduce reactivity and improve self-awareness, that can be readily incorporated into daily life as well as easily taught to children and teens. Class discussion will address strategies for solving common parenting challenges with mindfulness. Participants will be encouraged to do home practice, for while mindfulness is not difficult to learn, like everything else in life it requires regular practice for mastery. *Stanwyck*

MP411 10/14/17-11/4/17 Sat 10:00am - 12:00pm \$129

Taking People Pictures

Take your own great family portraits for your Holiday cards, emails and letters! Learn the methods of professional portrait photographers and never go to a studio for your portrait needs again. Included: secrets of studio and natural lighting, posing, clothing as well as many "tricks of the trade." Your pictures will look as good as studio images. Learn how to use common materials to make special effects including soft focus, blurred outer edges, and inexpensive props to make your images unique. Equipment needed: adjustable camera with new batteries, and a small telephoto lens. This is a "hands-on" course, with studio and outdoor sessions. Class is limited to 10 students. Ages 14-adult. *For 15 years Jack Ligon owned and operated a photography studio and has been awarded top honors for his work with executives and lay people alike. His commercial images have been featured in magazines, TV advertisements and countless brochures. Jack is recognized by the Professional Photographers of America for developing unique styles of studio lighting.*

AL267 10/21/17 Sat 9:00am - 4:00pm \$79

The Power of Composition in Photography

Why would a person with two bags of the latest expensive SLR photo equipment struggle to produce a decent picture, whereas their friend using a point and shoot camera, or a phone, capture superior images? In one word: composition! Over my years of teaching I have concluded that the critical factor separating my work from others was my sense of composition. Most people have that sense of what is pleasing, yet they are unable to identify why one images works and another does not. In this class, you will learn some simple yet powerful rules that will transform your pictures from snapshots to "WOW" quality images. Bring a few of your pictures (on flash drive or CD) to the first class to share). Field trip on September 23 from 9:00 to 11:00 am. *Ligon*

PH973 9/15/17-9/22/17 Fri 7:00 - 9:00pm \$59

Learning Your SLR Digital Camer

Do you control your camera or does it control you? If you shoot mostly on AUTO mode, you are only using a very small portion of what your camera. This class will release the potential of what it can do and how you can greatly improve your images. Want to stop being just a snap-shot-taker, and reduce your hundreds of snapshots to just a few quality images, then this is definitely the class for you. Your SLR camera has numerous functions that are obvious but many are hidden. Find out what they are and where to find them. Learn exposure, how to use selected focus, ISO and white balance, how to turn night into day and many other methods that will help you to control and utilize your camera to its fullest potential. Hands on class for beginners and advanced amateur photographers. REQUIREMENT: SLR camera. Bring camera and instruction manual to all classes. *Ligon and Hermes*

PH289 9/25/17-10/9/17 Mon 6:00 - 9:00pm \$119





Craig Kutil

Goshin-Jitsu Las Positas College

Goshin-Jitsu is an eclectic system of martial arts comprised of several other styles blended together into one seamless style. The primary styles incorporated in the system are Danzan Ryu Jujitsu, Kosho Ryu Kenpo, Tenio DeCuerdas Eskrima, Lua Halau O Kaihewalu, Rillamas Serrada Eskrima, and Wa Ko Ryu Jujutsu. Students will be taught how to apply and receive throws safely, apply and escape locks, manipulate joints, control an opponent's balance, strike quickly and effectively, activate nerves, take advantage of vital points, and use and defend against weapons. This course is physically demanding and will require regular attendance and conditioning for progression. The class is open to all members of the community age 16 and older. *Sensei Kutil is a tenured mathematics professor at Las Positas, and the advisor/instructor for the college's Chow-Hoon Goshin Jitsu Club. Sensei Craig Kutil has been studying the martial arts since 1988.*

H216 9/5/17-12/12/17 Tue, Thu 7:00 - 9:00pm \$100

Ultimate Frisbee

This course offers an introduction to the skills of Ultimate and other flying disc sports. The course is designed for all levels of play, ages 16 and up, from beginner to advanced players are welcome and encouraged to enroll! Emphasis is on offensive and defensive tactics, rules, throwing, catching, and diving skills and the spirit of the game. *Matt West has been teaching, coaching and playing Ultimate for 13 years! He has coached many players who range from having gone on to play professional Ultimate in the MLU to others who have won National Championships. He himself is a very accomplished player, currently captaining one of the top 3 coed teams in the country.*

UF101 6/7/17-8/9/17 Wed 7:00 - 9:00pm \$69

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Okazaki Method of Restorative Massage—Elementary Course

A 20-hour course in Okazaki Long Life Restorative Massage, a therapeutic style of massage developed in the late 1920s in Hawaii by Professor Henry Seishiro Okazaki, the founder of Danzan Ryu Jujitsu. This Elementary course will cover the kata or treatment that most patients visiting Okazaki's sanitarium would receive. This method of massage is a full body treatment employing elements of Japanese, Chinese, Hawaiian, and European methods. This course is perfect for Danzan Ryu students seeking to learn the healing part of the system, and for anyone wanting to add more knowledge to their practice. Students are required to bring a set of flannel sheets, a container for massage oil, a towel, notebook and pencil for notes, and clothing appropriate for receiving and giving a massage. *Kutil*

JJ101 9/16/17-9/30/17 Sat 10:00am - 5:00pm \$100
Material Fee (in class) \$20

continued



Intermediate Course

JJ101 10/21/17-10/28/17 Sat 10:00am - 6:00pm \$100
Material Fee (in class) \$20

Bukon Ryu Goshin-Jutsu Seminar taught by Shihan Craig Kutil

Shihan Craig Kutil will be teaching various techniques of Bukon Ryu Goshin-Jutsu, a system comprising elements of Jujutsu, Eskrima, Kenpo, and Lua. The schedule is as follows: 11:30-12:00 pm Check-In/Registration 12:00-4:00 pm Instruction This seminar is open to all ranks and styles. For a biography of the instructor, please click on the name Kutil below (listed as the Instructor) *Kutil*

SE102 10/7/17 Sat 12:00 - 4:00pm \$20

Tenio's DeCuerdas Eskrima Seminar hosted by Shihan Craig Kutil

Guru Craig Kutil is honored to offer a day of intense training from an internationally known master of Tenio's DeCuerdas Eskrima: Grandmaster Arthur Gonzalez. The schedule is as follows: 11:30-12:00 Check-In/Registration, 12:00 Bow In, 12:00-4:00 Instruction, 4:00 Bow Out. This seminar is open to all ranks and styles. *Kutil*

SE102 12/2/17 Sat 12:00 - 4:00pm \$20

Fencing—Foil and Epee for Teens and Adults (Ages 14+)

Class for beginning and intermediate fencers. Class will consist of warm-ups, drills and sparring, with an emphasis on learning and developing skills. You can rent equipment from the instructor one time, for use in both sessions, and the \$20 charge is payable to the instructor at class. Required equipment is a fencing jacket, mask, glove, and foil. An underarm protector is highly recommended. Wear non-marking athletic shoes that are not used for outdoor sports, and athletic pants. No jeans or short pants. *Stephen Murray began fencing in 1984, and began competing seriously in the late 1990s. He first learned to fence Sabre, but after about 15 years switched to primarily fencing foil and epee. He competes frequently in local events, and has competed several times at the US Fencing Summer National Championships. Stephen began formally coaching in 2001. He has taught at Las Positas College.*

H102B 9/11/17-10/16/17 Mon 6:30 - 8:30pm \$179
Material Fee (in class) \$20

continued

H102B 10/23/17-12/4/17 Mon 6:30 - 8:30pm \$179
No Class 11/20/17
Material Fee (in class) \$20

Activity and Wellness

Fencing—Competitive Foil and Epee for Teens and Adults (Ages 14+)

Foil and epee competitive practice for teens and adults. Class consists of warm-ups and some drills, but the main focus will be on competition practice. Intended for students who plan to complete. Open **ONLY** to students who have taken at least two fencing classes, and who have their own equipment. *Murray*

H102B 9/14/17-10/19/17 Thu 8:15 - 9:45pm \$179

continued

H102B 10/26/17-12/7/17 Thu 8:15 - 9:45pm \$179
No Class 11/23/17

Beginning Fencing for Kids (8 to 13) Level II

This class is a continuation of the Beginners program for those fencers who completed the Beginner's Summer camp with Coach Sophie. *Sophie Rheinheimer is the founder and senior coach of the Las Positas Fencing Center. Sophie has fenced competitively at both the national and international levels. She won a bronze medal at the 1998 Nike World Master Games and was a member of the USA team competing at the 1999 and 2000 Veteran's World Fencing Championships in Siofok and Godollo, Hungary. Sophie is also a founding faculty member at LPC, where she began teaching PE in 1975. She began teaching fencing classes at LPC in the early 1980s, and founded the Fencing Center in 2002.*

H102C 9/6/17-10/18/17 Wed 4:00 - 6:00pm \$229
Material Fee (in class) \$20

BACK BY
POPULAR DEMAND

Beginning Fencing for Kids (8 to 13)

Engarde! Parry! Riposte! Course for beginners (AGES 8 to 13) and is an introduction to the wonderful world of fencing. Class emphasizes conditioning and footwork, along with correct blade action. Equipment rental for the week is \$20.00, and equipment is rented the first day of class. Students must bring a pair of non-marking athletic shoes that are only worn inside the fencing room. No outdoor shoes are allowed. All fencers should bring a water bottle. No other liquids are allowed. Limit 12 students. *Rheinheimer*

H102C 10/14/17-11/4/17 Sat 9:30 - 11:30am \$129
Material Fee (in class) \$20

Competitive Fencing—Foil

Intensive physical training program for fencers who are currently competing, or desiring to start. At least one year of fencing experience is required, and with permission of the coach. *Rheinheimer*

CF823 9/5/17-10/19/17 Tue, Thu 6:30 - 8:00pm \$199
continued

CF823 10/24/17-12/14/17 Tue, Thu 6:30 - 8:00pm \$199
No Class 11/21/2017, 11/23/2017

Competitive Fencing—Epee

Intensive physical training program for fencers who are currently competing, or desiring to start. At least one year of fencing experience is required, and with permission of the coach. *Rheinheimer*

CF823 9/5/17-10/19/17 Tue, Thu 4:30 - 6:00pm \$199
continued

CF823 10/24/17-12/14/17 Tue, Thu 4:30 - 6:00pm \$199
No Class 11/21/2017, 11/23/2017

NEW!

Belly Dance Basics

Find out why belly dance is the perfect way to get fit, tone up, have fun and make new friends. Learn about this joyful and often misunderstood dance style through a mix of technique, combinations, history and an emotional connection to the music. No previous dance experience needed, open to all ages, sizes and genders. *Sara Shrapnell is a belly dance teacher, writer and performer, originally from the UK but now based in Pleasanton. She has taught belly dance full time for the last 17 years, written two books on belly dance, and performed in theatrical settings, restaurants, showcases, weddings and other family gatherings.*

H565 9/18/17-11/13/17 Mon 7:00 - 8:00pm \$99

NEW!

Belly Dance Drills and Thrills

Enjoy this fitness workout based on belly dance moves and combinations. Each week we will drill key belly dance moves tone our muscles and increase our range of motion. Then your creative input is needed to put together interesting combinations that we can use to travel the floor. Completion of Belly Dance Basics is strongly suggested. (Or taking it at the same time) *Shrapnell*

H565 9/18/17-11/13/17 Mon 8:00 - 9:00pm \$99

Community Partnership

Self Defense for Women

Class is designed to empower girls to prevent crime and victimization, break the myths surrounding violence against women, and develop simple, easy-to-use self-defense techniques. This class is offered in conjunction with our community partner, Tri-Valley Haven. Most of the registration fee for this class is shared with them, in support of their mission: Tri-Valley Haven creates homes safe from abuse, contributes to a more peaceful society one person, one family, one community at a time. Together, we build a world without violence. Enrollment is limited to 25. Ages 14 to adult. *Carole Staehle is on staff at Tri-Valley Haven.*

H105 8/12/17 Sat 10:00 am - 1:00pm \$25
or
H105 11/11/17 Sat 10:00 am - 1:00pm \$25

Is the Sound of Others Chewing a Problem for you? That's Misophonia

Misophonia or Selective Sound Sensitivity Syndrome is common but mostly unknown. It affects 10-15% of adults, and usually begins in childhood. With misophonia, a person hears a common sound, such as another person eating, and is immediately filled with anger (and sometimes disgust). Misophonia includes similar extreme responses to visual stimuli, such as the sight of a person chewing or a person jiggling their leg. This class will help you understand misophonia and effective management techniques. Current treatment options will also be discussed. *Dozier*

MIS411 11/18/17 Sat 7:00am - 9:30pm \$39

Certification and Professional Development Courses

BUSINESS

ONLINE

Certificate in Sales

Social media and digital technologies, when understood and leveraged effectively, can enable you to find new clients and motivate these clients to take action in more efficient and strategic ways. Whether you are a beginner new to the sales process or a seasoned professional who loves selling, understanding the basic steps of sales and freeing your mind of negativity is the foundation to your business success. Gain a better understanding of the importance of the sales function and learn new skills in relationship management, prospecting, customer management, and delivering a compelling sales presentation. Move yourself or your sales team to increased success.

3 one month classes, September 5 to December 1

\$495

www.laspositascollege.edu/commed

ONLINE

Certificate in Accounting and Finance for Non-Financial Managers

Every successful person in the workplace utilizes financial information to aid effective decision making. The Certificate in Accounting and Finance for Non-Financial Managers explains the financial concepts and accounting processes used in most businesses and will provide practical techniques that will increase your effectiveness and career.

Three one-month courses. September 5 to December 1

CEUs Available, \$495

www.laspositascollege.edu/commed

ONLINE

Product Prototyping On a Budget

Creating a prototype of a product used to be a very expensive proposition. Now, however, with the availability of consumer-level 3D printers and relatively easy-to-program custom electronics controlled by processors like the Arduino, it is possible to prototype many types of products yourself. This certificate consists of two classes; either one can be taken first. 3D printing can be used to create product mockups quickly, and is particularly useful for things like seeing how something feels to a user, seeing how a piece will fit with other existing pieces, and the like. It is still very difficult to scan an existing object and create a copy, and the class will talk about where the technologies stand for the areas that are not easy (yet). "Maker" electronics include microprocessors like the Arduino, which have a free and open source ecosystem of software and compatible sensors that will allow you to create interactive prototypes that can detect motion, sound, light, and so on, or control moving parts. There are even sewable versions of these processors that can be integrated into garments or other fabric products. Taken together, these two classes will give you the skills to get started with these two aspects of lowcost prototyping, and give you an idea of what is possible and where to learn even more skills going forward.

2 one month classes, Sept. 5 -29, and Nov. 6 - Dec. 1

\$395

www.laspositascollege.edu/commed

ONLINE

MOST
POPULAR CERTIFICATE

Certificate in Data Analysis

Data Analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. Add a whole new skill set to your portfolio, and make a big difference in the success of your organization by acquiring data analysis skills. Begin with getting a basic understanding of how to analyze data in a business setting. Then learn how many of your business decisions involve comparing groups for differences. You will know the statistics behind these group differences and relationships. Finally you will find out how to perform inquiries that will be useful to your business or organization, and have the skill necessary to communicate these results through graphs and text that your fellow employees will understand. Whether your business is home based or a large company, this certificate will take you to the next level where important decision-making is concerned.

Three one-month courses, September 5 to December 1

3 Graduate Credits are available as an option for this class.

\$495

www.laspositascollege.edu/commed



BUSINESS COMMUNICATION

ONLINE

Certificate in Customer Service

Customer service is now essential for business and all work organizations. With the increase of technology, human interaction with customers becomes all-the-more important. Whether it relates to retaining customers, serving your audience, or turning inquiries from potential customers into sales, good customer service is now one of the central factors in organizational success. Learn to improve your customer service skills to enhance your career skill set, improve productivity, and increase your organization's success. You will also take away some extraordinary customer service techniques you won't find anywhere else.

Two one-month courses. September 5 to October 27

\$245

ONLINE

Spanish for Medical Professionals

Are you frustrated by the communication gap that can occur between you and your Spanish-speaking patients? If you answered yes, this Spanish class - designed specifically for healthcare professionals - will help you bridge that gap. You will practice the basic, practical language skills needed to effectively communicate with your Spanish-speaking patients and their families. You will learn the basics of the language, gain an understanding of the culture, and know how to ask the questions crucial to quality healthcare. Whether you speak some Spanish and need a refresher, or speak no Spanish, you will complete the course with the skills you will need to effectively communicate with your Spanish-speaking patients.

Two month course, September 5 to October 27

\$145

www.laspositascollege.edu/commed

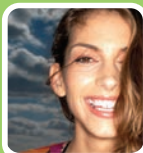
Expanded class descriptions on Website • Classes take place on campus unless noted.

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Fees Start
at Just
\$99

I want to learn!



Online learning anytime, anywhere ... just a click away!

Stocks, Bonds, and Investing: Oh, My!

Make wise investment decisions so you have enough to live comfortably through your retirement.

Introduction to Quickbooks

Learn how to quickly and efficiently gain control of the financial aspects of your business with this powerful accounting software program.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Administrative Assistant Fundamentals

Prepare to take advantage of the many new job opportunities in health care, legal services, and other industries.

Explore a Career in a Dental Office

Discover the wide range of dental office careers open to you, master basic dental anatomy and terminology, and learn how dental professionals create healthy smiles.

Medical Terminology

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Solving Classroom Discipline Problems

Veteran teacher reveals the secrets to an orderly classroom. A step-by-step approach to effective, positive discipline.

Creating WordPress Websites

Learn how to use WordPress, a free and popular Web design tool, to quickly and easily create attractive blogs and interactive websites.

Keys to Successful Money Management

Certified financial planner shows you how most wealthy people build their fortunes.

Become a Veterinary Assistant

Practicing veterinarian prepares you to work in a veterinary office or hospital.

Introduction to Illustrator

Learn to create vector graphics and add amazing effects using Adobe Illustrator

Effective Selling

Learn the secret to converting a potential customer into a long-term asset. Find out how to lay the groundwork for repeat business and your future success.

A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

Project Management Fundamentals

Gain the skills you'll need to succeed in the fast-growing field of project management.

More Courses Available!

www.ed2go.com/lpccommed

Certification and Professional Development Courses

ONLINE

Certificate in Workplace Communication

Good communication in the workplace is more important than ever. And critical to your career advancement and success. Come get a comprehensive and intensive preparation with skills and techniques you can put to use on Monday morning. Take back a workable conflict management model, along with successful and practical conflict management strategies. Then work with a pro to learn how to improve your negotiation skills for a win-win outcome, including helping others to get what they want, so you get what you want. Finally, find out more about yourself and others using personality profiles for better work performance. You will be learning from some of our more popular instructors, and taking away new how-to skills that work.

Three one-month courses. September 5 to December 1
\$595



Management

ONLINE

Certificate in Non-Profit Administration

Non-profits today need to be run like a business in many respects. You have competition, a need to generate income and a surplus, and staff need to be even more productive. Get the best training on revenue generation for nonprofits, and program evaluation for nonprofits, with our Certificate in Nonprofit Administration. You will come away with the latest best information from instructors who train people in nonprofits.

One two-month course. September 5 to December 1
\$595

ONLINE

Management Certificate

Enhance your management skills through this program for supervisors, managers, and emerging leaders. Nothing creates success like a solid foundation. Discover the keys for effectively managing your employees. Find out how to create clear expectations, engage and motivate employees, and increase your effectiveness. Then learn how to improve your management of time and productivity. Time is even more valuable in this century than in the last. Get tips and techniques you won't get anywhere else for managing time and increasing productivity. Finally, get the keys to manage different generations in your workplace. Discover what motivates each generation at work, what incentives they respond to, and what messages they value.

Three one-month courses. September 5 to December 1
3 Graduate Credits are available as an option for this class.
\$595

ONLINE

Certificate in Project Management

In today's business environment, there is a need for good project management. Project management provides visibility of project health to the business and the customer. Through continuous monitoring, early detection of variations to plan, schedule, and budget can be communicated to stakeholder for quick resolution, including project cancellation. Project management is one of the fastest paths to promotion by increasing your network through greater exposure. You will have the skills, tools and templates to confidently develop and maintain a project. An overview of salaries, certification costs, education and experience requirements are provided. We hope you will choose Project Management as a career. Prerequisites: Basic knowledge of MS OFFICE PROFESSIONAL (Outlook, Excel, PowerPoint & Project)

Three one-month courses September 5 to December 1
CEUs Available, \$495
www.laspositascollege.edu/commed

New Media Marketing

ONLINE

Digital Marketing Certificate

Come get a fundamental yet advanced introduction to eMarketing, including improving email promotions, analyzing your web site traffic, doing search engine optimization, and how to successfully employ online advertising. Relevant for any type of organization, including businesses, companies, non-profits, and government agencies. No eMarketing experience or expertise is necessary. If you are already at an advanced level, your instructors are experts and can provide the latest most advanced information and answer your toughest questions.

Three one-month courses, September 5 to December 1
CEUs Available, \$495
www.laspositascollege.edu/commed

NEW!

Computer Classes for Kids

Digital Music with Freshi Learning Online (FLO), page 9
Programming with Progressive Kids, page 4



Expanded class descriptions on Website • Classes take place on campus unless noted.

Certification and Professional Development Courses

ONLINE

MOST POPULAR

Mobile Marketing Certificate

The way consumers are interacting with brands and connecting to the world is changing because of mobiles. Find out about location-based marketing, mobile payments, QR codes, applications, and mobile coupons. You will learn how mobile marketing can increase your capabilities to retain current customers and gain new ones. Then get step-by-step instructions on how non-technical users can build, deploy and market smartphone applications across Android, iPhone and Blackberry platforms. Finally, get the knowledge needed to implement a mobile marketing plan for your organization. Find out about proximity marketing, mobile marketing metrics, and developing a mobile marketing campaign.

Three one-month courses. September 5 to December 1
\$595

www.laspositascollege.edu/commed

SOCIAL MEDIA FOR BUSINESS

ONLINE

Managing Social Media Platforms Certificate

Different social networks have distinct characteristics, different features, and are used to develop a two-way communication and marketing strategy for your organization. Get a skill set for working and managing different social media platforms. Then find out what you can be doing, what you should be doing, and take back a plan to integrate social networks into your communication and marketing. You will get a firm foundation in Twitter, LinkedIn, and Facebook platforms. Come away with both an understanding of these social networks and practical, how-to techniques to integrate social networks into your organization or business. Your instructors are outstanding practitioners who also speak, write, and train others on social networks.

Three one-month courses. September 5 to December 1
\$495

www.laspositascollege.edu/commed

ONLINE

Social Media for Business Certificate

Get in on this exciting and growing way to communicate market and serve your customers and clients. For businesses, nonprofits, government, and other organizations. From Facebook to Twitter, blogging, YouTube, LinkedIn, and more, discover the new principles of communication that apply across all networks and how these specific social networks work and the possible uses for your organization. Learn how social networks are used to develop a two-way communication and marketing strategy for your organization. Then find out what you can be doing, what you should be doing, and take back a plan to integrate social networks into your communication and marketing. Whether you are new to social networks or already involved, you will come away with both an understanding of social networks and practical, how-to techniques to integrate social networks into your organization or business. Your instructors are outstanding practitioners who also speak, write, and train others on social networks.

Three one-month courses. September 5 to December 1
3 Graduate Credits are available as an option for this class.
\$495

www.laspositascollege.edu/commed

Did you know you can take a regular credit-granting classes at Las Positas college without being a full time student?

Just apply to the college here:

<http://www.laspositascollege.edu>

and follow the steps to enroll.

Then you can enroll for fun classes like
Hip Hop Aerobics, Fitness Walking,
Pilates and Photography.

Classes are only \$46 per unit (plus student fees) and last for 17 weeks. Most Kinesology activity classes are only 1.00 unit!

Call Admissions and Records with questions: 925-424-1500



INTRO TO DIGITAL PHOTOGRAPHY

PHTO 56 WE1 1.50 CRN 21184

Basics for the beginner's use of digital cameras, film and flatbed scanners; use of Adobe software for image adjustments. Exploration of digital photography compared with traditional photographic approaches and processes. Operation of Adobe digital imaging software for preparation of web site photos and print output, in both black and white and in color.

Aug. 16, 2017-Dec. 19, 2017 Sat 9:00 - 09:50am

Aug. 16, 2017-Dec. 19, 2017 Sat 10:00 - 11:50am

Material Fee (in class) \$20

Instructor: Jason Anaya

BLACK & WHITE MATERIALS & PROC

PHTO 60 093 3.00 CRN: 21430

Using exposure/development controls related to black and white negative materials. Development of intermediate/ advanced print making skills. Emphasis on visual and critical problems related to black and white photography. Prerequisite: Photography 50 (completed with a grade of "C" or higher).

Aug. 16, 2017-Dec. 19, 2017 Tue. 6:00 - 7:50pm

Aug. 16, 2017-Dec. 19, 2017 Tue. 8:00 - 8:50pm

Aug. 16, 2017-Dec. 19, 2017 Thu. 6:00 - 8:50pm

Instructor: Deanna Horvath

HOW TO REGISTER FOR COMMUNITY ED CLASSES

- A. There are three ways to register:
1. Online with a credit card at:
www.laspositascollege.edu/communityed
 2. By phone at 925.424.1467 with a credit card
 3. By mail with a credit card or check payment and the registration form in this brochure

Non-Campus
locations will be listed
or marked "online".



Scan this code to go to
our registration website.

- B. Register early to ensure your place in a class. Walk-ins are welcome unless otherwise noted; however, please note that if you plan to walk-in the day of class, please pay by check or cash only! Credit cards are not accepted at the classroom. Please call us before you come to the college to attend class to make sure the class is being taught and to receive the room number: 925-424-1467. Or, check the website. Registrants receive room numbers on their email confirmations.
- C. Registration confirmations are sent via email only. Please provide an email address when registering if you want a confirmation of enrollment.
- D. Refund Policy: Refunds are not given for Community Education courses except when a class is cancelled. In the event of a class cancellation, full refunds will be given.
- E. Parking on campus is by permit only. Daily parking permits are available for \$2 from machines in each parking lot.
- F. All classes meet at Las Positas College campus unless otherwise noted!



CUT ALONG DOTTED LINE

Please mail to: Community Education, Las Positas College, 3000 Campus Hill Drive, Livermore, CA 94551

Make checks payable to: Las Positas College

Today's date

e-mail (to receive a confirmation you must provide an email address)

Name (please print)

age

Address

City

State

Zip

Phone (day)

(evening)

Course #	Course Title	Date	Time	Fee

Check payment type ☐ Visa ☐ Mastercard ☐ Check please write check #

Card number

Expiration date

Signature

Cardholder billing address if different than above

I hereby release, discharge and absolve and agree to indemnify chabot/las positas community college district and its employees from any and all liability for injuries and illness that may occur while participating in the program. I hereby give my consent for college personnel to authorize any and all emergency medical and dental treatment. Unless otherwise indicated, i consent to the college's use of any photographs or video that are taken of me or my child while participating in this program for use in publicity materials.

Student signature

Parent/guardian signature if age 18 and under



HAWKS ATHLETICS

<http://athletics.laspositascollege.edu>



Award Winning College Sports Teams

are playing right here in Livermore.

Come out and support the Hawks at a home game!

Get behind the winning team!

HOME GAMES

WOMEN'S BASKETBALL

November

Thu-Sat	9-11	Hawk Classic
Thu-Fri	16-17	Shootout
Tue	21	Cabrillo

January

Wed	3	Ohlone
Wed	17	City College SF
Fri	19	Chabot
Wed	31	San Jose CC

February

Fri	2	San Mateo
Fri	16	Skyline

MEN'S BASKETBALL

November

Thu - Sat	2-4	Tony Costello Tip-off
Wed	22	Gavilan

December

Wed	6	Hartnell
Fri	15	Folsom

January

Wed	3	Ohlone
Wed	17	City College SF
Fri	19	Chabot
Wed	31	Foothill

February

Fri	2	Canada
Fri	16	Skyline

CROSS COUNTRY

September

Fri	15	1st Annual LPC Invitational
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WOMEN'S SOCCER

August

Fri	25	Cyprus
Sun	27	Irvine

September

Fri	8	Canyons
Fri	29	Hartnell

October

Tue	10	Canada
Tue	24	West Valley
Fri	27	Evergreen Valley
Tue	31	Ohlone

November

Fri	10	Foothill
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MEN'S SOCCER

August

Fri	25	Merritt
Tu	29	Fresno

September

Fri	1	Lassen
Tue	5	Butte
Tue	19	Modesto
Fri	22	Taft
Fri	29	Monterey Pen.

October

Tue	24	Foothill
Fri	27	Ohlone
Tue	31	Evergreen

November

Tue	7	West Valley
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MEN'S WATER POLO

September

Wed.	20	Merced
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October

Wed.	4	De Anza
Wed.	11	Ohlone

WOMEN'S WATER POLO

See website under women's water polo

**GO
HAWKS!**

SNACK BAR COUPON

bring this coupon
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any home game for a

FREE TREAT!

Redeemable only at home games at LPC
Expires 2/16/18 • No cash value

Visit <http://athletics.laspositascollege.edu/landing/index> for times and information on each game.

Preparing for Industry Certification Online!



Online Career Training Programs

Our career training programs can start you on a path to an in-demand profession or help advance your current career with industry certification. You may begin these programs at any time and learn at your own pace. Upon successful completion of all coursework, you will receive a certificate of completion.

Features:

- 6-18 month self-paced, start anytime
- Textbook and materials included
- Prepare for industry certification
- Certification exam vouchers are included in some instances
- Financial assistance available in some instances
- Student advisors provide you coaching, motivation, and career readiness support

Other Program Categories:

- Business and Professional
- Healthcare and Fitness
- IT and Software Development
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial

All materials are included in the program fees. Each course has an instructor assigned to answer questions and solve student problems.



Certified Bookkeeper

The certified Bookkeeper Online Training Program helps professional bookkeepers earn prestigious American Institute of Professional Bookkeepers (AIPB) certification.



Certified Wedding Planner

340 hours

This comprehensive program covers everything an aspiring wedding planner needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will provide all the knowledge you need to work as a professional wedding planner and start your wedding planning business.



Payroll Practice and Management (Voucher included)

100 hours

Become knowledgeable in all facets of payroll rules and regulations, and join one of the fastest-growing career fields today.



Legal secretary

350 hours

Master the skills you need to be a legal secretary and prepare for the National Association of Legal Professionals (NALS) Accredited Legal Secretary (ALS) exam.



NASM Certified Personal Trainer and Exam Preparation

This online program will help you pass the NASM exam and earn your NASM Certified Personal Trainer certification, one of the most respected certifications in the fitness industry.



Optician Certification Training

150 hours

Master the skills you will need for a successful career as an optician and prepare yourself to take the AO certification exam.



Paralegal

300 hours

This program will prepare you for success in this growing career field. You'll learn about the American legal system, how to conduct legal research and legal interviews, how to perform legal analyses, and more.



Certified National Pharmaceutical Representative

190 hours

Learn the skills necessary to become a pharmaceutical sales representative. The program covers pharmacology, medical terminology, physiology, and regulations for selling pharmaceuticals.

**To Enroll or learn more,
visit or call us at
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www.ed2go.com/lpccommed



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a CHRIS BROWN film starring SAVANNAH DAILEY HUNTER GILMORE KAI KELLERMAN SIENNA LAMPI NATASHA LOMBARDO JOE MCGEE
ISAAC SANCHEZ and ABBY STEWART executive producers JEFF BAKER CHRIS BROWN JUDDY BROWN RAY BROWN CORY BYTOF
and MARGARET WALLACE producers BRAD MARSHLAND JILL PYLEY JONATHAN SANFORD associate producers LIZ KELLEY KALYANEE MAM
sound editor ANTOINETTE FENLEY production manager LIZ KELLEY consulting producer ROBERT HANIK written, directed & edited by CHRIS BROWN ©2016 CB FILMS

Exclusive Tri-Valley Screening

October 13, 2017 7:00 - 10:00 pm \$10

Barbara Fracisco Mertes Center for the Arts
(Registration required)

Followed by time for audience questions and
a talk about the film's unique screenwriting process.