### CLASSIFIED CONNECTIONS

#### November 2005

LPC Classified: Supporting the Students, Faculty and Administration of Las Positas College

#### LPC Classified Senate 2005-2006

TODD STEFFAN
President

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Vice President

OPEN
Activities Coordinators
RONI JENNINGS
Treasurer
SHARON DAVIDSON
DORIS SCOTT
VIRGINIA EDWARDS
ANNE LOYOLA
Senators

#### Save these Dates!

#### December 15

Full Moon Holiday Potluck 11:30 a.m. -1:00 p.m. Staff Lounge

January 26, 2006

Classified Senate Meeting 2:30 p.m. Room 1603



Connecting With Someone New

We have a new **PE/Athletic Assistant**, **Bill Eddy**, who is working in the **PE Building**. He is in Room PE 131 and his phone # is 424-1282. Bill enjoys fishing, golfing and playing hockey, spending time with family and traveling to Santa Cruz.

We have a new **Photography Lab Tech**, **Deanna Horvath**, who is working in Room 311. Her phone # is 424-1285. Deanna has had her freelance still photography work

published in *Scientific American*, *Wired*, *New York Times* and *USA Today*. She enjoys road trips and concerts.

We have a new **Physics/Engineering/ Astronomy & Geography Lab Tech, Bryan Loyola,** who is working in Room 1824. His phone # is 424-1339. Bryan is planning to take flying lessons and enjoys traveling, concerts and museums.

We have a new **Counseling Assistant Monica Koller** who is working in Room 713. Her phone # is 424-2108. Monica enjoys hiking, and she reached the top of Kilimanjaro in January of this year.

Welcome to you all. We hope you enjoy your time with us!



On Friday, October 14, more than thirty of us met at the Livermore Library for the morning session of our Flex Day. Jeff Baker, Dean of Student Services, explained that the college was one of eight community colleges chosen to participate in "Campus Change Network" sponsored by California Faculty, staff, Tomorrow. students administrators are working together to create and implement ways to increase student success at LPC in the basic skills courses as well as provide a welcoming and encouraging environment to people from all backgrounds.

Mr. Baker explained that "California's future economy will depend on the children and

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grandchildren of recent immigrants. Their education will determine whether the state's income and tax revenues will grow rapidly or slowly."

The classified staff divided into small work groups to discuss what diversity means to each of us personally and how interactions with diverse students/people have affected our lives. We are encouraged to participate and get involved in this new campus experience.

Tami Anatasia, a health & fitness counselor, spoke on getting started and staying motivated on the path to a more healthy way of living. She encouraged us to get moving for reasons other than losing weight. While leading us through strengthening exercises, she explained that small amounts of exercise could be as beneficial as long routines. Tami said that it is important to vary your routine and keep in mind that your physical and psychological condition varies from day to day, as an exercise program should be changed to accommodate your life.

After lunch at Alden Lane Nursery, Jackie Williams-Courtwright, daughter of the founders of Alden Lane, shared the history of the nursery and then spoke about various nursery items describing their use in the garden and answering questions as they arose. We had a wonderful time and I'm sure many of us went home with items to beautify our gardens and our homes. What a great social **and** educational afternoon!

# A Little of this and a little of that....



### Places to Go

Sycamore Grove, Livermore

Sycamore Grove Regional Park, 1051 Wetmore Road

Just two miles from downtown Livermore, Sycamore Grove is what I consider a piece of heaven. Near the parking lot, you will find restrooms and drinking fountains, (very important if you have little ones). Dirt trails and a curving paved path lead off to some very peaceful open spaces. It is a wonderful place to walk, run, or stroll. Because of the paved path, many families enjoy this park with little ones in strollers or on bicycles. If you follow the paved path to its end (2.5 miles later) you will arrive at Veterans Park. Park elevation ranges from about 450 to 950 feet. On one visit to the park, we saw over 15 different species of birds (including redtailed hawk and snowy egret) and a family of deer while following the dirt trail that leads off to the left just before the restrooms. The park is open from 7am to sunset. Some trails are multi-use, others are open to hikers and equestrians only, and a few are hiking only. Dogs are permitted, on leash only. A parking fee of \$2 is collected at the entrance.



#### **November**

- 12 Alexandra Crosetti
- 15 Andi Schriebman
- 20 Karen Zeigler
- 21 Don Sauger
- 24 Sharon Cadwalader
- 27 Cindy Balero

#### December

- 6 Alice Moyer
- 8 Bryan Loyola
- 14 Lilia Camino
- Fran Engelke
- 27 Greg Johns
- 30 Virginia Edwards
- 31 Barbara Stuart

#### January

- 15 Saudra Ashburn
- 18 Donna Hawkinson
- 19 Giovanni Ortiz
- 29 Cheryl Rothman

If you would like to be added to the birthday list, please send a note to Sharon Davison.

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## And the winner is.....

**Doris Scott** for the 50th Anniversary Basket for the Classified Senate Scholarship Fundraiser. Mousekateer Mary Straight pulled the lucky entrant, and \$270 was collected for our scholarship fund.

On behalf of the Classified Senate, **thank** you everyone for participating in this worthy fundraiser with a special thank you to Mary Straight for making that trip to Disneyland!



For their excellent work on behalf of our campus, Chancellor's Awards have been presented to:

Stan Barnes
Sharon Cadwalader
Lilia Camino
Steve Gunderson
Bob Kint
Karen Kit
Martha Konrad
Ron Ribali
Tessie Rabon
Andi Schreibman
Carl Yamasaki

Congratulations to you all! This award is a **very** special honor.



It's that time of year again!

Our local holiday elves are in planning mode for the holiday party.

Saturday, December 3 -- 6:00 - 11:30 p.m. at the Elks Lodge located at 940 Larkspur Drive, Livermore. Contact Lilia Camino......It's time to rsvp! X1184



A benefit for all college employees is the employee assistance program CONCERN.

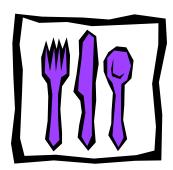
They offer free, confidential counseling and referral services for you and your family. CONCERN can help you with legal questions, parenting resources, stress, depression, grief and loss, relationship problems, alcohol or drug abuse, money management, and older adult services. You can contact them through the following phone numbers or web site.

650-940-7100 \* 408-223-4050 \* 800-344-4222

www.concern-eap.com

They have a wide range of services. *Check them out!* 

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#### Restaurant Notes:

One weekend not too long ago, Sharon Davidson and her son visited a restaurant in San Francisco, which is reviewed below. Ask her about her experience.

#### All You Knead

1466 Haight Street San Francisco (415) 552-4550

Below is a review found on the Internet. It sounds like a great place if you find yourself in the Haight District of San Francisco.

All You Knead is the first place we think of when we feel like going out to breakfast. HUGE portions, yummy food, low prices, fast and friendly service ... what more can you ask for? I've loved every omelette, scramble or crepe I've tried. The weekends can get a little crowded but the tables turn over fairly quickly. I wouldn't recommend this place for dinner (the dinner food seemed to be like something you'd find in a school cafeteria), but if you're not in the mood for breakfast, their salads and sandwiches are delicious too.

#### Web News

A web site you can use when you are purchasing items on the World Wide Web is RESELLERRATINGS.com.

ResellerRatings.com lets you compare prices and read real customer reviews of businesses on the web. It's like the seller feedback you find on ebay.

Here is the promised cookie recipe from Doris Scott!

#### **BRANDY SNAPS**

About Twenty 3 1/2-inch Cookies

Preheat oven to 300 degrees.

Stir over low heat:

½ c. butter

½ c. sugar

1/3 c. dark molasses

1/4 tsp. Ginger

½ tsp. each cinnamon and grated lemon or orange rind

Remove from heat and add:

1 c. all-purpose flour

2 tsp. brandy

Roll into ¾ inch balls (I found the dough was too soft, so I just dropped it onto an ungreased cookie sheet. If you let it cool for a while they will probably roll I have always been in too big a hurry)

Bake for about 12 minutes. (The dough will spread so leave plenty of room) Remove cookies from pan, after a minute or so, with a spatula. Roll over a wooden spoon handle. (You have to roll the cookies at just the right time, if they are too hot the roll will flatten out and if they are too cold they will not roll. It's a little trial and error)

After they cool, store in a tightly covered tin. Fill with slightly sweetened whipped cream no more than two hours before serving.

