



**2-3:30pm**  
**via Zoom**

Zoom links listed below



**BEHAVIORAL  
HEALTH  
WORKSHOP  
SERIES**

## **9/8/21: Impact of Depression and Anxiety on Academic Performance**

Join Zoom Meeting

<https://zoom.us/j/93195166609?pwd=M0ppUHIHajdYdEhKTENRbXVSRFIOQT09>

## **9/22/21 :Emotional Self-Care**

Join Zoom Meeting

<https://zoom.us/j/96843328186?pwd=UEs5UFh0WmNXbVhsTTN5dHZVOSs1dz09>

## **10/13/21: Sleep: All of Your Questions Answered**

Join Zoom Meeting

<https://zoom.us/j/92753338216?pwd=dVNHcWd1TVhWQVZaUVRTVEFrMHFndz09>

## **10/27/21: Domestic Violence/Intimate Partner Violence**

Join Zoom Meeting

<https://zoom.us/j/92320329373?pwd=N0FTMXpMOEovWVGJndmpleS9XNnBLUT09>

## **11/10/21: Healthy Relationships**

Join Zoom Meeting

<https://zoom.us/j/96609621313?pwd=NHNiT21Yc1ZRWjZkY20xNk1hWVZyUT09>

## **12/8/21: Anxiety and Finals**

Join Zoom Meeting

<https://zoom.us/j/91937428673?pwd=bmdRclhCVEJZTFIYUXZwdGRrRnEwdz09>