



# *Cross Country 2007 Schedule*

*Draft 8/16/07*



<b>DAY</b>	<b>DATE</b>	<b>TIME</b>	<b>MEET</b>	<b>LOCATION</b>
Saturday	Sept 8	10:00 a.m.	ARC Beaver Invite	Beals Point, Folsom
Saturday	Sept 15	8:30/9:15 a.m.	Fresno Invitational	Woodward Park, Fresno
Saturday	Sept 22	10:00 a.m.	Mills College	Mills College, Oakland
Thursday	Sept 27	3:00/3:45 p.m.	Lou Vasquez Invitational	Golden Gate Park San Francisco
Friday	October 5	3:00 p.m.	Toro Park Invitational	Toro Park, Salinas
Friday	October 12	11:00 a.m.	Mt. SAC Invitational	Mt. SAC College, Walnut
Wednesday	Oct 24	3:00 p.m.	Conference Championships	Hartnell College Toro Park, Salinas

## **POST SEASON COMPETITION:**

Saturday	November 4	10:00/11:00 a.m.	Nor-Cal Championships	Beals Point, Folsom
Saturday	November 17	10:00/11:00 a.m.	State Championship	Woodward Park, Fresno

**Head Coach:** Steve Navarro (925) 424-1252  
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**Assistant Coach:** Glen Walder  
**Graduate Assistant:** Francisco Gomez (925) 548-1070  
**Director of Athletics:** Lisa Everett (925) 424-1284  
**Staff Assistant to Athletics:** Carolyn Smutny (925) 424-1290  
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**Equipment Manager:** Bill Eddy (925) 424-1282  
**Athletic Trainer:** Jennifer Kesler (925) 416-3667

**Nickname:** Hawks

**Colors:** Red and Black

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