

# Non-Academic Programs

**Name of Student Service:** Student Health and Wellness Center

The Student Health and Wellness Center will provide medical, emotional and mental health services to all currently enrolled Las Positas College students with continued support from community professional experts and outreach.

	Year 1 (2020-21)		Year 2 (2021-22)		Year 3 (2022-23)	
SAO	Fall	Spring	Fall	Spring	Fall	Spring
As a result of education and outreach, students will increase their ability to access health care while attending Las Positas College.		Increase participation of women and men's sexual health testing, contraception and education.		Provide lower cost preventative screenings and testing with community resources.		Increase participation of students using the Student Health and Wellness Center for medical and personal counseling appointments
As a result of Chill & Chat Support Groups and Behavioral Health Workshops, students will report increased ability to handle stressful situations and their feelings.	Increase Chill & Chat groups: Veterans, Middle College and General Student Body		Increase student participation in Behavioral Health (BH) Workshops and Chill & Chat Support groups		With the assistance of evaluations, participating students will evaluate their feelings and coping skills after Chill & Chat sessions and BH Workshops	