

## **Program Area: Student Health Center**

### **Program Philosophy**

The mission of the Student Health Center (SHC) is to assist Las Positas College foster a safe learning environment and to keep students as healthy as possible so they can achieve their academic goals.

The SHC is committed to enhancing the educational process by monitoring, modifying or removing health related barriers to learning. This promotes optimal wellness and enables individuals to make informed decisions about health related concerns. Students are empowered to be self-directed and well-informed consumers of health care services.

### **Goals/Objectives**

1. Provide high quality ambulatory care and referrals.
2. Provide health education and wellness promotion programs.
3. Act as an advisor and resource for campus emergency planning.
4. Coordinate and implement mental health services on campus.
5. Identify factors in the campus community that may compromise health.
6. Identify barriers to student's access to healthcare services on campus and in the community.
7. Collaborate with campus groups, ValleyCare Health Center and other community agencies.
8. Purchase a vehicle to transport injured or ill students to the health center from the various locations on campus.
9. Identify possible cultural or ethnic barriers to health services and provide information that is culturally relevant and sensitive.

### **Program Information:**

The SHC was established in 1999 as a partnership between Las Positas College and ValleyCare Health System. At ValleyCare Health System the SHC is under supervision of the Vice President of Outpatient Services. At Las Positas College the SHC is under supervision of the Vice President of Student Services. The Director of the SHC provides day to day direction and management of the SHC.

As an integral part of the Las Positas College campus, the SHC must anticipate transitions in the campus population. Programs and services need to be constantly reviewed to better serve changing needs. Utilization is impacted by nationwide and local changes in health trends, public and individual health status, accessibility of health care services and programs, and the increasing cost of health insurance and health services. Specific college demographic changes necessitate examination of services for cultural, geographic, and medical appropriateness.

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### **Staffing:**

- |                                       |                       |
|---------------------------------------|-----------------------|
| • Director, Nurse Practitioner        | 1.0-VCHS employee     |
| • Nurse Practitioner                  | 0.25-VCHS employee    |
| • Office Manager                      | 0.5-VCHS employee     |
| • Medical Director, MD                | on call-VCHS employee |
| • Pharmacist                          | on call-VCHS employee |
| • Student Assistant                   | 0.5-LPC employee      |
| • MFT Intern                          | 0.4-LPC employee      |
| • Psychologist, Supervisor for intern | LPC employee          |
| • Mental Health Services Coordinator  | 0.2-LPC employee      |
| • Health Educator, RN                 | 0.1-LPC employee      |

**Location:** Building 1700

**Hours:** 45 hours per week. Monday-Thursday 9 am-7pm & Friday 9am-2pm

**Online Services:** Web site for information

### **Program Components:**

#### Medical Care Services

- Non-emergency treatment of common illnesses and injuries
- Work and transfer physicals
- Occupational program health screenings
- Immunizations
- Lab tests
- Over the counter medications and a minimal dispensary of prescription drugs
- Communicable disease control
- Referrals

#### Mental Health Care Services

- Crisis management
- Short-term psychological counseling
- Screening
- Referrals
- Staff Training

#### Health Promotion and Education

- CPR classes for staff
- Blood Drive
- Depression Awareness
- Smoking Cessation
- Alcohol Awareness
- Peer Health Education Club

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### Campus Emergency Response and Planning

- Co-responds with Campus Security for medical emergencies
- The SHC works closely with Campus Security, VCHS and the Alameda County Public Health Department to be prepared for possible disasters.
- Automated External Defibrillator Program medical advisor

### **Data:**

Number of students: Average 500 student visits per month.

### **Budget:**

The annual budget for the 2004-2005 academic year was \$156,654

The SHC is supported primarily through the established Health Services Fee. This fee is levied upon each student at registration, and is \$13 per full semester. Additional funding is obtained through small grants and fee-for-service transactions, (i.e. laboratory and vaccination fees. Students may request exemption from the health services fee on the basis of religious practice or Saturday only classes.) Students receiving Board of Governor Waivers (BOGW) are exempt. This may change in Fall 2006. All student fees are deposited into a separate student health services account and are expended only for student health related expenses.

**Technology Needs:** There are none at this time.

### **Committees and Collaboration**

- Partnership with ValleyCare Health System
- Co-Chair Health and Safety Committee
- Member of the Critical Incident Response Team (CIRT)
- Member of the Mental Health Crisis Team
- Bacchus Club Advisor
- Member American College Health Association
- Member Pacific Coast College Health Association
- Member Health Service Association California Community College
- Affiliate Bacchus and Gamma Peer Education Network
- Member Council Connections

#### **1. What is the program's relationship to the College's mission?**

The SHC supports the mission of Las Positas College in its efforts to promote high quality learning through support and enhancement of individual student success, the promotion of a healthy community, and the formation of competent, self directed individuals.

#### **2. How does the program help fulfill the College's mission?**

The mission of Las Positas College is to foster growth and success, both in its students and in its community. For the student, the SHC strives to fulfill this mission by offering high-quality health care, programs and services to improve student success. For the community, the SHC fosters growth and success by partnering with ValleyCare Health System and other community organizations to promote a healthy community.

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### **3. What is the program's connection/dialogue to other programs?**

The SHC director co-chair's the health and safety committee, which meets monthly to discuss campus health issues. Members of this committee are representative from different divisions on campus. The SHC works closely with other student services programs, campus security, physical education, health, nutrition, biology, psychology and other classes on special projects.

### **4. Please describe the status of Student Learning Outcomes (SLO) in your program.**

We currently have three student learning outcomes:

1. The student will be able to identify the location of the SHC
2. The student will be able to make an appointment at the SHC
3. The student will be able to verbalize their diagnosis and treatment plan at the end of a visit.

### **Program Strengths Identified:**

1. High quality ambulatory care and referrals
2. High patient satisfaction
3. Effective mental health services
4. Effective collaboration with campus groups and community agencies
5. Effective role in emergency planning
6. Welcoming environment with easy access
7. Friendly staff

### **Program Weaknesses Identified:**

1. Students lack of awareness of health education and wellness programs
2. No vehicle for transporting injured students
3. Web site not used frequently
4. Student Services unaware when health center is temporarily closed during normal business hours

### **Program Implications:**

- Need to expand wellness program and promote campus health promotion activities
- Need to purchase transportation vehicle
- Need to expand online services
- Need to improve communication with student services

## PROGRAM ACTIVITY PLAN

### Program Area: Student Health Center

Targets	Activities	Person(s) Responsible	Timeline	Measurable Objectives
1.	Hire part-time wellness program coordinator to expand and provide information about availability of health promotion and wellness activities on campus.	Director	To start fall 2006	Complete-Hired
2.	Purchase vehicle	VP Student Services Director Campus Safety VP Business Services	5/1/2006	Complete Vehicle has now been purchased and is being used
3.	Establish ability to request an appointment on-line. Provide information about website on phone message and in printed material.	Director Webmaster	5/1/2006	Complete Now available to request appointment on-line
4.	Establish notification system to counseling when health center is temporarily closed outside of normal business hours.	Director Counseling	Fall 06/07	
5.	Access information i.e. literature representative of various ethnic and cultural groups.	Director/Designee	Fall 06/07	
6.	Visit ESL classes to provide information on Student Health services.	Director/Designee	Fall 06/07	
7.	Use Bacchus as a forum to disperse relevant and appropriate information and literature.	Director/Designee	2006- 2007	
8.	Work with the college to utilize registered students email to provide mass notification of health alerts.	Director/Designee	2006 – 2007	
9.	Will have monthly case meetings with CalWorks, DSPS, Financial Aid and EOPS to identify and develop strategies to assist high-risk students.	Director/Designee	2006 – 2007	
10.	Will continue to assist Alameda County Public Health Department in communicable disease control at LPC.	Director/Designer	2006 - 2007	
11.	Provide room and clerical support for community agencies providing mental health programs to CalWork and veteran students	Director/Designer	2006-2007	
12.	Hire additional clerical office support	Director	Fall 2006	Completed-Hired
13.	Establish and assess student learning outcomes  Work collaboratively with other student services programs to align outcomes  Participate in learning outcomes workshops Investigate assessment tools	Director Staff	2007-2008	Learning outcomes established One cycle of assessment completed

