

BLACK HISTORY MONTH

Let's Celebrate Together

Feb 22, 2023 1-2pm

BCRC-Building, 1700, Room 1726

AFROCENTRIC HEALING WORKSHOP

Come and join us for a workshop talking about self care and mental health from an Afrocentric healing perspective.

This workshop is being led by Olivia, the General Counseling Intern

"Caring for myself is not an act of self indulgence, it is self preservation and that is an act of political warfare." Audre Lorde

