

# FALL 2025



COMMUNITY  
EDUCATION  
LAS POSITAS COLLEGE

Your Guide to Lifelong Learning!



## Register Online!

[communityed.laspositascollege.edu](https://communityed.laspositascollege.edu)

# WELCOME TO FALL 2025!

*“Learning is not a finite process. It’s what we are here to do.”*

— Elizabeth Gilbert

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Look for the color-coded learning mode next to each course.

### IN PERSON



-classes meet at LPC Livermore campus, unless otherwise stated.

### LIVE REMOTE



-live, online instruction during the dates and times listed-

\*Access to the class will be emailed.

### HYBRID



-a mix of in-person and live, online sessions-  
OR

-choose to come in person or join remotely-

### ONLINE



-complete a course at your own pace-

### Chabot-Las Positas Community College District Board of Trustees

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Mr. Hector Garcia • Dr. Hal G. Gin • Ms. Catheryn Grier • Ms. Maria L. Heredia • Mr. Steve Lanza  
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### Las Positas College Community Education

Dr. Nan Ho, Vice President of Academic Services  
Megan Garcia, Community Education Program Coordinator  
Traci Peterson, Educational Partnerships Project Manager



# WHAT'S NEW IN COM ED?

## NEW PROFESSIONAL EDUCATION CLASSES



Are you looking to make a career change? Check out **Navigating Next: A Guided Course for Career Transitions** with instructor Loc Nguyen. See page 8.

## NEW WELLNESS CLASSES



Slow down. Reconnect. Our **Tai Chi for Wellness & Balance: A Beginner-Friendly Mind-Body Practice** supports stress relief, mental clarity, and healthy aging. See page 19.

## NEW LANGUAGE CLASSES



We have new language classes, including **Beginning French for Travelers** with instructor Alliband-McGrew. See page 20.

## Spring/ Summer 2025 Recap



Our catalogs are never the same; so far this year, our students have enjoyed West Coast Swing (group picture to the right), Introduction to Voice- Over & Podcasting, Portrait Drawing for Beginners, Strength Training & Conditioning for 40+, and Beginning Korean Language & Culture (picture on the bottom right).

*"We loved spending our Friday evenings taking Swing Dance at LPC. Sofia, the teacher, is enthusiastic and encourages all level students in a very positive manner."* - Beth, West Coast Swing Student

Over the summer, so many of our young community members joined us for a variety of camps and workshops that you can only experience here at LPC. From building robots to learning the rules of pickleball, there was something for everyone!



### Did you know?

The majority of our instructors are locals! Do you have a skill or talent that you would like to share with others? Teaching a class with us is a great way to do so. Send an email to [commmed@laspositascollege.edu](mailto:commmed@laspositascollege.edu), and I will reach out to you to schedule a meeting.

*Megan Garcia*

-Megan Garcia, Com Ed Coordinator



**COMMUNITY  
EDUCATION**  
LAS POSITAS COLLEGE

## Job Training

### Introduction to Medical Terminology

**Instructor:** Krusemark

**NEW! LIVE REMOTE**

Medical terminology is the first step to any career in the medical field or simply to understand your family's medical visits. No prior experience is necessary. This highly specialized language involves word building with root words, prefixes, suffixes, and abbreviations. You will leave with a solid foundation of medical language, as well as basic medical billing and coding terminology. After submitting and passing the open-book exam included in the workbook you receive in class, you will earn a Certificate of Completion. This comprehensive course is taught by longtime educator LeeAnne Krusemark, and Credentialed Medical Professional Vanessa Grinnell, RRT. The webinar login information will be emailed the day before class.

**Age range:** 18+  
10/5

**\$69**

**Sun:** 12 PM - 3 PM

### Start a Medical Billing Service (MBS)

**Instructor:** Patterson

**LIVE REMOTE**

Many medical practices receive most of their income from insurance companies. Thus, medical billing services are in demand. In this class you will learn; How to obtain clients; Setting your fees; What other services a billing service could offer; Marketing your services; Where to obtain HIPAA compliant software; Sample HIPAA Business Associate Agreement & Independent Contractor Agreement; What billing organization you can join; How to obtain updates from insurance companies; Sole Proprietorship, Partnership, Corporation & LLCs discussed.

**Age range:** 18+  
11/13

**\$25 + \$39 Mat Fee**

**Thurs:** 6:30 PM - 8:30 PM

### Medical Billing & Collections Certificate Program (MIBC)

**Instructor:** Patterson

**LIVE REMOTE**

Become an essential anchor for a medical practice and get a competitive edge in the job market by attending the updated Medical Billing & Collections Certificate Program (MIBC). Learn medical billing & collections firsthand from Kris G. Patterson. An introduction to CPT®, ICD, HCPCS coding, and medical terminology. Become familiar with medical office operations, office policy, procedures, and processing of individual office forms. Learn how to bill Medicare, Medicaid, TRICARE, CHAMPVA, Concierge Medicine, Workers' Compensation & Personal Injury, PPO, HMO, EPO, IPA, and a host of other payers. Develop an understanding of the components of the revenue cycle from the patient intake process to the completion & submission of the medical claim. Introduction to managed care plan concepts and how to analyze and solve difficult billing problems, including rejected and denied claim management. Review and gain an understanding of various practice management reports. Critical thinking exercises to learn how to automate the billing process using cloud-based software. Set-up a mock medical practice and post charges, payments, and adjustments from patients and insurance companies. Learn about HIPAA mandates and rules for maintaining the privacy and security of medical claims information. Upon completing the MIBC, students will receive a certificate and be added to the instructor's database for potential job leads. Prerequisite: Ability to read and understand English. Basic computer skills. Internet access during class hours.

**Age range:** 18+  
9/23 - 10/23

**\$150 + \$275 Mat Fee**

**Tues - Thurs:** 6:30 PM - 8:30 PM

### Veterinary Assistant

**Instructor:** Career Training Solutions

**LIVE REMOTE**

With more than 85 million households owning at least one pet, the veterinary field is a growing field! Veterinary Assistants are valued team members in veterinary practices, clinics, and hospitals. They work with veterinarians and veterinary technicians to provide quality care for healthy, sick, and injured animals. In this program, students will receive hands-on training on the correct handling and care of pets, learn proper examination procedures, and discover how to check for signs of illness and injury. Additional topics covered include anatomy and physiology, medical terminology and acronyms, nutrition, legal, ethical, and professional standards, and maintenance and management of a veterinary practice. This class is entry level and specifically NOT a Veterinary Technician class. Textbook and scrubs purchased separately. Interest free payment plan available! See online course description online to request a free recording of an information session.

**Age range:** 18+

**\$1,599 + Approx. \$200 Mat Fee**

**Available Start Dates:**

**9/8, 10/7**

### Clinical Medical Assistant, California Focus

**Instructor:** AUMT Institute

**HYBRID**

Prepare to become a Medical Assistant with a short yet comprehensive course of study. This fast-track training prepares the student to sit for the Medical Assistant (CCMA) national certification exam offered through the National Healthcareer Association (NHA) using a variety of classroom and externship training experiences. Learn to assist doctors with administrative and clinical procedures. Instruction includes a basic overview of the administration of the medical office, anatomy, and physiology of body systems, and clinical components, utilizing didactic and hands-on practice. The didactic lecture covers the theory of every subject associated with the front and back office. Laboratory instruction provides hands-on training associated with listed clinical and administrative procedures, verified through a skills check-off system. Upon successful completion of the didactic portion, candidates are required to complete 160 hours of externship. This class is hybrid, a mix of live remote and in-person classroom.

**Age range:** 18+

**\$2,999 + \$155 NHA Exam Fee**

**Available Start Dates:**

**9/2, 9/29, 10/27, 11/10, 12/1**

**See the online description for more details.**

**Students must be 18+, have a high school diploma or GED certificate or equivalent, and a current resume.**

### Certified Phlebotomy Technician Course (CPT I)

**Instructor:** AUMT Institute

**IN PERSON**

Phlebotomy Technicians are in demand as one of the fastest growing occupations in healthcare. Learn what you need to know about the circulatory system, venipuncture technique, specimen collection, risk factors, complications, and quality assurance. This course provides a complete learning experience with 48 hours of classroom instruction and a 40-hour hands-on externship. The course is also designed to prepare you to take the National Certification exam to become a California Certified Phlebotomy Technician 1 (CPT1). A certificate of completion is awarded upon successful completion of the course. If you complete the course and pass the licensure exam, you will be a licensed Phlebotomist.

**Age range:** 18+

**\$2,599 + Approx. \$229 Mat Fee**

**Available Start Dates:**

**9/22, 11/4**

**See the online description for more details.**

**Must be 18+ and have a high school diploma or GED Certificate (or equivalent) to enroll.**

# FEATURED CLASS

## Women's Only Personal Protection Program



Imagine that it is late at night and you, and/or your daughter, are alone and are walking to your car. The parking lot is empty, and out of the corner of your eye you see a large figure approaching ....*What Would You Do?*

During our program, you will learn basic and easy to learn movements that will aid you in protecting yourself during a physical attack.

We will cover:

- victim vs. non-victim behavior
- proper striking techniques with the hands-legs-feet-knees-elbows grab escapes
- effective body targets
- drills to enhance familiarity and efficacy in use

➤ 9/4 - 10/23  
Thursdays, 6:30 pm to 8 pm

➤ Location: Kokua Martial Arts Academy

➤ 16+ welcome. Great class to take with friends or family.

➤ Price \$249



REGISTER NOW



See **page 18** for more information.

Ms. Molina is a high ranking instructor in the art of Kajukenbo and has made it her life's mission to help women and young girls be better prepared for situations like the one described above. Ms. Molina, with the help of her seasoned and well trained instructors, have developed a Personal Protection Program, specifically designed for women and young girls, to help them to learn and to put in practice the tools that will help them in these types of situations.

Taught by: Esther Molina





## EKG Technician Training

**Instructor:** AUMT Institute

**HYBRID**

This 48-hour combination online/hand-on in person EKG Technician Program will allow students to obtain employment as an Electrocardiograph (EKG/ECG) Technician. The EKG Technician is responsible for performing diagnostic tests to access the heart rhythm and rate in patients. EKG's are also performed before and after operations, during physicals examinations of patients, for patients with a history of heart disease, when patients are experiencing chest pains and when the ordering physician deems it necessary. This course includes 48 hours in a hands-on classroom training at Las Positas College along with the ability to sit for the National EKG Technician Certification Exam. This class is hybrid, a mix of live remote and in-person classwork.

**Age range:** 18+

**\$1,249 + \$194 Mat Fee**

**Available Start Dates:**

9/29 , 10/27 , 11/24

**See the online description for more details.**

## Pharmacy Technician Training

**Instructor:** Career Training Solutions

**LIVE REMOTE**

Train for a rewarding career as a pharmacy technician in as little as 6 months! In this engaging class, learn to assist the pharmacist in mixing prescriptions, maintaining patient records, purchasing and inventory management, billing and reimbursement, and more. Topics include pharmacology for technicians, pharmacy law and regulations, sterile and nonsterile compounding, quality assurance, and medication safety. Included in the program is a 120-hour externship where the student will receive hands-on training in a local pharmacy under the direction of a pharmacist. This training meets the requirements of the California Board of Pharmacy and qualifies students to apply for their California pharmacy technician license under Title 6 California Code of Regulation section 1793.6(c). The class also prepares students to sit for PTCE and ExCPT national certification exams. Interest free payment plan available! See online course description online to request a free recording of an information session.

**Age range:** 18+

**\$2,399 + Approx. \$200 Mat Fee**

**Available Start Dates:**

9/15, 10/11

**See the online description for more details.**

## Medical Front Office Procedures (MFO)

**Instructor:** Patterson

**LIVE REMOTE**



This course is for students interested in becoming a Medical Front Office/ Medical Receptionist, also known as the Intake Coordinator. This class prepares students to begin a rewarding career and to become an integral part of the medical office team. Topics include: Basic Medical Terms and Plans, Eligibility and Insurance Benefits Verification, Appointment Scheduling (Manual and Computerized), Improving Telephone Skills, Patient Arrival, Check-in and Departure, Handling Medical/ Office Forms, HIPAA/Patient Privacy & Confidentiality and Medical Terminology (specific to the front office). Upon completion, students will receive a certificate and be added to the instructor's database for potential job leads. There is a materials fee of \$99.00 (separate from the registration fee), which you will pay during the mandatory online orientation.

**Age range:** 18+

**\$25 + \$99 Mat Fee**

11/5 - 11/12

**Wed, Thurs: 6:30 PM - 8:30 PM**

# Professional Education

## How to Build Tech Products That Sell

**Instructor:** Khan

**NEW! HYBRID**

Want to turn an idea into a tech product people actually want? Whether you're new to tech or just getting started, this class introduces the process of building real products that solve real problems. Learn how to validate ideas, build MVPs, and pitch like a product pro—all in a supportive, hands-on environment. Free digital tools (e.g., Google Docs, Figma, Notion) will be used in class. No coding required.



**Age range:** 18+

**\$199 + \$10 Mat Fee**

9/2 - 9/18

**Tues, Thurs: 6 PM - 7:30 PM**

## Project Management

**Instructor:** Jeffs

**NEW! IN PERSON**

A project manager's mission is to bring ideas to life in a professional setting; they are the facilitator and coordinator of teams that have been assigned to deliver something of value to an organization. Therefore, project managers require leadership and critical thinking skills in order to bring the experiences of many together, taking great ideas and turning them into reality. During this course, you will work in small teams throughout to apply what is being taught in simple case studies. When the course is complete, you will have the confidence and skills needed to deliver immediate value, and you will earn professional development hours should you decide to pursue your PMP® certification for the first time or decide to maintain certification. Why else might you want to take this course? Based on the 2023 salary survey performed by the Project Management Institute (PMI®), 66% of respondents reported compensation increases over the past twelve months, with 61% stating greater than 5% increases. Moreover, included in the course tuition is a flash drive containing new tools to use while starting your career in project management. Also, the instructor becomes a part of your professional network via LinkedIn and email.

**Age range:** 18+

**\$350**

9/9 - 12/16

**Tues: 5 PM - 6:30 PM**

9/11 - 12/11

**Thurs: 5 PM - 6:30 PM**

## Introduction to Internet Marketing Methods

**Instructor:** Cohen

**NEW! LIVE REMOTE**

Learn the nine steps professionals use to market any business or organization online. For beginners and others looking to improve, we'll cover the most popular online tactics from SEO, advertising, social media, channels, affiliates, e-commerce, content marketing, and the #1 marketing approach recommended by Google and others. This course will help you get started and take your marketing up a level, help you learn how to do it yourself, or help you hire and manage an agency to do the work for you. This class includes a class workbook and one-year online membership, which provides access to a library of over 400 articles on technology, updates of web versions class workbooks, a community of online learners, and live weekly one hour "Tech Topics" on a wide range of technology.

**Age range:** 18+

**\$69**

9/30

**Tues: 6 PM - 9 PM**

## Marketing with Facebook & Social Media

Instructor: Cohen

**NEW! LIVE REMOTE**

Learn how to use Facebook, Twitter, Instagram, and social media sites to market anything from businesses and non-profits to books and bands! Discover how Likes, follows, shares, and comments affect your organic marketing and how to use paid advertising. Find out the audience demographics for the most popular social media sites, and learn about tools like RSS that professionals use to automate their social media marketing. This class includes a class workbook and one-year online membership, which provides access to a library of over 400 articles on technology, updates of web versions class workbooks, a community of online learners, and live weekly one hour "Tech Topics" on a wide range of technology.

Age range: 18+  
10/7

\$69  
Tues: 6 PM - 9 PM

## Search Engine, Google Ads, Email & E-Commerce Marketing

Instructor: Cohen

**NEW! LIVE REMOTE**

We'll explore Search Engine Optimization (SEO) and Google Ads to help drive traffic to your site, how to find and use keywords, and why a landing page is valuable. Gain insight into why you should be using email marketing, what makes a successful opt-in newsletter, and how you can build one for pennies. Find out what the best e-commerce sites are for selling and your options. We'll compare search, social media, and email opt-in so you can understand what each offers for your online marketing. This class includes a class workbook and one-year online membership, which provides access to a library of over 400 articles on technology, updates of web versions class workbooks, a community of online learners, and live weekly one hour "Tech Topics" on a wide range of technology.

Age range: 18+  
10/14

\$69  
Tues: 6 PM - 9 PM

## AI for Marketing & Media Creation

Instructor: Cohen

**NEW! LIVE REMOTE**

Dive into the world of AI-powered marketing and media creation. Learn to craft engaging social media posts, design visuals, and generate video content using AI tools. This class is ideal for entrepreneurs, educators promoting programs, and professionals managing brand awareness with limited resources and time.

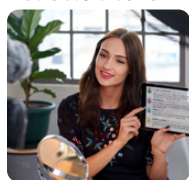
Age range: 18+  
10/30

\$49  
Thurs: 6 PM - 9 PM

## Content Creation in Five Steps

Instructor: Cohen

**NEW! LIVE REMOTE**



Do you want or need to create content for your website, newsletter, or social media but struggle to do so? In this class, you'll discover the five steps used by the pros to produce articles, blog posts, product descriptions, social media posts, and more. Starting with the basics, this class will show you the five essential steps to writing, formatting, choosing images, and creating a calendar for scheduling. You'll learn about writing, photography, audio, video tools, and posting content applications.

Age range: 18+  
10/28

\$69  
Tues: 6 PM - 9 PM

## Approved Notary Public Seminar & Official State Exam

Instructor: Notary Public Seminars

**HYBRID**



Whether you want to boost your income, create a new job opportunity, provide a service to your community, or increase your value to your current employer, this is the perfect opportunity. In this Secretary of State approved class, learn how to perform valuable services by certifying or witnessing signatures on official documents. Notary skills are valuable in almost any industry: real estate, legal, medical and banking to name just a few. This class gives you the knowledge to pass the exam and practice as an effective Notary. Participants receive 2 practice tests and will take the official Notary exam directly following the class. You will receive a Guidebook, Proof of Completion, notary application and access to the instructor's site with additional educational materials.

Age range: 18+

\$99 + \$45 Mat Fee + \$40 Exam Fee

Live-stream: 10/7 - 10/9

Tues - Thurs : 6 PM - 8 PM

Seminar 10/18

Sat : 8 AM - 4 PM

Exam 10/18

Sat : 4 PM - 6 PM

**We are offering classes on campus and through live-stream, take one or both for the price of one. As the exam has become more difficult to pass, taking advantage of our offer will ensure your success.**

## Renew Your Notary Commission

Instructor: Notary Public Seminars

**HYBRID**

This Secretary of State approved class will prepare you to take the exam again by reviewing all relevant Notary law. You will take the official notary exam directly following the class. Renewing Notaries are required to take the exam and be fingerprinted again. Your commission must be current to qualify for the three-hour class. You will receive a Guidebook, Proof of Completion, notary application and access to the instructor's site with additional educational materials to utilize; however, this is optional.

Age range: 18+

\$50 + \$45 Mat Fee + \$40 Exam Fee

Live-stream: 10/7

Tues : 6 PM - 8 PM

Live-stream: 10/8

Wed : 6 PM - 7 PM

Seminar 10/18

Sat : 12:45 PM - 4 PM

Exam 10/18

Sat : 4 PM - 6 PM

**We are offering classes on campus and through live-stream, take one or both for the price of one. As the exam has become more difficult to pass, taking advantage of our offer will ensure your success.**

## Become a Loan Signing Agent

Instructor: Notary Public Seminars

**LIVE REMOTE**

Are you already a Notary and looking for ways to increase your income? Make the most out of your notary commission by becoming a certified Loan Signing Agent. You'll have an instructor in real time teach you how to notarize loan documents and give you a simple strategy and all the tools you need to launch your new business as a Loan Signing Agent. Our expert teachers are seasoned in the business; they'll teach you the process of completing a signing, best practices in the industry, and how to get loan signing assignments. A certificate is awarded upon completion of the course. Prerequisite: You must have completed the "Becoming a Notary Public" seminar prior to taking this class or are currently a licensed CA notary.

Age range: 18+

\$129

11/18 - 11/20

Tues - Thurs: 6 PM - 8 PM

## Start Your Own Online Business: A Beginner's Guide

**Instructor:** Krusemark

**LIVE REMOTE**

Turn your ideas or homemade products into income by starting an online business. Learn how to find a gap in a niche market and fill it; build your own website, and market your business effectively (including SEO) so potential customers will find you; take care of business forms and taxes; create multiple sources of income, including Affiliate commissions. You'll also get info about the 25 most popular online businesses to start. Informative handouts included.

**Age range:** 16+  
10/2

**\$49**

**Thurs :** 4 PM - 6 PM

## Navigating Next:

### A Guided Course for Career Transitions

**Instructor:** Nguyen

**NEW! LIVE REMOTE**

Ready to make a meaningful career shift? Whether you're leaving the military, the classroom, corporate life, or caregiving, this course helps you uncover your story, design a future aligned with your values, and walk away with the clarity, community, and momentum to move forward. Develop a practical plan for what's next, craft a story you're proud to tell, build a network of like-minded peers, and gain the tools and confidence needed to take bold action.

**Age range:** 18+

**\$199**

9/2 - 10/2

**Tues, Thurs:** 5:30 PM - 7 PM

10/21 - 11/20

**Tues, Thurs:** 5:30 PM - 7 PM

## A Non-profit IS A Business And Needs To Be Operated That Way

**Instructor:** Reich

**LIVE REMOTE**

Many people do not view non-profits as a business, which can create problems. A nonprofit **MUST** be run in a business-like manner to ensure success and survival. This workshop will show you how non-profits are a business, with some variations from a for-profit business. PowerPoint provided.

**Age range:** 18+

**\$39**

10/30

**Thurs:** 6:30 PM - 8 PM

## Strengthen The Effectiveness Of Your Nonprofit Board

**Instructor:** Reich

**LIVE REMOTE**

How does your board function? The board is legally and functionally responsible for everything in the organization, yet many board members do not know or understand their roles and responsibilities. This class will cover the basic information to improve your board. Valuable for board members, Executive Directors and anyone considering joining a nonprofit board. PowerPoint provided.

**Age range:** 18+

**\$49**

10/16

**Thurs:** 6:30 PM - 8:30 PM

## Effective Nonprofit Fundraising & Grant Writing

**Instructor:** Reich

**LIVE REMOTE**



Is asking for and bringing in funds to support your organization or program a challenge? You are not alone. You don't have to apologize when asking for support and contributions for your organization. In this course you will learn techniques to bring in funds and resources for your project or organization. This workshop is valuable for staff, Boards, volunteers, and anyone who is involved with raising funds for your nonprofit organization. PowerPoint provided.

**Age range:** 18+

**\$99**

11/3 - 11/17

**Mon:** 6:30 PM - 8:30 PM

## Techniques of Managing a Nonprofit Organization

**Instructor:** Reich

**LIVE REMOTE**

Do you want an overview to learn, understand or review the techniques and functions of operating and managing a nonprofit organization? This class can be valuable for staff, volunteers, Board members, and those considering starting a nonprofit organization. PowerPoint provided.

**Age range:** 18+

**\$99**

9/22 - 10/6

**Mon:** 6:30 PM - 8:30 PM



## Are You Thinking About Starting a Nonprofit Organization?

**Instructor:** Reich

**LIVE REMOTE**

Do you want an overview of the needs, processes, requirements, and planning for creating, incorporating, and applying for nonprofit status with the IRS and state for the organization? This workshop will provide information to understanding what lies ahead. PowerPoint provided following each class at no additional fee.

**Age range:** 18+

**\$39**

9/11

**Thurs:** 6:30 PM - 8 PM

Fall-fallow us



## ON SOCIAL MEDIA

- SNEAK PEAK OF  
UPCOMING CLASSES
- POP UP CLASSES **NOT**  
FOUND IN THE PRINT  
CATALOG
- EXCLUSIVE PROMO  
CODES \$\$\$





Non-Credit Online Courses for  
**Career and Personal  
Development**



## ADVANCED CAREER TRAINING

Learn in-demand skills and prepare for industry certification around your schedule. These courses are designed to help prepare you for a new career or career advancement. Monthly payment options are available through Affirm.

### Popular Courses:

- **Certified Medical Administrative Assistant (CMAA) + Medical Terminology**  
(Voucher Included)
- **Certified Phlebotomy Technician**  
(Vouchers and Lab Included)
- **Certified Professional Life Coach**  
(Exam Included)
- **HVAC/R Certified Technician**  
(Voucher Included)
- **Residential Electrician**
- **Optician Certification Training**
- **Administrative Dental Assistant**
- **Freight Broker/Agent Training**
- **Entry-Level Driver Training (ELDT) for Class A**
- **Human Resources Professional with Payroll Practice and Management**

View all ADVANCED CAREER TRAINING courses:

[careertraining.laspositascollege.edu](https://careertraining.laspositascollege.edu)



## FUNDAMENTALS

Gain new personal and professional skills in the learning style that works best for you. **Instructor-moderated courses** allow you interact with a cohort over a six-week schedule. **Self-guided courses** are for the independent learner and provide access to all lessons immediately with up to three months to complete.

### Popular Courses:

- **Discover Sign Language**
- **Instant Italian!**
- **Accounting Fundamentals**
- **Introduction to Microsoft Excel 2019**
- **Basic Computer Skills Suite**
- **CompTIA A+ Certification Prep Series**
- **Creating WordPress Websites Series**
- **Drawing for the Absolute Beginner**
- **Digital Photography: Basics**
- **Explore a Career in Nursing**

View all FUNDAMENTALS courses:

[ed2go.com/lpccommed](https://ed2go.com/lpccommed)



## Income Boosters

### Blogging for Fun & Profit

**Instructor:** Cohen

**NEW!** **LIVE REMOTE**

Whether you want a website for personal or professional use, discover how a blog makes it easy to share your products, services, writing, pictures, and videos with family, friends, organizations, and customers. Find out the four most popular ways to use a blog to make money and how a blog makes your search and social media marketing easier! Topics include blogs for business, blog ads, blogs for marketing, and building blog communities. This class includes a workbook and one-year online membership, providing access to a library of 400+ articles on technology, updates of web versions class workbooks, a community of online learners, and live weekly "Tech Topics" on a range of technologies.

**Age range:** 18+  
10/21

**\$69**

**Tues:** 6 PM - 9 PM

### How to Start Any Home Business + 250 Home Business Ideas!

**Instructor:** Krusemark

**LIVE REMOTE**

Interested in starting a business from home? Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award winning business owner, this is probably the most comprehensive start up workshop you will ever find. You will discover: more than 250 legitimate home business ideas, mandatory legal documentation, many ways to market your product/service, and how to take tax deductions (this workshop included!). Informative handouts for future use are included in class fee.

**Age range:** 16+  
10/4

**\$49**

**Sat :** 12 PM - 2 PM

### Sell it on eBay!

**Instructor:** Boyd

**LIVE REMOTE**



Discover if your item will sell or not in just One Minute! Learn how to create a Seller account, upload photos, accept online payments, and determine shipping costs. Includes insider Tips, Tricks and Traps, what to sell and not sell, where to get

FREE shipping supplies and FREE home pickup. Learn proven listing strategies that get the most clicks, draw the highest bids, beat your competition and close the sale. Covers eBay marketing research, how to find a profitable niche. Includes Marketing and photography tips. Plus, how to sell Antiques, Collectibles and Large items you don't want to ship.

**Age range:** 18+  
10/6 , 10/8

**\$99**

**Mon, Wed:** 6 PM - 9 PM

### Don't Throw it Away - Sell it Online!

**Instructor:** Boyd

**LIVE REMOTE**

Get rid of your stuff and get paid! There are apps and platforms that provide an excellent way to generate revenue by selling your unwanted used items or by creating a new e-commerce business. This class presents the most popular yet easy to use apps for each of the top categories including furniture, electronics, clothing, books, & art. Learn which used items sell best and what can't be sold. Includes photography tips, pros and cons, dos and don'ts, tips and strategies, costs and how you get paid. Determine which apps are the best match for you to sell.

**Age range:** 18+  
10/16

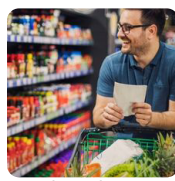
**\$59**

**Thurs:** 6 PM - 9 PM

### Make Money Mystery Shopping - Get Paid to Shop

**Instructor:** Henry

**LIVE REMOTE**



You can get paid to shop at almost every local store in your area, plus there are many online shopping assignments you can do from home. Mystery shop on vacation across the US & in 70+ countries worldwide- FREE hotels, restaurant meals, car rentals, sightseeing tours, etc. Learn how to avoid scam companies and work for the best mystery shopping companies that pay the most. Get the contact info for the TOP 100 MYSTERY SHOPPING COMPANIES including addresses, websites, and numbers to make all these ideas practical. We review actual mystery shopping assignments so you know exactly what to do, including the paperwork. Get paid or keep the items you buy on assignment. A FREE dinner for two, hotel night, gas, groceries, dry cleaning & more. Learn how to play up your qualifications for the best assignments, how to fit mystery shopping into your daily schedule, and earn the most income. Includes e-book: "Mystery Shopping - Get Paid to Shop."

**Age range:** 16+  
11/8

**\$59**

**Sat:** 9 AM - 12 PM



## Featured Instructor Bob Cohen



**Bob Cohen** has built a career around making technology accessible and easy to understand for adults and small business owners. With a unique blend of presentation expertise and real-world experience across diverse industries, Bob has taught countless individuals how to navigate the digital landscape. He aims to empower his students by demystifying technology.

Find Bob Cohen's variety of AI & marketing courses on **pages 6, 7, 10, 11, 14, & 22.**

## Classes for Older Adults

### Live, Work, Retire Abroad, Affordably

Instructor: Cohen

**NEW! LIVE REMOTE**



Imagine living abroad! Many people now opt for this adventure and enjoy a higher standard of living while living their dream. Join us and learn how to stretch a fixed retirement income or find work overseas that pays room and board. Discover the top ten countries where Americans can live better than they can here and how to do it! Get tips about evaluating your finances, figuring out how far your dollar will go, housing, transportation, food, government discount programs, access to healthcare, and job opportunities. It is all here! Are you ready to begin an exciting new life?

**Age range:** 18+  
10/22

**\$49**

**Wed:** 6 PM -9 PM

### Strength, Flexibility, Agility & Conditioning for Ages 40+

Instructor: Sapsford

**IN PERSON**

Looking to improve your cardiovascular health and reduce the risk of heart disease or build bone density and reduce the risk of osteoporosis? Designed for those 40 and over, this weight training and conditioning course will help you build muscle mass and prevent muscle loss that can occur with aging and improve your balance and mobility. You will also learn how to help prevent overuse injuries that can occur from repeated movements. What to wear: work-out attire and closed toe shoes are required.

**Age range:** 40+  
9/11 - 12/19

**1 Day Pass \$79 OR 2 Day Pass \$99**

**Thurs, Fri:** 6 PM -7:15 PM

### Estate Planning : Trust v. Will

Instructor: Thaete

**IN PERSON**

Join Jennifer Thaete, Estate Planning and Probate Attorney, as she reviews and discusses the primary legal documents most commonly used in creating an estate plan including: Trusts, Wills, Financial and Health Care Powers of Attorney; She will cover the Pros and Cons of these options; and a general overview of Probate and Conservatorship will be discussed in concert with the above. All information is in plain English, and handouts will be provided.

**Age range:** 18+  
9/4  
11/18

**\$15**

**Thurs:** 6:30 PM -8 PM

**Tues:** 6:30 PM -8 PM

## Computer and Tech Classes for 55+



**Only \$20\* per class**

**LIVE REMOTE**

**Instructor Mike Wilson**

- A Practical Computer Class for Older Adults
- Defining and Demonstrating Basic Computer Terms for Beginners
- AI (Ai) for Older Adults-So Easy and Practical!
- Knowing All About Zoom As a Participant
- Help! I Need to Host My First Zoom Session
- Windows 11-Starting from the Beginning
- Microsoft Word: The Very Basics
- Getting More out of Microsoft Word
- All about Pictures-Finding, Organizing, Editing, and Saving on Your Computer!
- Excel for the Absolute Beginner
- Let's Learn All about E-Mailing
- Using Google to Search for Lots of Information
- Getting to Know Your iPhone (\$55)\*
- Getting to Know Your Andriod (\$55)\*
- Save Time and Money with an Easy Computer Tune-Up
- Understanding All the Keys on Your Keyboard

**Register here:**

<https://communityed.laspositascollege.edu/laspositas/>

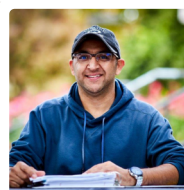
**Select "Classes for Older Adults"**

## GIVE A LITTLE, CHANGE A LOT

Donations play an essential roll in helping us improve and expand our program. A gift of any amount will make a difference.



Your investment is tax deductible: IRS Number 71-0942040.





## Youth Programs

### Bollywood Beats with Kathak Feet (Ages 6- 15)

**Instructor:** Trivedi

**NEW! HYBRID**



This fun and energetic class combines the grace of Indian classical dance Kathak with the excitement of Bollywood dance. You'll learn basic Kathak steps like spins, hand movements, and footwork, and then blend them into lively Bollywood-style choreography. In this sessions, we'll also learn a special dance to "Shape of You", using Kathak moves with a modern twist. This class is perfect for anyone who loves dancing and wants to try something new, expressive, and joyful! Beginners welcome.

**Age range:** 6- 15  
**9/27 - 10/11**

**\$164**

**Sat:** 6 PM - 6:45 PM

### Block Programming: Game Lab

**Instructor:** Progressive Kids

**NEW! LIVE REMOTE**

Game Lab is an exciting coding course that allows students to dive into the world of game design and animation. Students will learn to design and code their own 2D games using JavaScript. They'll master sprite animation, game mechanics, and interactive gameplay by building custom characters, animations, and scoring systems. Through hands-on projects, students will gain skills in loops, conditionals, variables, and functions—while bringing their game ideas to life!

**Age range:** 8-11  
**9/30 - 12/9**

**\$360**

**Tues:** 5:30 PM - 6:30 PM

### 2D Unity Game Design

**Instructor:** Progressive Kids

**NEW! IN PERSON**

Ready to create your own 2D games? In this exciting course, students will dive into Unity, the industry-standard tool used by professionals, and learn to design, program, and bring games to life! Through step-by-step tutorials, students will master C# basics, explore 2D physics, and learn essential game development skills like object creation and user interface design. By the end, they'll have a portfolio of original games to showcase their creativity and coding abilities!

**Age range:** 12-16  
**9/27 - 12/13**

**\$360**

**Sat:** 3 PM - 4 PM

### Python for Kids: Beginner

**Instructor:** Progressive Kids

**NEW! LIVE REMOTE**

Python for Kids is specifically designed to make kids understand the basics of python programming, data analysis, understanding conditions, loops and applying these concepts to build GUI based interactive project using Tkinter. It is an exercise-based program where kids write their own code in real-time programming environment. Kids will learn setting up online coding environment, variables, conditions, functions, string, looping, Tkinter widgets like frame, button, level and canvas and Game. They will work on several mini-projects and one final project using all the concept they did learn through the session.

**Age range:** 10-16  
**9/30 - 12/9**

**\$360**

**Tues:** 4:20 PM - 5:20 PM



### Electronics & Robotics with Arduino

**Instructor:** Progressive Kids

**NEW! IN PERSON**

Unlock the world of electronics and coding with Arduino! In this hands-on class, kids will learn to build circuits, program with C++-inspired Arduino code, and create amazing projects, from robots to smart systems. They'll gain valuable skills in problem-solving, critical thinking, and real-world technology applications, all while unleashing their creativity. Join us on this exciting journey to unlock the power of Arduino!

**Age range:** 12-16  
**9/27 - 12/13**

**\$360 + \$40 Mat Fee**

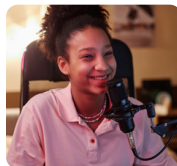
**Sat:** 4:10 PM - 5:10 PM

### Introduction to Voice-Over (VO)

#### & Podcasting for Teens

**Instructor:** Morris

**LIVE REMOTE**



In this workshop designed specifically for teens, instructor and professional voice coach, John Morris, the voice of Andy in the Toy Story movies, will share a comprehensive introduction to Voice-Over (VO) and Podcasting followed by hands-on experience using your speaking voice for commercials, films, videos, and more. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry.

**Age range:** 12-18  
**10/28**

**\$45**

**Tu:** 5 PM - 6:30 PM



### Spanish Explorers: Spanish Classes for Kids

**Instructor:** La Escuelita

**IN PERSON**



Step into the dynamic world of Spanish language learning with our project-based program. Engage in hands-on activities, immersive projects, and interactive lessons tailored to reinforce language skills. From vocabulary building to grammar structures, this innovative approach fosters creativity, critical thinking, and collaboration while propelling your journey towards Spanish fluency. Join us and embark on an exciting adventure of discovery and mastery in the vibrant Spanish language! We offer classes for two different age groups: 7-9 & 10-13.

**Each age group offers three different levels: Beginner, Intermediate, & Advanced.**

**Beginner Level** is best for..... budding Spanish enthusiasts eager to lay a solid foundation and embark on their language learning journey with enthusiasm and curiosity. No previous Spanish knowledge necessary. **Intermediate Level** is best for..... students seeking to expand their language skills, engage in deeper conversations, and explore cultural nuances with confidence and competence. Students here have been exposed to Spanish and are able to greet, ask questions and answer questions in Spanish using the present tense. **Advanced Level** is best for.....advanced learners ready to refine their language mastery, delve into literature and advanced topics, and express themselves with sophistication and fluency. Students here are fluent speakers that would like to practice their language skills.



**(Ages 7 - 9)**

**\$259**

**(Ages 10 - 13)**

**\$279**

**Please see the online course descriptions for dates & times for each level for your child's age group. Classes start 9/8!**



## Continuing Fencing : Foil

**Instructor:** Rheinheimer

**IN PERSON**

Our foil classes are intended for those fencers who have had at least one full year of instruction, or with permission of coach. Emphasis is on correct form, skill techniques, and tactical knowledge. All fencers must provide their own equipment, including electrical gear for future upcoming tournaments.

**Age range:** 10+

**8/19 - 10/9**

**10/14 - 12/16**

**\$219**

**Tues, Thurs: 4:30 PM - 6 PM**

**Tues, Thurs: 4:30 PM - 6 PM**

## Continuing Fencing : Epee

**Instructor:** Rheinheimer

**IN PERSON**

Intensive physical training program for epee fencers who are currently competing. There will be specific time set aside for strength training, point control and footwork drills. Boutings in pools and DE's will be organized on a weekly basis.

**Age range:** 12+

**8/19 - 10/9**

**10/14 - 12/16**

**\$239**

**Tues, Thurs: 6 PM - 8 PM**

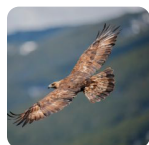
**Tues, Thurs: 6 PM - 8 PM**

# Travel

## Livermore Birding during Fall Migration

**Instructor:** Cimino

**NEW! IN PERSON**



Join us in Del Valle State Park as we learn to recognize local birds by sight or sound. Learn about migration cycles, species distribution, and habitats. Alameda County's Del Valle State Park provides an ideal opportunity to observe the fall migration and post-breeding journeys of birds. During our field excursion, we will be on the look out for Grebes, Terns, Woodpeckers, Magpies, Orioles, Tanagers, Wrens, and Warblers, and we will focus on identifying these families along with year-round Oak Woodland residents, such as Yellow-billed Magpie. We will also be on the lookout for Woodpeckers, Kingfishers, and raptors! Your guide will offer information on species, so note-taking is encouraged, and a list of the bird species seen will be provided. All levels of birding welcome! Beginning birders: come and build your birding skills! These classes are designed for those 11+ (parents can accompany their children) and seniors.

**Age range:** 11+

**9/6**

**\$90**

**Sat: 8:30 AM -11:30 AM**

**This class is held off campus at the Del Valle State Park.**

## San Francisco Bay Birding: Fall Migration

**Instructor:** Cimino

**NEW! IN PERSON**

Middle Harbor Shoreline Park in Oakland is a 38-acre park with a bay side tidal mudflat, which offers great opportunities to observe wintering Shorebirds, Plovers, Waders, Ducks, Terns and returning winter passerines, even the Tropical King Bird. This field trip is ideal for all levels of birding. Beginning birders: come and build your birding skills! These classes are designed for those 11+ (parents can accompany their children) and seniors.

**Age range:** 11+

**11/1**

**\$90**

**Sat: 10 AM -1 PM**

**This class is held off campus at the Middle Harbor Shoreline Park in Oakland.**

## Get Paid to Teach English - Overseas, in the USA & Online

**Instructor:** Henry

**LIVE REMOTE**

Learn how Gina has taught her way around the world & paid for vacations and travel to 100 countries. Teaching English can be a high paying career or simply a great way to travel free. English is the world's business & travel language. Being able to speak English helps people get better paying jobs & life changing choices. If you speak English, you can teach conversational English! You don't have to be certified or speak the local language. However, getting certified can help you make more money & get a job faster and easier. There are now many excellent affordable online certification programs. Plus, make money teaching English online, earn a free vacation, a 2-month paid summer job, or full-time work that earns up to \$90K a year. Learn about the best paying jobs, how to promote your teaching qualifications, the best certification programs (online & in person) and specific hiring organizations. Registration includes her 100-page digital book "Get Paid to Teach English."

**Age range:** 16+

**11/1**

**\$59**

**Sat: 9 AM -12 PM**

## How to Travel Free & Make Money Traveling

**Instructor:** Henry

**LIVE REMOTE**

We're back to our travels, but everything is getting more expensive. So how do we make our travel free and even make money while we are traveling? Learn how to find the deep travel discounts motivating us to see the world. If you are retired, changing careers, a student, or someone who likes the idea of making additional income to support your travel dream, this class is for you. World traveler Gina Henry shows you how she has traveled for free to 104 countries and all 50 states. Plus learn important tips on travel safety, trip insurance, affordable retirement opportunities & other inspirational life enhancing strategies. Earn free airline tickets, hotel nights, tours, cruises & more! Volunteer, fun work-vacations, paid travel, teach English, mystery shopping, importing, drop shipping & remote employment opportunities. Tuition includes her 100- page digital book.

**Age range:** 16+

**10/4**

**\$59**

**Sat: 9 AM -12 PM**

## The Secrets of Travel- Hacking: Reward Credit Cards Free Air, Hotels, & Cash Back

**Instructor:** Henry

**LIVE REMOTE**

You can earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel. Reward programs and their reward credit cards can earn you the miles & points you need to fly free & stay free. Redeem them for high-value trips. Flights and hotels are typically the most expensive part of your vacation budget. Plus earn cash-back to pay for all your other travel expenses. Gina will show you her easy "Beginner Strategy" then graduate you to more advanced strategies that earn you ONE MILLION+ reward points a year. All the major reward programs will be detailed: airlines, hotels, banks, etc. Also learn tips for flying business and first class. Registration in includes her 70-page digital book.

**Age range:** 16+

**10/11**

**\$59**

**Sat: 9 AM -12 PM**

## Real Estate & Home Improvement

### First Time Home Buyer - What You Should Know!

**Instructor:** Nop

**IN PERSON**

Buying your first home can be overwhelming and stressful; ease that stress by learning from local real estate experts. Tri-Valley Real Estate Agent, Mony Nop, is eager to help. Whether you are ready right now or are planning to buy in the future, find out what you need to do to prepare to make your first home purchase, including: investigating loan and down payment options, setting your budget, finding the right realtor and loan officer, analyzing your credit score, getting pre-approval for your loan, finding the right house for you, navigating the escrow process, making sure you understand insurance, and taxes and basic home maintenance.

**Age range:** 18+

9/18

11/22

**\$20**

**Thurs:** 5 PM - 7 PM

**Sat:** 10 AM - 12 PM

### Buy Rentals in America's Fastest Growing Boomtowns!

**Instructor:** SeeWing

**LIVE REMOTE**

Location, Location, Location! Learn how to buy low-cost, high-cash-flow, and appreciating rental properties in the fastest-growing "Boomtown" markets in the country. After your initial purchases, within 2-6 years, you can either do a cash-out refinance or a 1031 tax-deferred exchange to leverage and scale into more properties. Repeat this process every 2-6 years, and you may be able to retire in 10-15 years—living life on your own terms. The only way to achieve this is by buying in the right "Boomtown" growth markets. We will reveal the top 4 housing markets where this is possible.

**Age range:** 18+

9/9

**\$59**

**Tues:** 6 PM - 9 PM

### Bathroom Remodel Tips

**Instructor:** Hornbeck

**LIVE REMOTE**

If you are thinking of doing a bath remodel, this class is for you! You will learn what you should consider before you do a remodel-budget, design considerations, contractor selection, and more! Resources and tips will be given along with how to budget for your new bath. Most importantly, you will learn about fine tuning the small details in a bath design that can often turn into costly mistakes.

**Age range:** 18+

9/10

10/16

**\$39**

**Wed:** 7 PM - 9:30 PM

**Thurs:** 7 PM - 9:30 PM

### Kitchen Remodel Tips

**Instructor:** Hornbeck

**LIVE REMOTE**

If you are thinking of doing a kitchen remodel, this class is for you! You will learn what you should consider before you do a remodel-budget, design considerations, contractor selection, and much more. Resources and tips will be given along with how to budget for your new kitchen. Most importantly, you will learn about fine tuning the small details in a kitchen design that can often turn into costly mistakes.

**Age range:** 18+

9/17

10/23

**\$39**

**Wed:** 7 PM - 9:30 PM

**Thurs:** 7 PM - 9:30 PM

## Computers & Technology

### Introduction to AI for Everyday Work

**Instructor:** Cohen

**NEW! LIVE REMOTE**

Discover the potential of AI tools in this introductory session designed for professionals, educators, and small business owners. Learn how to integrate AI into your daily tasks, from simplifying workflows to boosting creativity and productivity. By the end, you'll understand how to interact with AI tools effectively and explore their endless possibilities.

**Age range:** 18+

10/9

**\$49**

**Thurs:** 6 PM - 9 PM

### Research, Analysis, & Learning with AI

**Instructor:** Cohen

**NEW! LIVE REMOTE**



Explore how AI can transform the way you conduct research and analyze information. This session will guide you in using AI to find relevant data, simplify complex materials, and produce actionable insights.

Whether you're a business owner making strategic decisions or an educator curating knowledge, this class will enhance your capabilities.

**Age range:** 18+

10/23

**\$49**

**Thurs:** 6 PM - 9 PM

### Protection Against Phishing: Safeguarding Your Digital Life

**Instructor:** Cetin

**NEW! LIVE REMOTE**

This course empowers you to recognize and avoid phishing scams, which are fraudulent attempts to steal sensitive information. Through interactive lessons and real-world examples, students will learn how to identify suspicious emails, links, and messages, adopt best practices to protect their personal and financial data, and what steps to take if you suspect a phishing attempt. Handouts and access to online resources included in class fees.

**Age range:** 16+

9/8 - 9/17

**\$99**

**Mon, Wed:** 4 PM - 5 PM

### Create Your Website for Fun, Profit & Business!

**Instructor:** Boyd

**LIVE REMOTE**

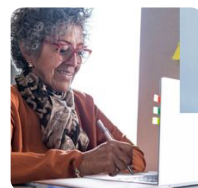
Discover the best copy/paste, drag and drop website builders that will meet your needs and create an appealing, modern, dynamic, small business website. Included is a complete comparison review of the top Website and E-commerce Store builders. Determine the best planning and layout for your site's specific requirements, with an attention-grabbing Initial Focal Point. Learn Search Engine Optimization (SEO), Social Media Marketing, and the Tips and Tricks, Dos and Don'ts of website design. Discover the #1 Secret to a successful website!

**Age range:** 18+

10/7

**\$69**

**Tues:** 6 PM - 9 PM





# FEATURED CLASS

## Project Management

### **Why earn your Project Management Professional (PMP) Certification?**

Project managers with formal training and credentials stand out in the market. The Project Management Professional (PMP®) credential is considered the global gold standard in certifications, but obtaining this credential requires formal project management training and demonstrated experience in the discipline. Based on the 2023 salary survey performed by the Project Management Institute (PMI®), 66% of respondents reported compensation increases over the past twelve months, with 61% stating greater than 5% increases. *Should you desire to pursue your PMP® certification, this course will prepare you to do so. You will even earn 20 professional development hours!*

- Price \$350
- In Person Classes
- Age range: 18+

Gerald has led the development of project managers for the last twenty years and has executed over 200 corporate and supply chain programs & projects. He has an Executive MBA from St. Mary's College of CA, a Master's Certification in Project Management from George Washington University, Advanced Project Management Certification from Stanford, and holds Project Management Professional (PMP®) and Agile (DASM®) Certifications.

#### **Two sections available:**

##### ➤ **Section 1: 9/11-12/11**

Thursdays, 5:00-6:30 pm

##### ➤ **Section 2: 9/9-12/16**

Tuesdays, 5:00-6:30 pm

Taught by: Gerry Jeffs, PMP



REGISTER NOW



See **page 6** for more details.

# Fine Arts, Crafts, & Graphic Design

## Ceramic Sculpture for Beginners

**Instructor:** Dewhurst

**NEW! IN PERSON**

In this course, you will create a beautiful clay wall sculpture step-by-step in a series of two lessons that cover preparing, working with, and modeling in clay, creating an original sculptural design, working with under-glazing and glazing techniques, and learning about kiln-firing. To give time for the pieces to be kiln-fired before glazing, the course is divided into two lessons that are two weeks apart. There will be a short meet-up after the final kiln-firing so that students can collect their finished pieces. This course is a fun, relaxed way to learn about working with clay, resulting in a beautiful art work you will be proud to display. Materials: Clay, glazes, and firing cost included in course fee.

**Age range:** 16+

**\$150**

**1/8/26**

**Thurs: 5 PM - 7 PM**

**&**

**1/22/26**

**Thurs: 5 PM - 6:30 PM**

**&**

**2/5/26**

**Thurs: 5 PM - 5:30 PM**

## Vineyard Themed Colored Pencil Draw-&-Sip

**Instructor:** Dewhurst

**NEW! IN PERSON**

Join us for a fun and easy draw-&-sip event, and create a beautiful vineyard-themed colored pencil drawing. Participants are guided step-by-step through the process, making it accessible and enjoyable for everyone, regardless of skill level. It's a fun, relaxed way to socialize and create art. Unleash your creativity, experiment with colors, and express yourself through art. 21+ required to purchase wine. All supplies provided.

**Age range:** 16+

**\$65**

**9/27**

**Sat: 2 PM - 4:30 PM**

**This class is held off campus at JMC Cellars.**

## Vineyard Themed Watercolor Paint-&-Sip

**Instructor:** Dewhurst

**NEW! IN PERSON**

Join us for a fun and easy paint-&-sip event, and create a beautiful vineyard-themed watercolor painting. Participants are guided step-by-step through the process of creating a painting, making it accessible and enjoyable for everyone, regardless of skill level. It's a fun, relaxed way to socialize and create art. Unleash your creativity, experiment with colors, and express yourself through art. 21+ required to purchase wine. All supplies provided.

**Age range:** 16+

**\$65**

**9/20**

**Sat: 2 PM - 4:30 PM**

**This class is held off campus at JMC Cellars.**

## Portrait Drawing for Beginners

**Instructor:** Dewhurst

**IN PERSON**

Have you thought about drawing the portrait but do not know where to start? This course is for adult beginners, or those who would like to refresh their basic portrait drawing skills. With the guidance of local artist Thomasin Dewhurst, you will use pencil and charcoal, and learn drawing and shading techniques, materials to use, composition, proportions and creating likeness. Your instructor will include demonstrations as you learn. Students completing this course will have the skills to create convincing portraits on their own. The materials fee of \$10 includes all of the tools and supplies that you will need during the course.

**Age range:** 16+

**\$129 + \$10 Mat Fee**

**11/6 - 11/20**

**Thurs: 5 PM - 6:45 PM**

## Watercolor for Beginners

**Instructor:** Dewhurst

**IN PERSON**



Have you thought about watercolor painting but do not know where to start? This course is for beginners, or those who would like to refresh their basic watercolor skills. With the guidance of local artist Thomasin Dewhurst, you will practice the art of watercolor painting, the techniques, materials to use, composition, plus aspects of both realism and more expressive painting. Your instructor will include demonstration as you learn. Students completing this course will have the skills to better paint on their own, or even participate in more advanced workshops and art events, such as Paint Livermore. The materials fee of \$10 includes all of the tools and supplies that you will need during the course.

**Age range:** 16+

**10/9 - 10/30**

**\$174 + \$10 Mat Fee**

**Thurs: 5 PM - 6:45 PM**

## Drawing & Painting Skills for Beginners

**Instructor:** Dewhurst

**IN PERSON**

Have you thought about painting or drawing but do not know where to start? This course is for adults beginners, or those who would like to refresh their basic art skills, to draw and paint in a traditional, realistic style. You will practice line drawing, shading and blending, proportion, perspective, composition and tonal balance. Then, we will take the drawing skills and apply them to painting practice. Using mainly acrylic paint, we will learn specific painting skills, such as color theory, color-mixing, impasto painting, glazing, scumbling. Selected History of Art references will be included to demonstrate certain aspects, and your instructor will include demonstrations as you learn. Students completing this course will have the skills to better paint on their own, or even participate in more advanced workshops and art events. The materials fee covers all tools and supplies.

**Age range:** 16+

**9/4 - 9/25**

**\$140 + \$10 Mat Fee**

**Thurs: 5 PM - 6:30 PM**

## Procreate Fundamentals: Learn Digital Drawing from Scratch for Art Students

**Instructor:** Del Rio

**HYBRID**

Embark on an exciting journey into the world of digital art with our Procreate course designed for beginners! Whether you are an aspiring artist or hobbyist, this course will equip you with the skills and knowledge needed to create stunning digital artwork on your iPad using Procreate, a digital art application.



Starting from the basics, you will learn how to navigate the Procreate interface, use essential drawing tools, and understand the fundamentals of color theory. Dive into hands-on exercises and guided tutorials to master techniques, such as sketching, painting, and blending. Explore the power of layers, brushes, and special effects to add depth and dimension to your creations. By the end of the course, you will have the tools and convenience to create stunning digital art pieces that showcase your unique style and vision.

**Age range:** 12+

**9/4 - 10/25**

**\$77**

**Thurs: 4 PM - 5:30 PM**

**Please come prepared with your Apple iPad, Apple Pencil & Procreate installed.**

## Procreate Fundamentals: Digital Drawing from Scratch for Interior Design

**Instructor:** Del Rio

**HYBRID**

Embark on an exciting journey into the world of digital art with our Procreate course designed for interior design students! This course will equip you with the skills and knowledge needed to create stunning digital artwork on your iPad using Procreate, a digital art application. You will learn how to navigate the Procreate interface, use essential drawing tools, and understand the fundamentals of color theory. Dive into hands-on exercises and guided tutorials designed interior design students to master techniques such as sketching, painting, and blending. Explore the power of layers, brushes, and special effects to add depth and dimension to your creations. You will gain confidence and proficiency in using Procreate to release your creativity and have the tools and convenience to create stunning digital art pieces that showcase your unique style and vision.

**Age range:** 18+

**\$125**

**9/4 - 9/25**

**Thurs: 6 PM -8:30 PM**

**Please come prepared with your Apple iPad, Apple Pencil & Procreate installed.**

## Procreate Beyond Basics: Advanced Techniques for Art Students

**Instructor:** Del Rio

**HYBRID**

The "Procreate Beyond Basics" is designed for artists who are ready to take their digital illustration skills to the next level. This course dives deep into Procreate's advanced tools and techniques, teaching students how to create complex compositions, customize brushes, and utilize professional-level workflows. Participants will explore in-depth methods for digital painting, including blending modes, masking tools, and layer effects, to produce polished and detailed artwork. By the end of the course, students will have the skills to elevate their digital art projects and build a standout portfolio. Ideal for artists looking to push their creative boundaries and achieve mastery in Procreate.

**Age range:** 12+

**\$77**

**10/9 - 10/30**

**Thurs: 4 PM -5:30 PM**

**Prerequisite : Procreate Fundamentals**

**Please come prepared with your Apple iPad, Apple Pencil & Procreate installed.**

## Procreate Beyond Basics: Advanced Techniques for Interior Design

**Instructor:** Del Rio

**HYBRID**

The Procreate Beyond Basics for Interior Designers focuses on equipping them with advanced digital techniques to elevate their design presentations. In this course, students learn to create detailed floor plans, elevations, and 3D renderings using Procreate's specialized tools. Key skills include mastering floor plan renderings with speed and accuracy, doing perspective and isometric drawings, and add a variety of materials and finishes. Students will explore custom brushes ideal for showing intricate details like fabrics, wood floor or stone materials, and other décor elements. This course also covers effective use of Procreate's perspective and isometric default grid tools to streamline precise room visualization. Each lesson includes hands-on projects and professional tips for producing high-quality interior design artwork. Collaborative feedback sessions encourage students to refine their work with client and industry standards. By the end of the course, designers will have the confidence to use Procreate as a powerful tool in their interior design toolkit.

**Age range:** 18+

**\$125**

**10/9 - 10/30**

**Thurs: 6 PM -8:30 PM**

**Prerequisite : Procreate Fundamentals**

**Please come prepared with your Apple iPad, Apple Pencil & Procreate installed.**



## How to Make Your Own Soap

**Instructor:** Abdul

**LIVE REMOTE**

Your bath can become your at-home getaway when you add beautiful and fragrant handmade glycerin soaps. Making these beautiful soaps is easy, enjoyable, and a way to express your creativity. In this live online course, you will create different types of soaps while learning how to use colors, molds, fragrances, essential oil, extract, herbs, and, also, novelties. There will be a virtual discussion on how to make organic, natural or therapeutic soap. Each participant will receive zoom link and ingredient list a week before the start of class. A digital book is included in the price of the course.

**Age range:** 18+

**\$49**

**11/13**

**Thurs: 6 PM - 9 PM**



## How to Make Your Own Candles

**Instructor:** Abdul

**LIVE REMOTE**

Have you ever wondered how beautiful candles are made? Have you ever wanted to make fragrant, multicolored candles for yourself or friends? In this dynamic online workshop, students will learn virtually how to create unique candles to admire and share for far less than what they cost in stores. During this class, you will complete several candles and learn skills that will allow you to continue making your own candles. Each participant will receive zoom link and ingredient list in their email before the class. A digital book is included in the registration fee.

**Age range:** 18+

**\$49**

**10/14**

**Tues: 6 PM - 9 PM**

## Featured Instructor Mony Nop



**Mony Nop** is a highly experienced Realtor with 17 years in the industry, following a 17-year career as a Livermore police officer. As a Realtor and Real Estate Instructor at the Bay East Association of Realtors, he has bought and sold over 400 homes and expertly negotiated more than 1000 purchase contracts in the Bay Area.

**Find First Time Home Buyer -  
What You Should Know! on page 14.**



## Performing Arts

### Introduction to Voice-Over (VO) & Podcasting

Instructor: Morris

**LIVE REMOTE**



In this workshop, instructor and professional voice coach, John Morris, will share a comprehensive introduction to Voice-Over (VO) and Podcasting followed by hands-on experience using your speaking voice for commercials, films, videos, and more. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry.

Age range: 18+  
10/21

\$45

Tu: 6 PM - 7:30 PM

### Discover Voice-Over: Learn How to Make Money Voicing Commercials!

Instructor: Foster

**LIVE REMOTE**

In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead!

Age range: 18+  
10/8  
11/20

\$35

Wed: 6 PM - 8 PM

Thurs: 6 PM - 8 PM

## Featured Instructor

Liane Aanderaa



**Ms. Liane Aanderaa** is a native of Beijing, China. She earned a BA in Arts and Education from Beijing Normal University. In 1990, she relocated to Oslo, Norway, where she completed a BS in Economics and Business Administration. While there, she taught Chinese language and culture. Since moving to California in 2012, she has continued to teach Chinese language and culture.

Find Introduction to Chinese Language & Culture on [page 20](#).

## Fitness & Health

### Women's Only Personal Protection Program

Instructor: Molina

**NEW! IN PERSON**

Imagine that it is late at night and you, and/or your daughter, are alone and are walking to your car. The parking lot is empty, and out of the corner of your eye you see a large figure approaching...What Would You Do? You will learn basic and easy to learn movements that will aid you in protecting yourself during a physical attack. We will cover victim vs. non-victim behavior, proper striking techniques with the hands-legs-feet-knees-elbows grab escapes, effective body targets, and drills to enhance familiarity and efficacy in use.

Age range: 16+

9/4 - 10/23

\$249

Thurs: 6:30 PM - 8 PM

This course is being held at Kokua Martial Arts Academy in Pleasanton.

### Release Your Anger & Anxiety: Somatic Awareness Workshop

Instructor: Angvert Harren

**IN PERSON**

You've tried everything: books, courses, seminars, and therapy, but nothing seems to work. Despite your investment in time, money, and effort, you feel you're still stuck in negative cycles. But, what if you could release your anger and anxiety? This workshop consists of a presentation and physical exercises that will provide actionable steps and techniques to improve emotional well-being, peace of mind, and the freedom to BE!

Age range: 18+

9/25 - 10/2

10/25

\$99

Thurs: 6 PM - 8 PM

Sat: 9 AM - 1 PM

### Managing Life Challenges: Emotional Wellness Course

Instructor: Walters

**NEW! IN PERSON**

Learn how to assess and enhance your self-care practices; this class provides an overview of common challenges we all face, including sadness, anxiety, sleep disruptions, and relationship struggles, and through guided discussions, practical strategies, and reflective exercises, you will gain a deeper understanding of these challenges, develop a shared language around them, and explore effective ways to navigate and manage them as they arise. Progress will be measured using quantitative assessment scales administered both before and at the last class to track growth and effectiveness. Take the first step toward a healthier, more balanced you. Copies of the course slides and handouts are included.

Age range: 18+

10/21 - 11/4

11/11 - 11/25

\$179

Tues: 9:30 AM - 11 AM

Tues: 9:30 AM - 11 AM

### Bollywood Beats with Kathak Feet for 15+

Instructor: Trivedi

**NEW! HYBRID**

This fun and energetic class combines the grace of Indian classical dance Kathak with the excitement of Bollywood dance. You'll learn basic Kathak steps like spins, hand movements, and footwork, and then blend them into lively Bollywood-style choreography. In this sessions, we'll also learn a special dance to "Shape of You", using Kathak moves with a modern twist. This class is perfect for anyone who loves dancing and wants to try something new, expressive, and joyful! Beginners welcome. No experience needed.

Age range: 15+

9/27 - 10/11

\$164

Sat: 7 PM - 7:45 PM

## Cultivating Resilience

**Instructor:** Walters

**NEW! IN PERSON**

This course will help you build emotional awareness, foster self-compassion, strengthen relationships, and develop resilience. Through interactive discussions, mindfulness exercises, and practical techniques, you'll learn to process emotions, set healthy boundaries, and manage stress effectively. Each class focuses on key skills, including emotional regulation, active listening, and distress tolerance. Join us to enhance your well-being and navigate life's challenges with confidence! Copies of the course slides and handouts are included.

**Age range:** 18+

**10/21 - 10/28**

**11/4 - 11/11**

**\$119**

**Tues: 11:30 AM -12:30 PM**

**Tues: 11:30 AM -12:30 PM**

## Mindful Success:

### Transforming Self- Doubt into Bold Action

**Instructor:** Dieli- Everett

**NEW! HYBRID**

Inspired by the breakthrough Stanford University's "Creativity in Business" taught by Michael Ray, this course integrates mindfulness practices to help participants develop authenticity, creativity, and clarity. Over six weeks, you will explore transformative topics, such as overcoming self-doubt, building confidence, and aligning personal values with professional goals. Through reflective writing, meditation, and peer coaching, you will gain tools to navigate challenges, reduce stress, and create breakthroughs in their work and life.

**Age range:** 18+

**9/9 - 10/14**

**9/20 - 10/25**

**\$199**

**Tues : 6:30 PM - 8 PM**

**Sat : 9 AM - 10:30 AM**

## Tai Chi for Wellness & Balance:

### A Beginner- Friendly Mind- Body Practice

**Instructor:** Liu

**NEW! IN PERSON**

Experience the gentle power of Tai Chi in this welcoming, beginner-friendly class designed to support your mind and body. Tai Chi is a centuries-old Chinese movement practice known for its flowing motions, meditative pace, and wide-ranging health benefits. In this course, you'll learn simple, accessible movements from Tai Chi. We'll focus on improving balance, posture, and flexibility while reducing stress and enhancing overall well-being. Each session includes guided movement, breathing techniques, and brief discussions on how Tai Chi supports healthy aging, stress relief, and mental clarity. Slow down, reconnect with your body, and build wellness from within.

**Age range:** All

**9/7 - 10/5**

**\$79**

**Sun : 8 AM - 9 AM**

## Golf for Beginners & Intermediate Play

**Instructor:** Sapsford

**IN PERSON**

Looking to improve your golf game this spring? Learn with the guidance of an expert and with the support of other community members looking to improve. This course will analyze your grip, set-up, alignment and the full swing, and the instructor will provide video analysis and feedback on what to improve. You will learn various short game techniques including pitching, chipping, putting, and sand play. The last focuses on the theme of course management and involves playing 9 holes of golf. All levels welcome! Materials: Small additional fee to purchase range golf balls (\$7 per bucket). We can provide if you do not have golf clubs.

**Age range:** 14+

**8/20 - 10/29**

**\$119**

**Wed : 5 PM - 6:20 PM**

**This class is held off campus at the Las Positas Golf Course.**

## Pickleball for All Levels of Play

**Instructor:** Sapsford

**IN PERSON**

Pickleball is a fun, social physical activity that is growing in popularity. This course provides instruction on the fundamentals of Pickleball, incorporating scoring, rules, technique, and strategy. All levels are welcome.

**Age range:** 14+

**8/17 - 11/16**

**8/17 - 11/16**

**\$142**

**Sun : 4 PM -5:45 PM**

**Sun : 6 PM -7:45 PM**

## Chi Walking:

### Walk with Ease, Energy, & Avoid Injury

**Instructor:** Wood

**IN PERSON**

The Chi Walking technique emphasizes walking form—the proper and effective biomechanics of walking and draws from the movement principles of Tai Chi to make walking easier on the body by promoting energy efficiency and injury prevention. How you walk dictates how stress moves through your body while walking. Discover how efficient walking techniques distribute less stress on your body. Through innovative walking drills and exercises you will learn and practice how to: develop and maintain good posture and use the power of your core to create smooth whole-body walking which reduces the stress and strain on your hips, back, legs, knees and feet. Learn how to use cadence, cooperate with the pull of gravity, engage efficient arm swing for different walking speeds, how to loosen joints for flexibility and more. The class is suitable for walkers and hikers of all conditioning and experience levels. Reference materials will be e-mailed post event.

**Age range:** 18+

**11/1**

**\$82**

**Sat : 1 PM - 3:45 PM**

## Chi Running: Run Smarter, Not Harder- Maximize Energy, Minimize Strain

**Instructor:** Wood

**IN PERSON**

This workshop is for runners of all abilities: beginners who want to start off "right", recreational runners, seasoned runners, triathletes who want to increase distance or speed, and runners who are tired of getting injured. The Chi Running technique emphasizes running form and draws from principles of Tai Chi to make running easier on the body by promoting energy efficiency and injury prevention. You will be guided through exercises and drills designed to leave you with a clear sense of what the Chi Running technique feels like in your body. You'll learn focuses and unique tips and visualizations for upper and lower body to help conserve energy, vary speed, and avoid injury. We will not be doing lots of running, so no matter what condition you're in, have no fear. Reference materials will be emailed.

**Age range:** 15+

**11/1**

**\$89**

**Sat : 9 AM - 12 PM**

## Change Your Life With Energy Medicine Yoga

**Instructor:** Chess

**HYBRID**

If you're struggling with emotional or physical stress, tension, anxiety, body challenges, hormonal issues, or you simply want a more peaceful and fulfilling life, this course is for you! This is a gentle, easy, transformative, mind-body healing practice. It guides you to connect with your innate inner wisdom. Moreover, it releases stuck tension, enables you to move with ease, restore balance, regulate your nervous system, and give you the resilience you need to live your best life. This class will make you feel balanced, vibrant and connected to your body. Materials: yoga mat. Optional: yoga blocks, bolster, blanket, eye pillow, yoga strap.

**Age range:** 20+

**9/20 - 11/22**

**\$199**

**Sat: 9:30 AM -10:45 AM**



## Setchu-ryu Jujutsu

**Instructor:** Kutil

**IN PERSON**

Setchu-ryu Jujutsu is an eclectic system of martial arts comprised of several distinct systems blended together into one seamless style. The primary systems incorporated in the system are Danzan Ryu Jujitsu, Tenio DeCuerdas Eskrima, Lua Halau O Kaihewalu, though students will also learn concepts from Kosho Ryu Kenpo, Aikido, and Rillamas Serrada Eskrima, and Wa Ko Ryu Jujutsu. Students will be taught how to apply and receive throws safely, apply and escape locks, manipulate joints, control an opponent's balance, strike quickly and effectively, activate nerves, take advantage of vital points, and use and defend against weapons. This course is physically demanding and will require regular attendance and conditioning for progression.

**Age range:** 18+  
8/19 - 12/11

**\$100**

**Tues, Thurs :** 6:15 PM - 8 PM

## West Coast Swing : Basic Principals of Partner Dancing

**Instructor:** Rodriguez

**IN PERSON**

If you are looking to improve your social life, mental health, personal growth, musicality, creativity and physical health, then this dance class/course is for you! Swing dancing is a social activity that can help you meet new people and connect with others.

West Coast Swing lessons can help you build confidence, patience, and perseverance. They can also help you unleash your creativity and challenge yourself. Social dancing with different partners can help you improve your lead/follow techniques and learn to adapt to different partners. Swing dancing can improve your mood, reduce stress, and boost your self-esteem. West Coast Swing is a full-body workout that can improve your cardiovascular health, lower your risk of heart disease, and help you lose weight, and it will always keep your mind sharp as well!

**Age range:** 18+

**\$278**

**Beginner 1**

9/4 - 10/16

**Thurs:** 5:30 PM - 6:30 PM

**Beginner 2**

10/23 - 12/4

**Thurs:** 5:30 PM - 6:30 PM

**Dance shoes with suede bottom or jazz shoes are recommended.**

## Cuban Salsa Dance

**Instructor:** Valverde

**IN PERSON**



Discover the vibrant rhythms and dynamic movements of Salsa Cubana! Whether new to salsa or looking to refine your skills, this class is perfect for you. This course is designed to teach you the fundamental steps and techniques of Cuban Salsa, ensuring you build a solid foundation. No partner or prior experience is required – just bring your enthusiasm and energy. By the end of this course, you'll feel confident on the dance floor and ready to shine.

**Age range:** 18+

**\$140**

9/5 - 10/10

**Fri:** 6 PM - 7 PM

10/24 - 12/5

**Fri:** 6 PM - 7 PM

**Formal attire not required.**



# Languages

## Beginning French for Travelers

**Instructor:** Alliband-McGrew

**NEW! IN PERSON**

Planning a trip to France? This practical and engaging course is designed for travelers with no prior French experience who want to feel more confident navigating real-life situations abroad. We'll cover essential language skills such as greetings, polite expressions, and how to get around using public transportation. You'll learn how to check into hotels, buy tickets to museums and events, and—most importantly—how to read and order off a French menu! The course also includes cultural insights into common courtesies, safety tips, and helpful strategies for visiting popular attractions and discovering off-the-beaten-path experiences. By the end of the course, students will be able to navigate common travel settings with recognition of appropriate responses and what they are being asked for. Read basic signs, menus and understand cultural norms in France. **No prior French required.** You will be provided with a packet at no additional cost. Please bring pen or pencil.

**Age range:** 18+

**\$199**

9/9 - 10/28

**Tues:** 7 PM - 8 PM

## Introduction to Chinese Language & Culture

**Instructor:** Aanderaa

**NEW! LIVE REMOTE**

This carefully designed introductory course provides you with the foundational skills to speak, read, and type Mandarin Chinese at a basic level. The course emphasizes the use of the Pinyin Romanization system to support accurate pronunciation and effective language learning. You will also begin working with simplified Chinese characters, learning how to recognize and type them using Pinyin-based input methods. In addition to language instruction, you will explore key elements of Chinese culture, enriching your understanding of the language in context. All course materials are provided free of charge and shared via Google Classroom.

**Age range:** 16+

**\$99**

9/8 - 10/6

**Mon:** 6 PM - 7 PM

## Introduction to Japanese Language & Culture

**Instructor:** Belardino

**LIVE REMOTE**

Are you interested in taking the Japanese Language Proficiency Test (JLPT), living or studying in Japan, or working in the animation and gaming industry? This class is for the academically inclined individual not afraid to take a deep dive into the complicated world of Japanese grammar, reading, and writing. We will cover both hiragana, katakana, and an introduction to Kanji. Let's study Japanese!

**Age range:** 14+

**\$160**

9/24 - 12/10

**Wed:** 7:30 PM - 8:30 PM

**Required Books:** Genki 1 Third Edition: An Integrated Course in Elementary Japanese 1 Textbook & Workbook Set.

## Beginning Conversational Spanish

**Instructor:** Moyer

**IN PERSON**

Beginning Conversational Spanish starts with language fundamentals including the alphabet, pronunciation, basic vocabulary and grammar rules. Emphasis is placed on simple conversational situations. Students learn sentences and phrases they need to express themselves in Spanish at work and while traveling.

**Age range:** 20+

**\$320**

9/4 - 12/11

**Thurs:** 7:30 PM - 9 PM

**Required Books:** Beginning & Intermediate Spanish classes use Practical Spanish Grammar by Marcial Prado.



## Intermediate Spanish A

Instructor: Moyer

IN PERSON

Class continues after Beginning Conversational Spanish. Students build upon their prior knowledge to develop the foundational vocabulary necessary to carry on basic conversations such as greetings, farewells, addresses, phone numbers, directions, and interaction with other Spanish speakers. Students also learn more about how Spanish culture differs in various Spanish speaking countries throughout the world. Students' conversation and reading abilities will improve with this intermediate series.

Age range: 20+

\$320

9/3 - 12/10

Wed: 7:30 PM - 9 PM

## Intermediate Spanish B

Instructor: Moyer

IN PERSON



Class continues after Beginning Conversational Spanish and Intermediate Spanish A. Students build upon their prior knowledge to develop the foundational vocabulary necessary to carry on basic conversations such as greetings, farewells, addresses,

phone numbers, directions, and interaction with other Spanish speakers. Students also learn more about how Spanish culture differs in various Spanish speaking countries throughout the world. Students' conversation and reading abilities will improve with this intermediate series. Please purchase the book prior to the first class meeting.

Age range: 20+

\$320

9/4 - 12/11

Thurs: 6 PM - 7:30 PM

## Advanced Spanish

Instructor: Moyer

HYBRID

This course is designed for people who have completed at least 2 years of Conversational Spanish. A more complex look at Spanish Grammar is a part of this class. Learn even more about different Spanish cultures throughout the world. Improve your reading and comprehension as well. In this conversation course, you will be given the opportunity to communicate using the Spanish you have been learning through former classes. This practice will enhance your travel, work, and everyday interactions with Spanish-speaking people. Please note that this is a HYBRID course; you can come in-person or Zoom in online from home.

Age range: 20+

\$320

9/3 - 12/10

Wed: 6 PM - 7:30 PM

**Prerequisite:** Completion of "Intermediate Spanish B" or instructor permission is necessary to take this class.

**Required Book:** Advanced Spanish Grammar by Marcial Prado.

## Beginning Korean Language & Culture 1

Instructor: Moon

IN PERSON

This course is perfect for anyone new to Korean! You will start by learning the Korean alphabet (Hangul) and basic words and phrases to use in everyday conversations. We will cover speaking, listening, reading, and writing skills while also exploring fun aspects of Korean culture – like food, traditions, and modern life. Get ready to embark on an exciting journey into the Korean language & culture!

Age range: 17+

\$199

8/26 - 10/14

Tues: 6 PM - 7:30 PM

**Required Books:** Beginning Korean Language & Culture 1/2 classes use Sogang Korean 1A Student's Book and Sogang Korean 1A Workbook.

## Beginning Korean Language & Culture 2

Instructor: Moon

HYBRID

This course is for those who have completed Beginning Korean Language & Culture 1 or already know some basics. You will build on your skills in speaking, listening, reading, and writing while expanding your vocabulary and grammar. Dive into everyday conversations and explore exciting cultural topics like Korean holidays, music, and dramas. Ages 17+ are welcome. Join for interactive activities that will boost your confidence and deepen your appreciation for Korean culture. Let's level up your Korean!



Age range: 17+

\$199

10/21 - 12/16

Tues: 6 PM - 7:30 PM

**Classes will be held in person from 10/21 - 11/18 then will transition to LIVE REMOTE via Zoom.**



## Featured Instructor Shradhdha Trivedi



**Shradhdha Trivedi** is a trained Kathak dancer with over a decade of experience blending the elegance of Indian classical dance with the energy of modern fusion. Trained in the Jaipur Gharana and now based in the U.S., she brings grace, rhythm, and storytelling to every class.

**Find Bollywood Beats with Kathak Feet on pages 12 & 18**

## Writing

### Writing and Editing with AI

**Instructor:** Cohen

**NEW!** **LIVE REMOTE**

Unlock the power of AI to improve your writing. This class will teach you how to use AI tools to create compelling content and refine your writing style. Perfect for professionals needing polished reports, educators developing learning materials, and entrepreneurs crafting marketing copy.

**Age range:** 18+

**10/16**

**\$49**

**Thurs : 6 PM - 9 PM**

### Beginner's Guide to Using FREE ChatGPT (AI) for Writers

**Instructor:** Krusemark

**LIVE REMOTE**

ChatGPT (AI) is here to stay and is the future for writers and content creators. Don't be left behind! No prior AI experience required. Do you want to learn how to incorporate the power of cutting-edge technology to gain ideas and inspiration, write web content, articles, and even novels or scripts? In this beginner-friendly course, you'll learn how to: register for a FREE ChatGPT account, input effective writing prompts to avoid nonsense responses, build creative content, from stories to marketing copy, determine its capabilities and limitations, and understand ethical/legal considerations using ChatGPT. There's no doubt ChatGPT and similar AI systems will force the job market to evolve. It's crucial for everyone to adapt, learn new skills, and be open to working in collaboration with AI, so start building your expertise in the world of ChatGPT now! Informative handouts for future use are included in class fee.

**Age range:** 16+

**10/7**

**\$49**

**Tues : 3 PM - 5 PM**

### Beginner's Guide to Getting Published

**Instructor:** Krusemark

**LIVE REMOTE**

If your goal is to become a published freelance writer by selling a magazine article, short story, poem, or even a novel to a traditional publisher, this comprehensive workshop will guide you to, then past the editor's desk. You will discover how to: become a published writer overnight, submit manuscripts the correct way, find the, right publisher for your work, write irresistible query letters, determine when and how to get an agent, and 100 ways to make money as a freelance writer. If you really want to succeed, this step-by-step workshop is a must! Informative handouts for future use are included in class fee.

**Age range:** 16+

**10/3**

**\$49**

**Fri : 4 PM - 6 PM**

### Explore 50 Different Self- Publishing Options

**Instructor:** Krusemark

**LIVE REMOTE**

Self-publishing is all the rage, but is it the best option for YOU? (participants must also attend Beginner's Guide to Getting Published) And, can you do both? You will discover the pros and cons of all the self-publishing options, including print-on-demand and e-book publishing, as well as Amazon options, and see how they compare to traditional publishing. Informative handouts, including a rated description of 50 self-publishing companies for future use are included in class fee.

**Age range:** 16+

**10/3**

**\$29**

**Fri : 6 PM - 7 PM**

**Prerequisite:** participants must also attend **Beginner's Guide to Getting Published,** which is offered right before this class.

### How to Write Your Life Story (For Fun or Profit)

**Instructor:** Krusemark

**LIVE REMOTE**

You don't need to be famous to have a legacy to leave behind. Create an inspirational autobiography for family, friends, and others. Learn how to recall vivid memories, analyze events and people that shaped who you are, and bring your story to life. Your handout, included in the class fee, will have an outline to help you organize and write your memoir step-by-step. Printing/publishing options will also be discussed.

**Age range:** 16+

**10/4**

**\$69**

**Sat : 8 AM - 11 AM**

### Creative Writing 101: A Beginner's Guide

**Instructor:** Krusemark

**LIVE REMOTE**

You don't need a degree in creative writing to be an exceptional writer and get paid for it! Anyone with a passion for writing can learn and develop their fiction and non-fiction writing skills. Whether you're writing from your own life experience, creating new worlds, or informing readers about important information, this class will teach you about the different forms of creative writing, the top 10 creative writing tips for beginners, as well as how to brainstorm for new creative writing ideas, bring your words to life with engaging descriptions, develop your own writing style, and how to get paid for your creative writing. Informative handouts for future use are included in class fee.

**Age range:** 16+

**10/10**

**\$49**

**Fri : 2 PM - 4 PM**

### Write Your First Novel (in 90 Days!)

**Instructor:** Krusemark

**LIVE REMOTE**

This intensive course provides a schedule of crafting a novel from start to finish, which you can finish in as little as 90 days! This class will also help you stay motivated throughout the journey. You will learn how to: select your novel genre and develop a compelling premise, create multidimensional characters and immersive settings, craft a detailed plot outline, manage your time to keep your writing flow consistent, combat common roadblocks including writer's block, master the art of self-editing: refining your plot, and fixing pacing, dialogue, and characterization problems, receive constructive criticism from beta readers, and explore publishing options. By the end of this class, you will know how to complete your novel and have the knowledge and confidence to move forward with the publishing process. Informative handouts for future use are included in class fee.

**Age range:** 16+

**10/10**

**\$69**

**Fri : 4 PM - 7 PM**

### The Craft of the Sentence

**Instructor:** Zimmer

**IN PERSON**

Want to write powerful sentences? With the guidance of a college professor, this course covers basic sentence structure as well as introduces you to a variety of ways to craft your sentences; this course covers the components of a sentence, such as subjects and verbs, punctuation, subordination, coordination, common errors, and tips for revision. It is a mix of both lecture and workshop, where students share their writing with the instructor and with each other to receive feedback and guidance. Whether you are transitioning from high school to college, a returning student, an adult learner, or an English language learner, you will gain confidence as a writer and gain skills that will help you feel ready to tackle your first college English course. Please bring a pen or pencil to class. Course workbook will be provided.

**Age range:** 15+

**9/2 - 9/16**

**\$83**

**Tues, Thurs : 5 PM - 7 PM**

# Mail In Registration Form

.....  
 Name ( first and last) \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Email Address: \_\_\_\_\_  
 Phone Number:(\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Date of Birth \_\_\_\_\_

Class Title	Start Date	Fee
<i>example: Become a Loan Signing Agent</i>	11/20/25	\$129-
Total \$		

**Your payment must accompany this form.  
Do not send cash.**

☐ Check: please enclose check made payable to  
Las Positas College, Community Education

**OR**

Please charge my ☐ Visa ☐ Mastercard ☐ Amex

Cardholder's Name: \_\_\_\_\_

Card No.: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

CSV: \_\_\_\_\_

Amount\*: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*There is a 3.00% processing fee for card payments. This will be added to the total.

.....  
 You will receive an email confirming your enrollment. Las Positas College, Community Education reserves the right to change class location, schedules, fees, and instructors when necessary. Moreover, we reserve the right to cancel classes. Minimum enrollment is required for classes to start. If Community Education cancels a class, you will receive a full refund. Please note any age restrictions associated with the class/es you are enrolling in.

**Students:** By submitting this form, you are indicating that you have read and agree to our policies:

- <https://www.laspositascollege.edu/communityed/participationagreement.php>
- <https://www.laspositascollege.edu/communityed/support.php>



**COMMUNITY  
EDUCATION**  
LAS POSITAS COLLEGE

## 4 easy ways to register



### Online

Visit our website:

[www.laspositascollege.edu/communityed/](http://www.laspositascollege.edu/communityed/)

Select "Register Here."



### Give us a Call

Call us at 925-424-1467

during our business hours.

We cannot guarantee day of registration.



### In Person

Bring the attached registration form to:

3000 Campus Hill Drive,  
Livermore CA 94551, Office  
1690A. Please call ahead of  
time to ensure  
our coordinator will be  
available to assist you.



### Mail

Mail in the attached form  
along with your check made  
payable to

Las Positas College,  
Community Education  
3000 Campus Hill Drive,  
Livermore CA 94551.

Please mail your form with  
payment at least two weeks  
before the start of class.



# SIGN UP EARLY & SAVE!

Save 10% on any class listed in the Professional Education or Computers & Technology categories in this catalog when you register before Sunday, 9/7. Scan the QR code for more details.

Use code **EARLYBIRD** during checkout.



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