

## **LPC Teaching Institute Dinner Gathering**

Wednesday, Feb. 28, 2024

Swirl - 21 S Livermore Ave, Livermore

5:30 PM – 8:30 PM

### **Self-care, Boundaries, and Time-management for Teachers**

Organized by Howard Blumenfeld, Frances Hui, Lyndale Garner, and Elizabeth Wing Brooks

Generously Funded by the Professional Development Committee

#### **AGENDA**

5:30 - 5:45

- Arrivals / Sign-In
- Order Drinks (No-Host Bar)

5:45 - 6:30

- Welcome / Introductions
- Ice-Breaker
- Dinner and Socializing

6:30 - 7:30 Self-care, Boundaries, and Time-management for Teachers

- Speakers: Shawn Taylor, Robin Roy, and Sheena Turner-August
- Discussion and Activities

7:30: Break and Group Photo

7:45-8:10: Closing Discussion

- Follow-up discussion of speakers' topics: your thoughts and questions?
- Take-aways?

8:00 - 8:15

- Surveys and Concluding Remarks

#### **LPC Teaching Institute**

Since Spring 2017, the LPC Teaching Institute (TI), has been led by a team of LPC faculty members who organize and invite full and part-time faculty members to gather once a semester at an off-campus site, share a meal, and discuss best practices. The TI encourages a spirit of innovation, support, and community amongst LPC teachers, giving participants an opportunity to engage in interdisciplinary discussions on effective teaching methods and strategies that will support the needs of all students across the curriculum. To learn more and see topics / resources from past meetings: <https://www.laspositascollege.edu/gv/pdc/ti.php>