



Spring 2025

**BEHAVIORAL
HEALTH
WORKSHOP
SERIES**

2-3:30pm

Building 1000

Room 1051



2/19/2025: Self Care

presented by Tonya Gonzales Clenney & Nicole Schaarschmidt,
LPC Student Health Center

**3/12/2025: All About *NAMI Tri-Valley: Support, Resources,
Advocacy & Education**

presented by NAMI Tri-Valley,

***NAMI - National Alliance on Mental Illness**

4/16/2025: Sexual Assault Awareness

presented by Tri-Valley Haven



Remove by 5/12/25
Posting approved yln

5/7/2025: Suicide Awareness

presented by Alameda County Crisis Support