
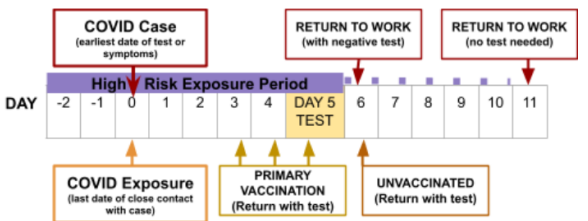


Student/Employee Protocol for COVID-19 Reporting and Return

	<p>Quarantine and Isolation Requirements:</p> <p>Under certain conditions, the time recommended by CDC and CDPH for quarantine has been reduced to 0-5 days.</p>		
	<p>If you....</p>	<p>Then....</p>	<p>Definitions:</p>
<p>Information needed for completion of Case Response Form:</p> <ol style="list-style-type: none"> 1) Individual name and contact information (phone/email) 2) Date of onset of symptoms/positive test or close contact 3) Last date individual was on campus for in-person activities 4) Individuals' vaccination status (primary/boosted/unvaccinated) 	<p>Test positive for COVID-19 (Isolation)</p> <ul style="list-style-type: none"> • Everyone, regardless of vaccination status, previous infection or lack of symptoms. 	<ul style="list-style-type: none"> • Stay home for at least 5 days after start of symptoms (or after date of first positive test if no symptoms). • Isolation can end after Day 5 if symptoms are not present or are resolving and a diagnostic specimen (antigen test preferred) collected on Day 5 or later tests negative. • If unable to test, choosing not to test, or testing positive on Day 5 (or later), isolation can end after Day 10 if fever-free for 24 hours without the use of fever-reducing medications. • If fever is present, isolation should be continued until 24 hours after fever resolves. • If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10. If symptoms are severe, or if the infected person is at high risk of serious disease, or if they have questions concerning care, infected persons should contact their healthcare provider for available treatments. • Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially indoor settings. 	<p>Quarantine: Separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.</p> <p>Isolation: Separates sick people with a contagious disease from people who are not sick.</p> <p>Infectious Period: for an individual who develop symptoms. The infectious period ends when the following criteria are met: 10 days have passed since the symptoms first appeared, AND at least 24-hours have passed with no fever, AND other symptoms have improved.</p>
<p>Symptoms of COVID-19 include: cough, fever, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea.</p>	<p>Asymptomatic Persons who are exposed to someone with COVID-19</p> <ul style="list-style-type: none"> • Everyone, regardless of vaccination status. • Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop. 	<ul style="list-style-type: none"> • No Quarantine • Test on within 3-5 days after last exposure • Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher-risk for severe COVID-19 disease. • Strongly encouraged to get vaccinated or boosted • If symptoms develop, test and stay home AND • If test result is positive, follow isolation recommendations above for positive test. 	<p>Close Contact: Someone sharing the same indoor airspace, e.g. office, classroom, conference room, shared workspace, etc., for cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes) during an infected person's infectious period.</p>