



CalWORKs Connection

Las Positas College

Spring 2007

Coordinator's Corner—Kimberly Tomlinson

Its spring, that time of year when students begin to look longingly toward graduation and the end of another year of hard work and dedication. Yet the end of the semester, which looms so largely in front of you, still requires that extra push to make it through to the end. So, as assignments come due and finals approach, and activities with school, families, friends and community all tug at the limited hours in the day, remember this: you are here for a reason and the sacrifices that you are making in your life now will bring fabulous rewards as you step each day closer to your goals. We are here to help you succeed. Please reach out to the many resources we have to support your success here at Las Positas.

Do you need Tutoring? Counseling? Workshops? Assistance with the County? Employment? Encouragement? Career Planning? Academic Counseling? Gas Cards? Bus Tickets? Community Resources? Interviewing tips? Community Service Opportunities? Childcare? Let us know how we can help you achieve your dreams.

*What lies behind us and what lies before us
are tiny matters compared to what lies within us.
Oliver Wendell Holmes*

Introducing CalWORKs Therapist Andrei Salvat

My name is Andrei Salvat and I am very excited to join the Las Positas College community. I was born and raised in Mexico City and have lived in Canada and the United States since the age of eleven. I completed my undergraduate studies in San Diego, receiving a major in psychology and a minor in sociology. Five years ago, I moved to San Francisco to complete a doctorate degree in clinical psychology through the California Institute of Integral Studies.

I have been working for CalWORKs in Alameda County for one year. When I heard of the opportunity to extend services to students at Las Positas College, I gladly accepted the position. I bring my passion for serving people who need assistance with their own process of healing and growth. I value health, cultural diversity, multiple ways of knowing, spirituality, and a sense of community. I strive to connect the psychological, biological and spiritual dimensions of human beings, with the practical aspects of everyday life. I look forward to meeting you.

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Important Dates:

- **April 26-27:** CalWORKs priority registration Summer/Fall classes.
- **May 7-12:** CalWORKs office will collect Summer Books & Supplies Information.

CalWORKs Office Reminders

1st of every month: Student Progress Reports are due to the CalWORKs Office.

Submit a copy of your EOPS Progress Report to the CalWORKs Office. If you are not on EOPS, have your instructors complete the yellow CalWORKs Midterm Progress Report.

May 1, 6:30-8:30pm, Bldg 1700: Chabot Nursing Info: Nancy Cowan, Director of the Chabot College Nursing Program, will host a workshop at LPC detailing the qualifications necessary to get into nursing at Chabot and how to prepare.

Reminder from the CalWORKs Counselor, Jill Oliveira
While I am part of the CalWORKs program, I am also an LPC general counselor and can provide you with any counseling service you might require. For example, I can complete a Student Education Plan (SEP), help you clear probation, or fill out any counseling-related paperwork. Many CalWORKs students find it advantageous to come in for a progress check. Although you are welcome to see any counselor here at LPC, you will often find less of a wait by taking advantage of my 10-4 office hours on Mondays. As always, I will try to serve you as quickly as possible keeping in mind your CalWORKs specific situation. I look forward to seeing you soon!

Student Resources

Career Workshop for CalWORKs Students

April 26, 10:00-11:00am, Bldg. 900

Learn more about your individual likes/dislikes and personality preferences. Explore what careers might best suit you! Take advantage of this workshop designed for CalWORKs students.

At this workshop, you will:

- Take two free career assessments (Strong Interest Inventory and the Myers Briggs Type Indicator).
- Learn how to start career planning.
- Be in charge of your future career path!

If you have questions or are interested in attending, contact Vince at 925-424-1459.

The Tri-Valley Housing Scholarship Program



provides rental assistance to low-income students in Livermore and Pleasanton.

Applicants must currently be enrolled and in good standing in a full-time educational or vocational program and must have completed at least one full grading semester prior to applying.

Staff will be available on campus in the CalWORKs Office on the 2nd and 4th Wednesday of every month from 10:00am – 12:00pm

Please contact the CalWORKs Office for specific dates to make an appointment.

CalWORKs Celebrations and Successes

WEDDINGS

Bist—Lemoine

Debbie Bist and Jeff Lemoine were married on January 19, 2007 at the Little White Wedding Chapel in Las Vegas, Nevada.

Rouzer—Scheid

Rashelle Rouzer and Ron Scheid were married on January 27, 2007 in Las Vegas, Nevada.



WORK-STUDY HIRES/PROMOTIONS

Heather Clark—LPC Business Office

Sarah Flores—Downtown Livermore Association

David Papazian—CLPCCD Maintenance & Operations

Rashelle Rouzer—LPC Business Office

Celestine Rowe—LPC Counseling

ACCOMPLISHMENTS

Heather Clark—granted a Tri-Valley Housing Scholarship.

Diana Lopez—pursuing a Tri-Valley Housing Scholarship

Christina Mayfield—pursuing a scuba certificate.

THANK YOU

Special thanks to **Denise Rogers** for creating documents and compiling a database of CalWORKs community service placements.

NEW TANF-CDC GRANT PARTICIPANTS

The following students are devoting their time and studies toward Early Childhood Education.

Sarah Flores

Dawn Wallage

If you've got a celebration or success that you would like shared in the next newsletter contact Vince at 925-424-1459.



April 21, 2007 – Tri-Valley's #1 Employment Fair
10:00-3:00 @ Robert Livermore Community Center

Sponsored by: The cities of: Dublin, Livermore, Pleasanton and San Ramon,
Las Positas College, & The Tri-Valley One Stop Career Center

Participating Industries: Communications, Education, Finance, Government, Recreation, Technology, & others

Workshops include: Generational job search, resume writing and evaluations, interviewing skills.

Dress professionally, bring your resume and your 60 second introduction statement.
Don't miss this opportunity to network with local employers and be part of this community event.

Making Your Mark How to Navigate a Successful Interview



Tuesday, April 17, 2007
11:00AM—1:00PM
Las Positas College
Building 800: Courtyard
Light Lunch Provided
DOOR PRIZES!

For more info, contact:

Kimberly Tomlinson—925-424-1432
Angelina Gandara—925-424-1539
Sandra Caulder—925-424-1255

To compliment the Tri-Valley's #1 Employment Fair, Las Positas College is presenting a special workshop about preparing for a job interview.

Rebecca Martin from *dear jane*, a career development company, will be sharing helpful skills and techniques for making the best first impression.

Christa Greiner & Susan Lewis, from *2 Chix Re-Stylist*, will highlight how to create a professional image that will take you from the interview to the job!

Sponsored By:

Career/Employment Advisory Board
Las Positas College CalWORKs
Career Pathways Youth Program

CalWORKs Career Corner

The CalWORKs program at Las Positas College strives to meet the needs of CalWORKs students by providing Career Assessment, Work-Study opportunities and Workshops that assist students in honing their career objectives and educational goals.

This semester CalWORKs students can benefit from Career Assessment workshops that provide resources and testing services to assist in the beginning stages of career planning and exploration. Chris Lee is providing career counseling to guide students down the exploration and planning paths. The last workshop of this semester will be held:

Thursday, April 26, 10:00 am – 11:00 am in Building 900.

Vince Hamilton, CalWORKs Career Coordinator is working to link our CalWORKs students with local community employers providing both great job opportunities and financial benefits to both the student and the employer. The CalWORKs Work-study program will cover up to 75% of a CalWORKs students wage. Currently, we are increasing awareness of the CalWORKs Work-study program and building a pool of applicants that have interest in employment with both college and community employers. For more information, contact Vince at 925-424-1459.

Las Positas College

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Phone: 925-424-1432

[www.laspositascollege.edu/
calworks](http://www.laspositascollege.edu/calworks)



Thank You!

The CalWORKs and CARE programs would like to send a big THANK YOU to the CalWORKs Holiday Party Planning Committee! Our special thanks goes to:

Peggy Egan

Jill Oliveira

Denise Rogers

Patrice Roof

Dawn Hogan

Christina Compton

Christina Mayfield

Eleni Fanopoulos

Michele Brecht

CalWORKs Holiday Party Highlights

The CalWORKs Holiday Party was a huge success and a festive event to celebrate the conclusion of 2006. Great food and friends made this a celebration to remember! Over 30 families benefited from the generosity of our school and community. We look forward to doing it again in 2007!

